

MEMORANDUM

TO: Town Council
FROM: David E. Cox, Town Manager 
DATE: September 9, 2022
SUBJECT: Town Manager's Report

The following information includes follow up from general items that were discussed at previous Council meetings as well as updates of a general nature from the departments. The items are organized by department and are intended to provide information on activities currently being undertaken by the Town's departments and those matters that are upcoming. Not all departments will be represented in each Report.

Assessor's Office

- The Board of Assessment Appeals will be holding hearings on Monday, September 12 beginning at 7pm in the Town Hall to hear appeals of Motor Vehicle assessments only. On average, the assessed value of motor vehicles in East Hampton increased by 27% in the last Grand List due to the increase in used car pricing. State Law was changed in the last session to change the assessment of motor vehicles from a market value assessment to a set depreciation schedule. That change will be implemented on the 2023 Grand List.

Land Use

- At its meeting on August 3, the Planning and Zoning Commission approved a new arcade type use for the property at 12 Summit St. The current tenant repairs and rebuilds classic arcade games, including pinball machines and electronic arcade machines. This new venue will be located in a space approximately 900 square feet in size and will be open primarily on the weekends.
- At the direction of the Council, the PZC began discussion of creation of regulations for Adult Use Cannabis. The Commission reviewed draft regulations that were drafted by staff based on initial direction from the Commission and review of existing regulations from the area and region. A draft of the regulations that were discussed at the Commission's September meeting are attached to this Report. A public hearing on the regulations is set for the Commission's October 5 meeting.

Library

- Effective Monday, September 12, 2022, Keri Blanda has been promoted from Public Service Associate to Adult/Young Adult Librarian. Ms. Blanda has been with the Town since August 2020 and was selected after an extensive process. Staff is excited for her next steps with the Library.
- The Library Advisory Board will be reviewing some proposed policy updates and additions that will clarify Library services related to borrower status, special collections and equipment, and

test proctoring. It is expected that these policies will be presented to the Council for consideration later in September.

- The Library thanks the East Hampton community for an incredibly successful Summer Reading program throughout July and August. An infographic attached to this Report outlines some highlights of the summer.
- During the month of September, the Library has been the selected recipient of the Stop & Shop Community Bag program. The Library will receive \$1 for every reusable bag sold at the East Hampton Stop & Shop during September.
- Saturday hours resume a 10am to 5pm schedule as of September 10, 2022.

Parks and Recreation

- Park Maintainers are in fall sports mode with Soccer games starting at the high school and Middle School. Fields are being lined and grass is being cut twice a week at the high school. They are working with a contractor to turn over the infield skins at middle school and high school to prep them for the winter so the fields will be ready for Spring Season.
- The High School Athletic Facilities Committee met for the final time at the high school on Thursday, September 8 to walk each of the facilities and come up with a punch list of items the contractor must complete before the remaining retainage is paid out. A small punch list of items is being created that incorporates new sod along the infield and outfield of the clay areas where the irrigation system is not covering and around a storm drain located on the main soccer field. The Committee is very pleased with how well the projects turned out and how receptive the contractor Mt. View and the Engineering firm SLR were throughout the entire project. The project came in on budget.
- Improvements to the cross country trail at the Middle School are underway. The contractor is building out the trail and removing large rocks and trees to allow for a safer running surface for the cross country teams at the school as well as provide access for emergency personnel if needed. This project is a capital project and is estimated to cost \$8,000 and will take three or four days to complete.
- The Lake Commission determined at its last meeting to draw down the lake 28 inches this winter starting the week of October 15. The Commission will work with the dam owners to coordinate this effort and will publicize this information to the public at least two weeks prior to drawdown.
- The Lake Commission is also preparing an end of the season seminar for the public to hear about the health of the lake and to provide updated information from our Limnologist and EverBlue Lakes on the three phased approach to a healthier lake. This meeting will be held at the Auditorium of the high school on Thursday, October 27 at 6:30pm. More details will be

provided at a later time and will be advertised to the public through newspaper, email and social media platforms.

Police

- Officer Vincent Garofalo has completed the first phase of his Field Training and Evaluation Program (FTEP), and he is doing well. His 16 week FTEP program is scheduled to be completed in the first week of November, at which time he will be on his own.
- During the month of August, the Department did not use Narcan on any drug overdose patients. However, the Department did respond to one medical call in which parents had already administered Narcan. Fortunately, the adult child survived.

Public Works

- The paving projects on Clark Hill Rd and Abbey Rd have been completed. Crews from Public Works will begin reinstalling curbing in specific locations and replacing driveway aprons as needed. This work is expected to last a couple of weeks.
- Upon completion of the finish work on Clark Hill Rd and Abbey Rd crews will begin some pavement shimming work. The largest portion of this work will be on Wopowog Road, Daniel Street, and Collie Brook Road to prepare these roads for chip sealing next spring and early summer. Prior to beginning work on Wopowog Road, crews will address some areas of poor pavement condition on several roads. These roads are;
 - Fern Lane - overlay a short section of Fern Lane that has deteriorated. This section is approximately 50' long and will cost approximately \$1,000 in materials. As a reminder Fern Lane is a private road and this work is being accomplished under the newly enacted private road ordinance.
 - Barton Hill - Areas between RT66 and Maple Street.
 - Long Hill - Several areas throughout the entire roadway.
 - Forest Street- Areas near the Air Line Trail
- During the most recent heavy rain event, the twin 72-inch metal culvert that conveys Tartia Brook under Wopowog Rd experienced a large sink hole large enough for the road above to be limited to one lane traffic. Crews from Public Works have completed repairs to the system and the road is now fully open. This culvert on the list for repair or replacement and staff has been investigating different options to determine the most cost effective solution.

Senior Center

- September is national Senior Center Month and the Center is celebrating all month with programs and events. Many of the activities are outlined in the most recent edition of the Senior Newsletter attached to this Report

Youth and Family Services

- The Department continues to manage several cases on behalf of East Hampton residents including Energy Assistance, SNAP, medical assistance and energy programs directly with Eversource.
- The Department welcomed two new interns with a third starting later in the month. Staff is excited that one of our interns will be dedicated exclusively to program coordination and community planning, which will allow a focus on several programs in the development stage for youth. This includes the implementation of a youth coalition that will have an active role in future programming and events sponsored by the Department.
- With the return of the interns, free counseling services have resumed. Any community member interested in receiving services should contact the Department at 860-267-9982.

