

East Hampton events

VOLUME 8 • QUARTER 4 • 2022



DELIVERING TOWN NEWS



TO EVERYONE IN TOWN

Do you have problems with your “Bifocularity?”



We had a patient with random double vision and focusing issues who said he had problems with his “BIFOCULARITY”. That term does not exist, but to this patient, it precisely described his vision problem, so we will follow his creative lead.

“**Bifocularity**” refers to the ability to see clearly and comfortably at all distances while maintaining constant stereopsis and depth perception. Both eyes must work and focus together effortlessly.

Without it, words may run into each other or you may easily lose your place while reading. Objects may suddenly go double. It may become difficult to maintain focus on a computer monitor, phone or book. Near objects may become difficult to see. People may become dizzy or disoriented. Chronic headaches, motion sickness, vertigo, light sensitivity and eye aches have been attributed to it.



No one will know if impaired bifocularity is the cause of their symptoms until our eye doctors look for the signs of it during an eye exam. Adults may have their bifocularity degrade over many years and not even realize that they are struggling to see.

Does a baseball or golf ball simply disappear into the sky? Are medicine bottles impossible to read? Do you sometimes see two sets of lines in the road? Do you need a magnifier to see small things? There are stresses to our visual system at every age.

For nearsighted parents with thick eyeglasses, myopia can now be controlled if caught early. At what age did you need glasses? School age students should have an eye exam every year.

Vision should be naturally comfortable at all distances for all tasks. That’s what we do every day.

Take this at-home test to measure your bifocularity.

Look carefully at the doorknob of a closed door. Cover one eye and then cover the other. It is normal for the door knob to appear to move *slightly* side to side. But if the door knob appears to move up and down, diagonally, or moves sideways *a lot*, you are experiencing uncompensated binocular stress that your visual system cannot correct. We can. It’s time to call us for an eye exam.

If one eye sees things sharper than the other eye at any distance, there is focusing stress that your visual system cannot correct. We can. It’s time to call us for an eye exam.

Our specialty is delivering clear, comfortable, effortless vision at all distances and keeping your eyes healthy throughout your life. Everyone should have an annual eye exam. Call now to schedule yours.

Jeffrey M. Palmer, OD *GR* **Martin L. Hellman, OD, FAAO**

PALMER EYECARE CENTER

Advanced Practice Clinical Optometry

“We Solve Vision Problems”

www.palmereyecare.com

860-267-2222

Chatham Corner Building *GR* 240 Middletown Ave. *GR* East Hampton, CT 06424

Town Manager's Corner

Hello East Hampton,

As I write this, the weather reporters are telling us that it will snow tomorrow! I guess that means winter will soon be upon us. That means that the holidays and winter fun will be upon us too! As the Public Works Department prepares to keep the streets clear, Youth and Family Services, the Library and the Parks and Recreation Department are putting the finishing touches on the Jingle Bell Parade, which is scheduled for Friday, December 9 in the Village Center. The fun begins at 4:30 pm in the Library and culminates with the tree lighting at the gazebo near Center School around 5:45 pm, which signals the beginning of the holiday season and kicks off the winter events.

As always, this edition of the Events magazine is full of information and fun activities in East Hampton. Check out what Parks and Recreation and the Library have in

store for winter in these pages or on their websites. Both may be found on the Town website, easthamptonct.gov, or directly at easthamptonpubliclibrary.org or easthamptonct.myrec.com. Readers and website visitors will find great programs for youth and adults involving arts, crafts, sports, books, science, fitness and much more. There may even be some surprises like fun holiday cake pans to borrow to help add that "something special" to the season!

While we celebrate with family and friends during the holidays, everyone is encouraged to take steps to remain safe and to keep those with whom we celebrate safe as well. The best gift of all will be health in the new year!

Stay well, stay safe and have a wonderful holiday season!



David E. Cox
Town Manager



events

TM Ventures, LLC
dba Essex Printing & Events Magazines
 18 Industrial Park Road, P.O.Box 205

Centerbrook, CT 06409
 860-767-9087 Fax 860-767-0259
 email: print@essexprinting.com
www.essexprinting.com

PUBLISHER
 William E. McMinn

LAYOUT & AD DESIGN
 Lynne Hardt

SALES REPRESENTATIVES

**ESSEX • WESTBROOK
 CLINTON • MADISON**
 Ward Feirer 914-806-5500
wfeirer@gmail.com

**OLD SAYBROOK
 OLD LYME • EAST LYME**
 Betty Martelle 860-333-7117
betty@eventsmagazines.com

**CHESTER • EAST HADDAM
 EAST HAMPTON • HADDAM**
 Contact Essex Printing 860-767-9087
print@essexprinting.com

GUILFORD • LEDYARD
 Contact Essex Printing 860-767-9087
print@essexprinting.com

COVER PHOTO
 Chickadee in Snow
 Lucinda (Cindy) Moriarty

www.eventsmagazines.com

Over three quarters of a million readers.
 13 towns every quarter.

Copyright© 2022 Events Magazines. All rights reserved. No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopy, recording, or any information storage and retrieval system without written permission. Not responsible for omissions or typographical errors. All advertising material created by Essex Printing and Events Magazines is to be considered proprietary. Essex Printing and Events Magazines reserves the rights and license to all ad designs and photographic images produced by Essex Printing and Events Magazines. Reproduction rights for individual use in other publications is offered and available by purchase directly through Essex Printing and Events Magazines. Editorial appearing in this magazine is submitted by municipal agencies and other approved sources.

CONTENTS

Town Manager's Corner	3
Rotary Club Breakfast with Santa.....	5
Lake-Smart Award Winner.....	6
East Hampton Senior Center	7
East Hampton Public Library	8
Arts & Culture Commission	11
Youth & Family Services	12
Haddam Neck Community Christmas Tree Lighting	13
Land Use Department	13
Town Directory	13
Public Works Department.....	14
Office of the Assessor	15
Office of the Collector of Revenue	15
East Hampton Ambulance Association.....	16
East Hampton Volunteer Fuel & Food Bank	16
Parks & Recreation.....	17
East Hampton Volunteer Fire Department	19
General Rules for Heating Your Home	20
East Hampton Prevention Partnership.....	21
East Hampton Police Department.....	21
East Hampton Social Services	22
From the desk of State Representative Irene Haines.....	22
Eversource — Heat Pumps 101	23

Follow Essex Printing/Events Magazines on...



Facebook

Essex Printing Events Magazines



Instagram

@EventsMags and @EssexPrinting



Twitter

@essexprintingandeventsmagazine

Rotary Club Breakfast with Santa

The East Hampton and Marlborough Rotary Club is once again sponsoring the annual Breakfast with Santa. Breakfast with Santa will be held on Saturday, December 3rd from 7:30 am to 11:00 am at the East Hampton High School located at 15 North Maple Street in East Hampton.

As in the past, a free breakfast will be served to all that attend, and the children will be able to have a picture taken with Santa Claus as a keepsake. Once again, this year, inflatable Christmas decorations will be at the entrance to the high school and will make a perfect backdrop for holiday photos.



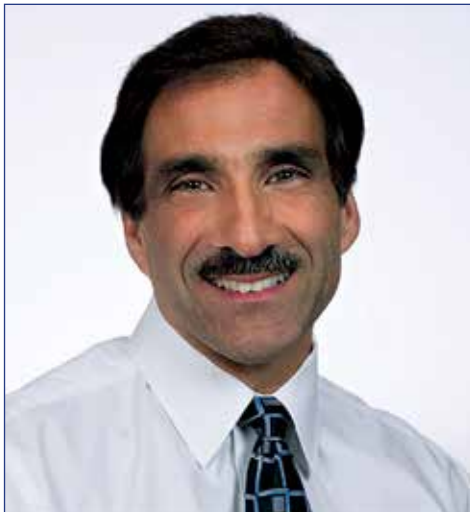
Those planning to attend "Breakfast with Santa" are asked to consider donating non-perishable food items for the East Hampton and Marlborough food banks. We will also accept monetary donations to support the food banks in each town.

The Safe & Clear WATER SOLUTION
For all Your Family's Needs

- Water Softeners
- Iron Filters
- Neutralizers PH Adjustments
- Radon Removal
- Bacteria Removal
- Sales and Service

RHODES
PUMP SERVICE

Ask about our 12 YEAR Well Pump Warranty
Call Now 203.458.8111
RhodesPump.com



George M. Mantikas, DMD

Comprehensive, restorative dentistry in a warm, caring environment

Our philosophy of practice...

to provide you with the highest quality dentistry that is available today and for you to keep your teeth for the rest of your life. We anticipate completing this with the least amount of stress, discomfort and expense possible.

A Practice For



Optimal Dental Fitness

The Ridge | 142 East High St
East Hampton, Connecticut 06424
Telephone: 860-267-6666

ADA
American
Dental
Association®



drmantikas.com

Lake-Smart Award Winner

Sign up this Winter for a Lake Smart Evaluation

Even though it is winter, it still possible to have your lake or watershed property evaluated to see what improvements you can make to your property to have a cleaner Lake Pocotopaug. You might also qualify for the Lake Smart Award that is given by the East Hampton Conservation Lake Commission (CLC).