WPCA

- The WPCA is out to bid on the three force main projects for the North Maple, Pine Trail, and Princess Pocotopaug pump stations. Bid opening is scheduled for September 15.
- The WPCA held a public hearing on September 6 regarding sewer rates for the upcoming year at which no one from the public spoke. The WPCA determined to hold the sewer use rate flat at \$520, which is the same as last year. However, based on increasing direct costs, the WPCA increased the grinder pump maintenance charge for the individual grinder pumps the Town maintains to \$300 from \$200 annually.

Town Manager/Other

- The most recent weekly COVID Status Report from Chatham Health District (CHD) is attached to this Report and shows a decrease in the Town's officially reported COVID cases to seven. In the last several weeks, the Town has ranged between five and fifteen reported cases each week, and the current week case count is about half of the reported case count from one year ago.
- Due to an issue with the contractor, the test well drilling at the Town owned property adjacent to Pine Brook south of RT 16 did not occur as planned in mid-August. A new contractor has been engaged and is scheduled to be on site the week of September 19 to undertake several days of drilling and water pumping on the west side of Pine Brook. Additionally, during the same timeframe, the company will flush and retest the water at the Town's well site at Oakum Dock. As a reminder, these activities are major steps in the process to update work to identify a

new water source for the Town water system to address water quality and quantity issues and facilitate long-term growth. Despite the delay in testing, our engineer, Environmental Partners, still anticipates completing the next phase of design preparation early next year.

- The East Hampton Clean Energy Task Force is spearheading two efforts to fulfill its mandate and help Town citizens deal with energy cost and availability. First, the Task Force is connecting with the HeatSmart CT Program, which is a community-based outreach and education program created by People's Action for Clean Energy (PACE) to promote the adoption of home efficiency programs and of clean heating and cooling technologies in Connecticut. The Program focuses on Air Source Heat Pump and Ground Source Heat Pump Technology, and, where appropriate, increase their deployment for both residential and small-scale commercial buildings. Additionally, it promotes energy efficiency by facilitating home energy audits to assist homeowners in finding ways to reduce costs. The Task Force is also working with Community Partnership Initiative to connect with the Connecticut electric and natural gas utilities with a goal of working together to better familiarize residents and businesses with energy efficiency programs and offers through outreach to the targeted groups such as those within a distressed community or census block, residents with limited English proficiency, customers who qualify for Home Energy Solutions - Income Eligible, renters in single family homes or multifamily buildings up to 4 units, and small businesses. The East Hampton Clean Energy Task Force is planning to apply for funding under the program to support the outreach efforts.

DC

cc: Management Staff

8.4 Standards for Specific Uses

Q. Adult Use Cannabis and Medical Marijuana

1. **Purpose** - The purpose of this section is to regulate the location and operation of medical marijuana dispensary facilities, production facilities, and adult-use cannabis retail, and cultivation. The intent of these regulations is to minimize any adverse impacts of such facilities, and to protect and preserve East Hampton's neighborhoods, commercial areas, property values, and quality of life.
2. **Definitions** - For the purpose of this section, all terms referred to herein shall be defined and used in accordance with Section 21a-420 of the Connecticut General Statutes as amended from time to time. Selected definitions are included below for ease of reference.

CANNABIS - Marijuana, as defined in section 21a-240 of the general statutes;

CANNABIS ESTABLISHMENT - Producer, dispensary facility, cultivator, micro-cultivator, retailer, hybrid retailer, food and beverage manufacturer, product manufacturer, product packager, delivery service or transporter as defined.

CULTIVATOR – Person that is licensed to engage in the cultivation, growing and propagation of the cannabis plant at an establishment with not less than fifteen thousand square feet of grow space;

DISPENSARY FACILITY- A place of business where medical marijuana may be dispensed or sold at retail to qualifying patients and primary caregivers and for which the Connecticut Department of Consumer Protection has issued a dispensary facility permit under CGS Sec. 21-a408 et seq. as may be amended and Sections 21a-408-1 to 21a-408-70, inclusive, of the Regulations of Connecticut State Agencies as they may be amended;

FOOD AND BEVERAGE MANUFACTURER - Person that is licensed to own and operate a place of business that acquires cannabis and creates food and beverages;

HYBRID RETAILER - Person that is licensed to purchase cannabis and sell cannabis and medical marijuana products;

MANUFACTURE - To add or incorporate cannabis into other products or ingredients or create a cannabis product;

MEDICAL MARIJUANA PRODUCT - Cannabis that may be exclusively sold to qualifying patients and caregivers by dispensary facilities and hybrid retailers and which are designated by the commissioner as reserved for sale to qualifying patients and caregivers and published on the department's Internet web site

MICRO-CULTIVATOR - A person licensed to engage in the cultivation, growing and propagation of the cannabis plant at an establishment containing not less than two thousand square feet and not more than ten thousand square feet of grow space, prior to any expansion authorized by the commissioner;

PRODUCER - A person that is licensed as a producer pursuant to section 21a-408i of the general statutes and any regulations adopted thereunder;

PRODUCT MANUFACTURER - A person that is licensed to obtain cannabis, extract and manufacture products exclusive to such license type;

PRODUCT PACKAGER - A person that is licensed to and label cannabis;

RETAILER - A person, excluding a dispensary facility and hybrid retailer, that is licensed to purchase cannabis from producers, cultivators, micro-cultivators, product manufacturers and food and beverage manufacturers and to sell cannabis to consumers and research programs;

TRANSPORTER - A person licensed to transport cannabis between cannabis establishments, laboratories and research programs

3. Special Permit Required - The sales and cultivation of cannabis may be authorized as a Special Permit in accordance with Section 9.2 provided the use is allowed in the zone and all requirements of this regulation are met.

4. Zones Where Permitted - The following chart details the zones in which cannabis establishments may be allowed. For the purposes of reading this chart: **SP** = Special Permit Use, **NA** = Not Allowed

License Type	Commercial	Industrial	DD	Village Center	PO/R	MUDD	Residential (R1,R2, R3,R4, HOD)
Hybrid Retailer	SP	SP	NA	SP	NA	NA	NA
Retailer	SP	SP	NA	SP	NA	NA	NA
Dispensary	SP	SP	NA	SP	NA	NA	NA
Cultivator	NA	SP	SP	NA	NA	NA	NA
Micro-Cultivator	NA	SP	SP	NA	NA	NA	NA
Food & Beverage Manufacturer	NA	SP	SP	NA	NA	NA	NA
Producer	NA	SP	SP	NA	NA	NA	NA
Product Manufacturer	NA	SP	SP	NA	NA	NA	NA
Product Packager	NA	SP	SP	NA	NA	NA	NA

5. General Requirements for all Cannabis and Medical Marijuana Uses

1. All regulated activities shall be located within an enclosed permanent building and may not be located in a trailer, cargo container, motor vehicle, or other similar nonpermanent enclosure.
2. Marijuana plants, products, and paraphernalia shall not be clearly visible to a person from the exterior of the facility. No outside storage of cannabis or cannabis products shall be permitted.
3. There shall be no on-site consumption.
4. In addition to those found in Sections 9.1 and 9.2, the following shall be submitted with an application:
 - A. An Operational Plan which includes the following:
 - i. Hours of operation
 - ii. Security and access plan
 - iii. Proposed signage
 - iv. Odor management – monitoring and mitigation

6. Retailers, Hybrid Retailers, and Dispensaries- All applications for these uses shall comply with the following standards:

1. Hours of operation shall not extend beyond 8:00am to 10:00pm Monday – Saturday, and 10:00am to 6:00pm on Sundays. Site specific hours shall be set by the Commission.
2. Regulated uses shall not be located inside a building containing residential units, including transient housing such as motels or dormitories.

DRAFT Cannabis Regulations
September 7, 2022

3. Parking shall be in accordance with retail store requirements in Section 7.2 unless modified by the Commission.
4. No location shall be located less than 1500 feet from another retailer as measured from door to door.
5. No building or structure shall be used as a retailer, hybrid retailer, or dispensary of cannabis or medical marijuana if such building is located:
 - A. Within five hundred (500') feet (measured from the nearest property lines) of a:
 1. church,
 2. school or other institution for the purpose of caring for children,
 3. library, or
 4. charitable institution, public or private.

7. Cultivators, Micro-Cultivators, Food & Beverage Manufacturers, Producers, Product Manufacturers, and Products Packagers – All applications for these uses shall comply with the following standards:

1. State of Connecticut license shall be obtained and filed on the East Hampton Land Records prior to beginning operations.
2. Submission of a Resources Plan to demonstrate best management practices for the use of energy, water, waste disposal, and other common resources and to ensure there will be no undue damage to the natural environment.
3. Buildings or structures used for regulated activities or associated storage of cannabis or medical marijuana shall be located no less than 1,000 feet from the property line of a residential property.
4. Parking shall be in accordance with industrial and manufacturing requirements in Section 7.2 unless modified by the Commission.

8. Abandonment or Discontinuance of Use

1. A Special Permit shall lapse if not exercised within one year of issuance. The Commission shall file a notice on the Land Records in such a case.
2. A cannabis establishment shall be required to remove all material, plants, equipment, and other paraphernalia prior to surrendering its state issued licenses or permits; or within six months of ceasing operations, whichever comes first.

OCEANS OF POSSIBILITIES SUMMER READING 2022

NUMBER OF
SUMMER
READING
PARTICIPANTS

715

KICKOFF
ATTENDEES:

670

CLOSING
ATTENDEES:

205

PATRONS WHO PARTICIPATED IN THE
SUMMER READING STRONGLY AGREED
AND AGREED THAT THEY...

Felt welcome at the library

100%

Learned something

95%

Plan to take part in activities

94%

WHEN ASKED WHAT THEY LIKED MOST ABOUT
THEIR LIBRARY, SURVEY RESPONDENTS
OVERWHELMINGLY SAID LIBRARY STAFF...



The people who work there. They're always welcoming you in to the library, help you out with anything they can, and go out of their way for you.

Staff are always super friendly and helpful. We come here from out of town because we enjoy being here so much.

The staff is incredible! They put together a wonderful program each year where kids, teens, and adults all want to return.



EAST HAMPTON
PUBLIC LIBRARY



East Hampton Senior Center

105 Main Street, East Hampton, CT 06424

Phone: 860-267-4426 Fax: 860-267-7682

Hours of Operation: Monday-Thursday: 8:30am-4:00pm

Friday: 9:00am-4:00pm

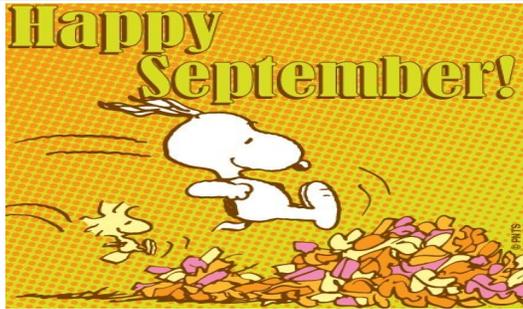
www.easthamptonct.gov/seniorcenter

Email: seniorcenter@easthamptonct.gov



Newsletter Date:
**September
2022**

TOWN OF EAST HAMPTON Belltown Senior News



Celebrate **National Senior Center Month** by joining in a program that is new to you! The Center offers a wide variety of programming that has something for most everyone! Tai chi for better balance, yoga for a more centered focus, art programs to assist in your overall well-being and spark your creativity. Nutritious meals are offered 5 days a week and Meals on Wheels is delivered to those unable to come to the Senior Center...See You Soon! Jo Ann

Strengthening Community Connections is the theme of September's - National Senior Center Month.

Community connections are an important factor to strengthen the services and programs at the East Hampton Senior Center. We just celebrated the end of summer with a great picnic at Sear's Park. The Senior Center was lucky enough to collaborate with the East Hampton Commission on Aging, who provided the contact for the band and the Ice Cream truck. And the Republican Town Committee provided the funds to cover the event. The East Hampton Parks and Recreation provided the lovely Sear's Park. The contact for the Ted's Food Truck came from Amy Foreman, National Healthcare. This is just a small example of how we make connections with our communities.

The Senior Center has always partnered with other agencies and business' within and outside of the Town. These partnerships create an avenue for Older Adults to get information and resources they may need and allows the business or agency to contact the older adult population.

Over the years we have partnered with local schools and continue to do so, via a variety of programs including the Interact Club and a newly formed writers' collaborative. The Community Civic Groups also give to the Senior Center participants, whether it's tickets to an event, providing a community food share or donating supplies to the Senior Center. Business and faith organizations also play an important part of our partnership. The involvement and actions promote a feeling of well-being and people are truly appreciative of the attention.

In this uncertain time of managing the pandemic, the Community Connections we have, strengthen our Older Adult population's ability to stay in contact and be involved. The first part of the pandemic simply shut everything down to the most vulnerable in our community. Social Isolation was already a problem for Older Adults. We are all learning to manage the illness, so we can be involved and social, not alone and isolated. The community partners have been a real asset in this area. Celebrate this month of September and know the Center has many partnerships working toward a common goal - To keep everyone connected and involved.



September is National Happy Cat Month!!
Hug a cat!



Special Events & New Topics

- **NEW - Exercise Room** - Have you checked out our exercise equipment room lately? We just purchased a recumbent bike. It allows you to sit back, watch a show on an iPad or smart phone. It even has a fan to cool you off. Come check it out! Exercise is good for you! It's just a matter of making it a priority and habit in your daily life. In the aging population, exercise has been shown to prevent disease, lower the risk of falls, improve mental health and well-being, strengthen social ties and improve cognitive function. Regardless of your age, we hope this will motivate you to incorporate exercise into your life.



- Snuggle up with a **Good Book Bundle!** The East Hampton Library is packaging Book Bundles for your pleasure. Come on in to the East Hampton Senior Center and pick up your bundle to read at home. Each Bundle has a theme, like Mysteries, WWII, history, Romance, etc. All you need to do is sign in at our kiosk and pick up a Bundle. Return the books to the Library when you are finished reading. If you have a special interest, let us know, the staff will Bundle to your interests!



- **Book Nook:** Take a Look! In the corner of the Sunroom at the Senior Center stands a bookcase with books! Quite a novelty, I know! We would like to encourage a book exchange ... If you are done with a book and think others would enjoy reading it, swap it out for one from our bookshelf. Please, nothing written prior to 2010. Ask us about it at the Center!
- **Need a card?** A variety of cards are displayed by the fireplace in the Senior Center. You're welcome to peruse the selection. There is no fee for this service.



Meet Master Naturalist Lynn Kochiss on Wednesday, September 28th from 11 am-12:30 pm.

Leaves will be turning, the air is cool and clear— What better place to see the season changing than at East Hampton's own Hurd State Park. Meet Master Naturalist Lynn Kochiss at the pavilion for a short walk to explore the surrounding forest, then return to the pavilion for a boxed lunch.

Directions to the pavilion: Follow Route 151 to the traffic light at the intersection of Hog Hill Rd. and Hurd Park Rd. Turn onto Hurd Park Rd. Go about ½ mile to the park entrance on the right. Follow this entrance road about ½ mile to the first paved road on your right. Turn there. Parking and the pavilion will be at the end of this road.

HISTORICAL NATURE NOTE

In 1914, just one year after the formation of the State Park Commission, the state purchased 150 acres from Russell Dart as part of an initiative to obtain land for public use along the Connecticut River. This parcel established Hurd State Park, one of the first three state parks in Connecticut. The park is named after the Hurd family, which came to the Middle Haddam region from Eastham, Massachusetts in 1710.

Notes of Interest

- **NEW:** If anyone is in need of incontinence supplies (Large or X-Large), please contact Sheryl Dougherty at sdougherty@ehhact.org or 860-267-8498, ext 2.
- **Ask us about opportunities to be a Meals on Wheels Volunteer Driver!** If interested, please stop in on Tuesday or Thursday to speak with Bob Atherton, our "Volunteer Coordinator".
- **Volunteer Shopping program:** We continue to take your orders, assign a volunteer, shop and deliver your groceries. We will call before we arrive at your home, so you may write out a check for the amount of the groceries. The idea is to maintain minimal contact upon

SAVE THE DATE:

U.S. Coast Guard Symphony Orchestra, Monday September 19th - East Hampton High School, 7pm. Hosted by the East Hampton Lions Club. Free Admission.

CRT is providing lunches at the Senior Center 5-days a week

11:45 to 12:45pm

September Specials

National Chicken Month on Thursday September 1, 2022

National Chocolate Day on Friday September 23, 2022

National Apple Month on Wednesday September 28, 2022

These are healthy meals you won't want to miss! This is a free Elderly Nutrition program, funded through the Older American's Act. There is a request for a \$3.00 donation as the grant does not cover all the expenses. However, no one will be turned away for lack of a donation.

You can register for meals on-line, call the Center or use the Touch Screen at the Center to reserve your meal. If you want to sign up for lunch the next day, you must register before 11am the day before. Don't forget to cancel if you are unable to come. You can cancel by calling the café at 860-267-4426 ext.320 or you can unregister on-line through MyActiveCenter.com.

There's an exception for registering for a meal on a weekend or Holiday: You will not be able to register for the Monday meal after 11am on Friday. This is also the case for a Holiday that falls on a Monday. **The cut off for sign-up for the Tuesday after a Monday Holiday is Friday at 11am.** Please call us if you need assistance with this process.

New to the Center? And the Food program? We have a registration form for you to complete before you sign up for your meal. Ask Dorene or Shannon for the Meal Form-5. Bon Appetit!

Food is our common ground. A universal experience. ~ James Beard ~

Ongoing Programs



[Quilters Club, in-person](#) - Mondays, 9 to 11am - Bring your own project, get help and meet others while working on projects you love to do.

[Mexican Train, in-person](#) - Mondays, 9:30 to 11:30am - Come join the gang for Mexican Train dominoes! Come on in and learn as you go! Please be sure to pre-register to reserve your seat. All games must finish by 11:30 so we can set up for lunch.

UPDATE: [Book Club](#) - Meeting at the Senior Center on September 13th at 10:30am - September's book is *The Plot* by Jean Korelily (in-person & virtual)

UPDATE: [Tai Chi & Qigong, Moving for Better Balance](#) - Virtual Tuesdays at 10:30 to 11am, September 13 to November 15 - \$50.00 - This workshop helps increase body awareness, improves cognition and reduces the risk of falling. Please register with a check, payable to Town of East Hampton or with cash. Once payment is received, Tom will send you the link to the class. This class is also available via Zoom at the Senior Center. Call us for more details.

[BINGO, in-person and via Zoom](#) - Tuesdays from 1:15 to 3pm - Be prepared for lots of laughs and prizes! We ask for \$1.00 for first card, \$1.00 for each additional card, up to a total of 5 cards. Cash Prizes will be awarded for each game based on revenue coming in that day. People who Zoom, can make arrangements to pick-up their winnings. New members welcome! Please sign up via MyActiveCenter.

[Bible Discussion Group](#) - Tuesdays, 1pm - This non-denominational Bible Discussion group will discuss The Bible and share ideas of Scripture in a friendly, supportive environment. All are welcome. If you have further questions, please call the Center.

NEW: [Corn Hole](#) - Every other Wednesday at 10:30 September 7 & 21

Join us for a new friendly competition of Cornhole. Cornhole is similar to horseshoes except you use wooden boxes called cornhole platforms and corn bags instead of horseshoes and metal stakes. We will play outdoors weather permitting at the Senior Center. We might even join a league with other centers. Please sign up in advance via Myactivecenter.com or at the Senior Center.



[Writer's Workshop w/Elizabeth, in-person and via Zoom](#) - Every other Wednesday at 9:30 (9/14, 9/28) or each Thursday at 10:30 - This is a supportive and welcoming community of various backgrounds and writing abilities. We write something new and we share out loud each session. New members welcome! Please sign-up via MyActiveCenter.com.

UPDATE: [Chair Yoga, in-person with Kitch or via Zoom](#) - Wednesdays, 11:40am to 12:40pm, **Present session 8/24 to 11/2 (no class 9/28)** - The class meets in the Community Room, Town Hall. This class offers a blend of stretch and movement for **Active Older Adults**. A chair is always available to assist with balancing. Class finishes with restorative breathing and relaxation.

Ongoing Programs, cont'd

Open Art Studio - Wednesdays from 10 to 1pm - Bring your own project and supplies. Be prepared for creativity and camaraderie. New members welcome!

Wii BOWLING - Thursdays at 10am, on 9/1 & 9/15 & 9/29- Join the fun!
Friendly competition between friends. Pre-registration is necessary via my MyActiveCenter.com or call us.



Setback - Mondays At 1:00pm and Thursdays at 1:15pm - Pre-reg is necessary via my MyActiveCenter.com. Partners are determined on the day you play.

BACK BY POPULAR DEMAND: Tap Dance - Thursday, September 15th, 11:15 to 11:45am
Call the Center to let us know you're coming!

Friday Game Day, in-person - Fridays from 10 to 12 - Space available for all sorts of games: Mahjong, Cribbage, Mexican Train, Setback, Rummy, Scrabble. If interested to play, please call! We'd like your input!

Textile Group, in-person - Knitters and crocheters meet at the Senior Center on Fridays, 1pm - Bring your own project, craft, quilting and /or crochet. It's a time to gather with friends and get your project completed!

Family Tree Friday - Friday, September 16th , 10:30 to 11:30am - Mr. Ken Doney continues to help participants search the history of their family. Please bring your own mobile device to this program. Please register in advance.

Art w/Karen - Sunday, September 25th, 2 to 4pm - Please join Karen Williams, as she takes you through beginner steps of creating an Acrylic Painting. The class cost is \$5. for supplies. Please pay Karen the day of the event. Preregistration is required.



Autumn is a second spring, when every leaf is a flower...



Staff Announcement!!!

Good news! Meet Joni O'Toole. She is filling a vacant position that was approved 2 years ago for an Activity Specialist. Joni will be working on Monday, Wednesday and Friday. How will this impact you? We hope to see more programming and people at the Center on those days. In addition she will be available for the partners that don't always show up for card games. Please welcome Joni to the Center!!

my active center

Helpful Hints from the Help Desk

Why Register:

Myactivecenter.com allows you to sign up for programs without calling the Senior Center or coming in to sign-up. It also will automatically gives you the updated links for virtual programming, no more emails!

How to Register:

Type: MyActiveCenter.com. The program will walk you through the steps to register. You will need the key tag # from the card you scan with when you enter the Center, your phone # and the email you registered with when you signed up at the Senior Center. We know, things change and you might not know which number you registered with ... Call us and we will look it up. Once you are registered, you only need your email and password to get in.

When registering, be sure to click on Register button 2 times. Double check to see what you are registered for by clicking on your name, upper right-hand corner, then click on 'Activities'. It will list everything you are registered for.

If you are not able to attend in person, but still want to do the activity, no problem:

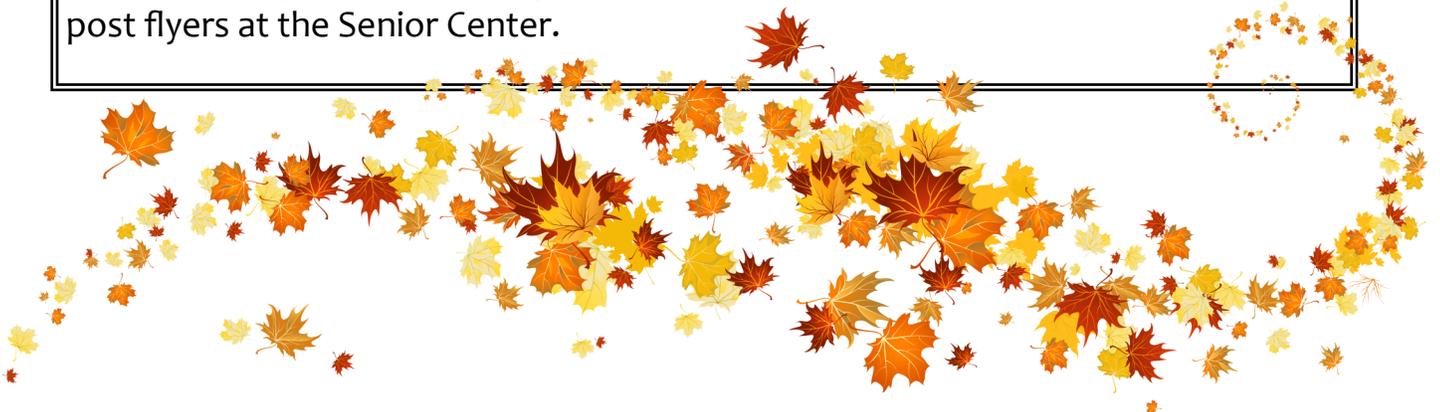
If you register on-line, MyActiveCenter automatically gives you a notification and an invitation to the zoom class.

How do I take my name off an activity?

If your plans change, you can un-register from home. Point your mouse over your name in the upper-right of the screen and click. A drop-down menu will display. Select 'My Activities'. A calendar will display with your upcoming activities. On right is a RED "X". Click on the "X" and this will remove you from the activity.

Virtual Senior Center Bulletin Board:

And did you know you have a personal electronic Senior Center bulletin board with MyActiveCenter.com? As we confirm programs and activities, we post them on MyActiveCenter.com. You will be able to sign up for these activities before those who rely on the hard copies we send out. As usual, we will also continue to post flyers at the Senior Center.



Travel News

East Hampton Senior Center and Friendship Tours Present

THIS MONTH:

Cranberry Bog Tour, Wareham MA - Thursday, September 22, 2022

A.D. Makepeace Company is the world's largest cranberry grower! Join us for a narrated tour of the Bog. Learn about harvesting and being a cranberry farmer, along with an up-close view of the wet cranberry bogs. Includes lunch at Lindsey's Family Restaurant, known for their hearty New England fare and seafood.

COST: \$116 / person.

In The Christmas Mood - The world famous Glenn Miller Orchestra, December 7, 2022 at the Aqua Turf Club, Plantsville CT

This world famous orchestra is the most popular and sought after swing band in the world.

A fun and lively Holiday Show. Delicious lunch at the elegant Aqua Turf in Plantsville CT.

Family style Menu: Garden salad, Pasta, Roast Turkey & Baked Ham, Vegetable, Potato, Rolls, Dessert, Beverage.

COST: \$114 / person.

IMPORTANT: Please pay for trips here at Senior Center on a Tuesday or Thursday.

You are unable to sign up for trips on My Active Center. Your seat is confirmed with your deposit or payment in full. Travel flyers for trips are available at the Senior Center. Checks for all trips should be made payable to 'Town of East Hampton'.

BBEYONDER - VIRTUAL TRAVEL PROGRAMS:

BEEYONDER - Join us for a live and interactive guide to alternative travel -We loved visiting Spain in August, and the Gazpacho was the best! Join us again for a Zoom presentation at the Senior Center as we tour Tel Aviv, Israel. Join us on a surprising tour - within Tel Aviv and Old Jaffa from the Bible- and Genesis and the Prophets. You will learn about Japhet, the Tower of Babel, the cedars of Lebanon, Jonah the prophet, Saint Peter and more - and see how Jaffa is connected to all of it, as the bridge between Jerusalem and the Nations. You will also hear about the long Jewish exile and the return to Israel in the light of the prophecies and see the role Tel Aviv played in the Zionist movement and the establishment of Israel in 1948. This is a virtual tour and will be given from Tour Guide's home using different visual aids.

BEEYONDER is the company providing virtual tours all over the world. Join us at the Senior Center on **Wednesday, September 14th, from 10-11 am.** Please register in advance, via MyActiveCenter or call the Center.



**Cooking Demonstration
with Mary Lee Brody,
Easy Recipes with Chocolate
Thursday, September 15th at 1 pm**



Learn about different types of chocolate and easy recipes for each.

Mary will be demonstrating One Bowl Brownies with unsweetened chocolate and chocolate chips, Mini Oreo Cheesecakes with White Chocolate Drizzle made with semi-sweet chocolate, and Classic Chocolate Cake (in a 13x9-inch pan) with cocoa powder. There will be lots of tips and tricks for working with chocolate, and of course, much sampling. **Please sign up early.** Mary's classes are very popular. \$3.00 donation. Call the Center.



**Stop & Grab - Stay & Enjoy! At the Senior Center!
September 21st at 1:00pm**

Stop by the Senior Center, while there, grab a lunch and enjoy the music of the Four Fun Band! Celebrate the day with your friends.

The **Grab** is sponsored by our National Healthcare friends at Marlborough Healthcare.

The **Enjoyment** is sponsored by your very own, Senior Center!



CHATHAM HEALTH DISTRICT COVID-19 STATUS REPORT

Updated 08Sep2022

Dashboard

DPH data published on 9/8/22

Town	County	CDC County Community Level*	Average Daily Case Rate #/100,000 population in the Past Week	Number of Cases in the Past Week **	Change in Number of Cases in the Past Week **
Colchester	New London	Low	5.4	6	-8
East Haddam	Middlesex	Medium	6.4	n<5	-3
East Hampton	Middlesex	Medium	7.8	7	-6
Hebron	Tolland	Medium	6.0	n<5	-5
Marlborough	Hartford	Medium	9.0	n<5	-2
Portland	Middlesex	Medium	12.3	8	2
Chatham Health District	NA	NA	7.5	33	-22
					Increased from previous week
					Decreased from previous week
					Unchanged from previous week

Data Source: <https://data.ct.gov/Health-and-Human-Services/COVID-19-Town-Level-Data/icxw-cada>

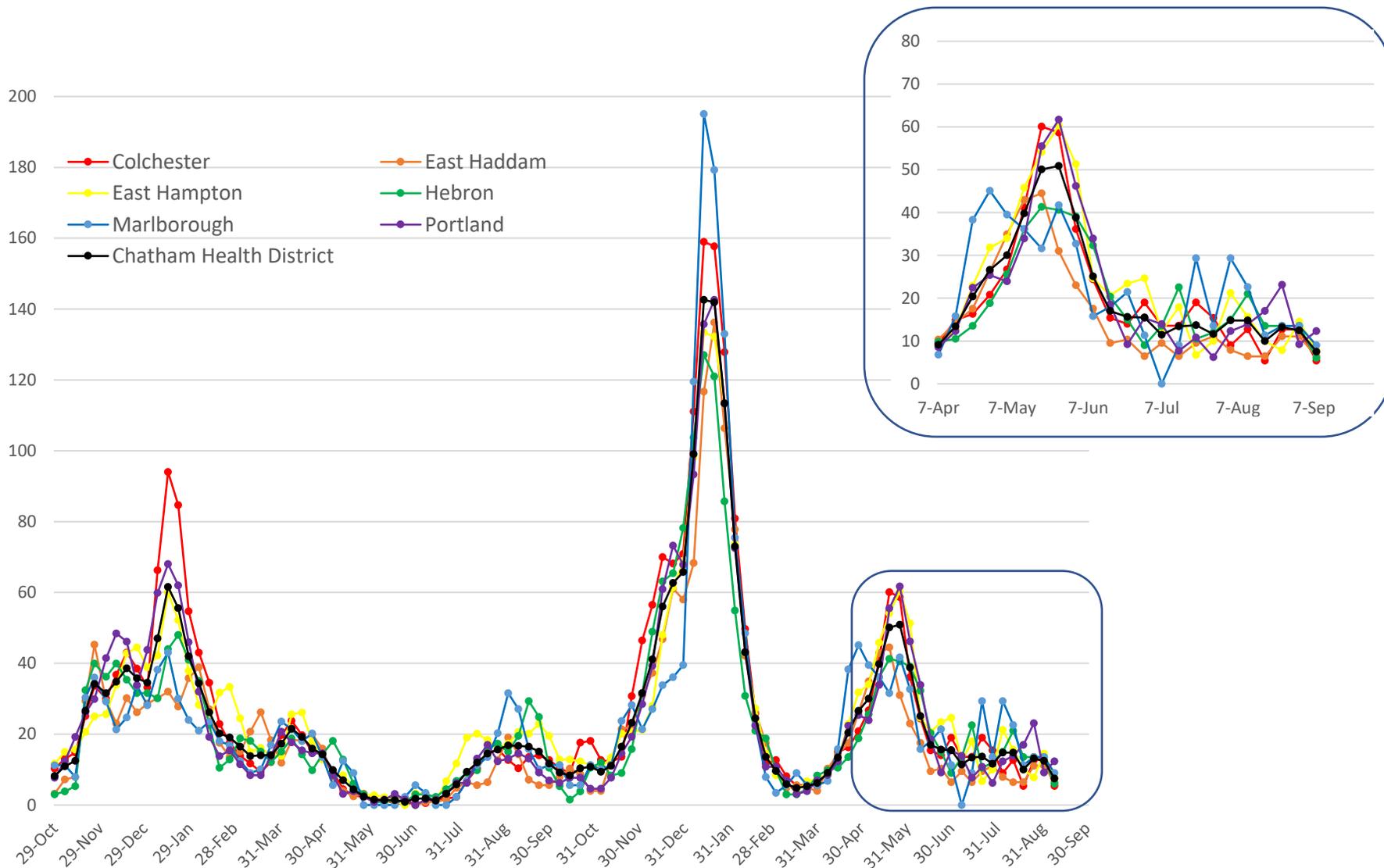
*Community Level Data Source: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>

**Prior to 6/30/2022, average daily case rate was calculated by DPH based on number of cases in the previous 14 days. Beginning on 6/30/22, DPH began reporting data from the previous 7 days. When the number of cases in the previous 7 days is less than 5, DPH suppresses the data. Chatham Health District will continue to report average daily case rate based on the number of cases in the previous 7 days and n=4 will be used for calculation of average daily case rate and change in number of cases for those towns.

CHATHAM HEALTH DISTRICT COVID-19 STATUS REPORT

Updated 08Sep2022

Average Daily Case Rate by Town (# of cases /100,000)



CHATHAM HEALTH DISTRICT COVID-19 STATUS REPORT

Updated 08Sep2022

Change in Number of Cases Reported by Town

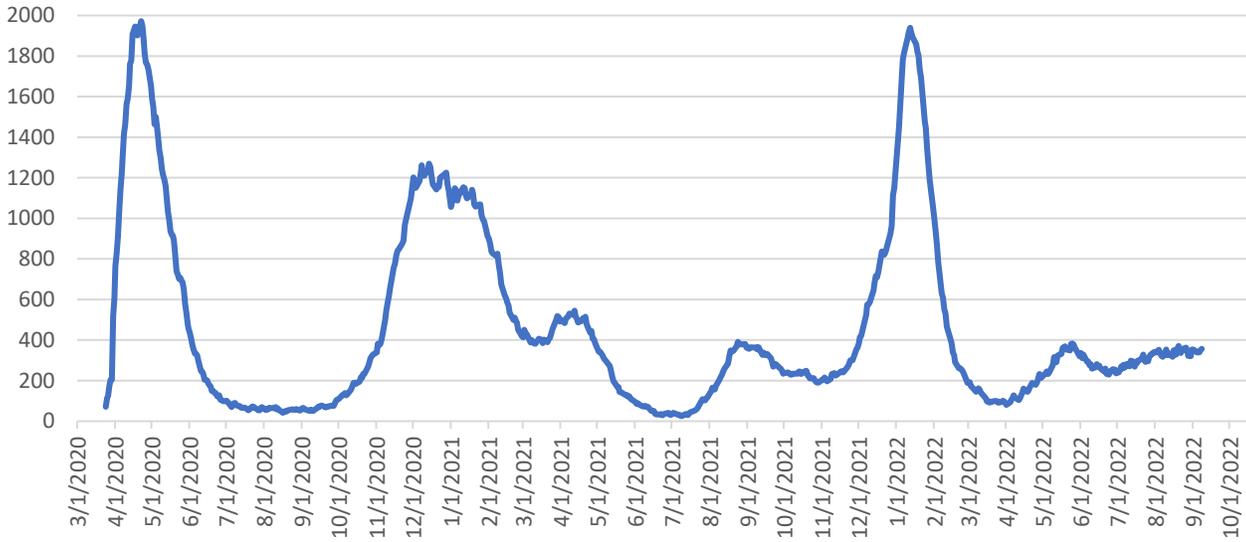


Source: <https://data.ct.gov/Health-and-Human-Services/COVID-19-Town-Level-Data/icxw-cada>

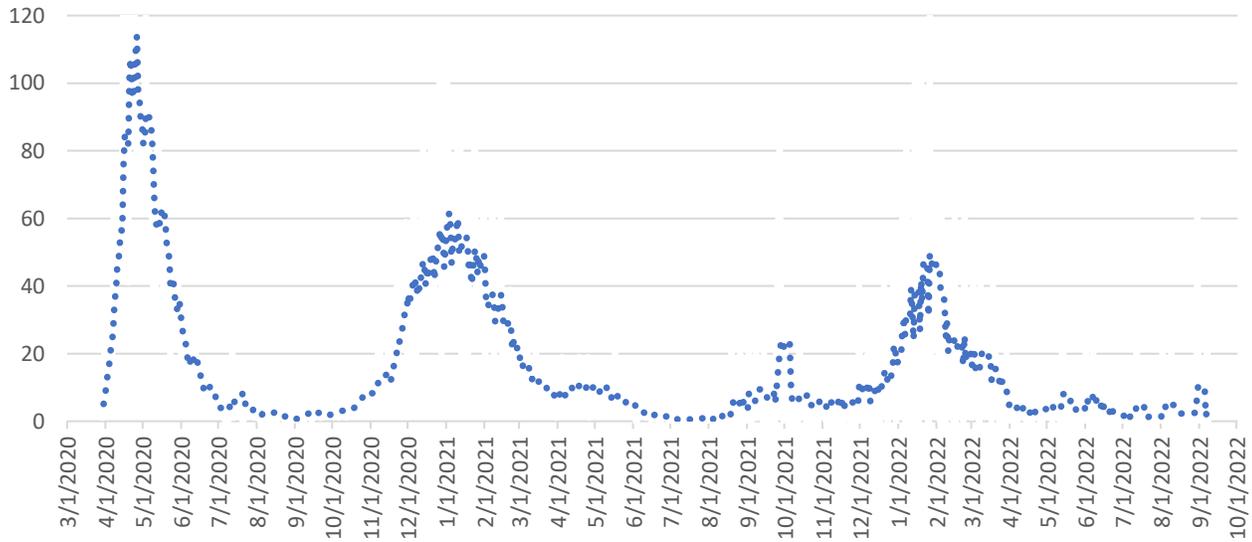
CHATHAM HEALTH DISTRICT COVID-19 STATUS REPORT

Updated 08Sep2022

Number of Patients Hospitalized with COVID-19 in Connecticut



Number of Confirmed and Probable COVID-19 Deaths in Connecticut (7 day rolling average)



Source: <https://data.ct.gov/Health-and-Human-Services/COVID-19-State-Level-Data/qmgw-5kp6>

CHATHAM HEALTH DISTRICT COVID-19 STATUS REPORT

Updated 08Sep2022

All Ages Vaccination Coverage as Reported by CT DPH on 07Sep2022

Town	% Total Population Received First Dose	% Total Population Fully Vaccinated	% Total Population Additional Dose Received
Colchester	81.74	77.23	50.43
East Haddam	79.10	73.87	47.69
East Hampton	79.60	75.69	49.41
Hebron	81.16	76.98	52.43
Marlborough	83.09	78.63	52.58
Portland	84.07	80.07	53.86
Chatham Health District	81	77	51
Connecticut	80	74	44

Source: <https://data.ct.gov/Health-and-Human-Services/COVID-19-Vaccinations-by-Town/x7by-h8k4>

CHATHAM HEALTH DISTRICT COVID-19 STATUS REPORT

Updated 08Sep2022

Age-Specific Vaccination Rates as Reported by CT DPH on 07Sep2022

This table will be updated again on 06Oct2022

Initiated Vaccination (%)	Age Group						
	<5	5-11	12-17	18-24	25-44	45-64	65+
Town							
Colchester	12.5	45.4	65.7	83.5	83.2	84.5	100.0
East Haddam	8.9	48.0	61.7	94.3	76.1	75.6	100.0
East Hampton	10.7	47.3	83.1	87.1	77.2	78.4	100.0
Hebron	12.9	39.0	55.1	99.5	82.0	81.9	100.0
Marlborough	16.1	44.6	82.0	100.0	77.6	79.8	100.0
Portland	15.5	56.4	72.3	89.3	84.2	83.5	100.0
Chatham Health District	12.4	46.4	68.7	90.4	80.4	80.8	100.0

Fully Vaccinated (%)	Age Group						
	<5	5-11	12-17	18-24	25-44	45-64	65+
Town							
Colchester	3.4	42.5	64.0	75.9	77.8	81.9	100.0
East Haddam	1.6	41.5	59.1	84.3	70.1	72.2	100.0
East Hampton	0.9	44.7	80.8	79.9	72.4	75.9	100.0
Hebron	2.6	36.4	54.1	90.8	76.7	79.7	100.0
Marlborough	2.7	40.8	78.4	100.0	73.6	77.5	100.0
Portland	3.4	53.0	71.3	83.6	79.6	80.8	100.0
Chatham Health District	2.3	43.0	66.8	83.3	75.3	78.2	100.0

Additional Dose	Age Group						
	<5	5-11	12-17	18-24	25-44	45-64	65+
Town							
Colchester	NA	1.8	31.8	39.0	45.7	60.2	94.5
East Haddam	NA	5.6	25.1	41.4	38.8	50.3	94.1
East Hampton	NA	9.7	40.4	41.0	42.5	54.7	94.8
Hebron	NA	6.6	29.6	54.3	45.4	59.4	100.0
Marlborough	NA	8.8	38.8	63.7	44.0	57.1	95.2
Portland	NA	11.1	35.3	47.5	48.2	59.1	92.6
Chatham Health District	NA	6.7	33.2	45.5	44.2	56.9	95.0

Source <https://data.ct.gov/Health-and-Human-Services/COVID-19-Vaccinations-by-Town-and-Age-Group/gngw-ukpw>