The East Hampton CLC started the "Lake-Smart Award Program" for property owners living on Lake Pocotopaug or in the surrounding watershed. The purpose is to encourage property owners to improve the quality of Lake Pocotopaug by doing projects to prevent infiltration of phosphates, nitrates, pesticides, and other impurities from entering the lake. Those that achieve seven requirements will receive a Lake-Smart Award sign they can display on their property. It is hoped the program will not only improve the quality of the lake but also encourage neighbors to make improvements to their property,

Some of the seven criteria property owners will be evaluated on are do they have a "buffer zone," rain gardens, diversion ditches, etc. that contain stormwater runoff before it reaches the lake. Do owners refrain from using chemical fertilizers containing phosphates and nitrates or using pesticides and herbicides. In mowing their

lawn do they maintain the level of their lawn at 2 1/2-3" and use a mulching blade instead of bagging grass clippings. Do they cover bare soil areas with mulch or plantings. Do they refrain from feeding waterfowl and discourage them from coming onto their property. Finally, do they prevent leaves and grass clippings from entering the lake.

Those wishing to be evaluated for the award, should contact: Jeremy Hall of the Parks & Recreation Department (860-267-7300 or jhall@easthamptonct.gov) or Jeremy DeCarli of the Land Use Department (860-267-7450 or jdecarli@easthamptonct.gov) or any members of the CLC. An appointment will be arranged for a CLC member(s) to visit the owners and help them evaluate their property. If there is a deficiency, owners will be given suggestions on improving their property. If they achieve all the goals, they will receive a Lake-Smart Award. We can all work together to have a cleaner lake.



The East Hampton Conservation Lake Commission presented the "Lake Smart Award" to Lori & Peter Bengston who have worked to divert water that might have contained phosphates, nitrates and other impurities from their roofs and sloping land from flowing into Lake Pocotopaug. They live in the Lake Pocotopaug watershed near Day Point Road.

Lake and watershed property owners can also apply for the Lake Smart Award Grant Program sponsored by the Friends of Lake Pocotopaug who are offering residents grants up to \$150 to make one or more Lake Smart improvements. They can apply after they have been evaluated and have shown need for improving their property.

Holiday Bingo and Craft
 DECEMBER 13TH
 3:10-4:30PM
 MEMORIAL SCHOOL
 \$20
 EAST HAMPTON PARKS AND RECREATION

East Hampton Parks and Recreation
New York On Your Own Bus Trip
December 10th
 The Bus Leaves East Hampton Town Hall at 7:30am and will depart NYC at 6:00pm
\$70.00 per person

EAST HAMPTON PARKS & RECREATION
 DECEMBER 6TH
Holiday Cookie Decorating
 3:10-4:30PM
 MEMORIAL SCHOOL
 K-3
\$25



East Hampton Senior Center

105 Main Street • East Hampton, CT 06424 • 860-267-4426

Email: seniorcenter@easthamptonct.gov

Hours: Monday-Thursday 8:30 am to 4:00 pm
Friday 9:00 am to 4:00 pm



facebook.com/easthamptonseniorcenterct

Attention Older Adults on Medicare:

Medicare's Annual Enrollment period is open through December 7, 2022. It is important for all Medicare recipients to check their plans to make sure that they will be enrolled in the plan that will work best for them. For most people this is the **ONLY** time during the year that you can change your plan.

If you are new to Town or just want to get involved please feel free to stop by. We will give you a tour and a welcome packet to introduce you to our agency. We have a monthly activity newsletter, which we can email or send to you at your request.

In addition, we serve meals at the Senior Center 5 days a week. This is a Federally funded Free Nutrition program for Adults over 60 years of age. We request you complete a registration form and then you can sign up for meals.

We also provide Meals on Wheels to people in the community who are homebound. Call 860-560-5848 for more information.

WEEKLY EVENTS

Mexican Train — Mondays at 9:30 am

Mexican Train is a game played with numbered dominoes. The object of the game is for a player to play all the dominoes from his or her hand onto one or more chains, or "trains", starting from a central hub or "station". Walk-ins welcome. Pre-registration not required. Free

BINGO — Tuesdays at 1:15 pm

A wide variety of games are offered. Cash prizes. Pre-registration not required. Cost: Up to \$3.00 depending on how many cards played.

Quilting — Mondays 9:00-11:00 am

New members welcome. Bring your own project. Members help each other, as need-

ed. Group also makes quilted lap robes that are donated to a charity. Pre-registration not required.

Gentle Yoga with Kitch — Wednesdays, 11:40 am– 12:40 pm

East Hampton Town Hall 1 Community Drive

Gentle yoga is a hidden gem of a yoga style. It is appropriate for a wide spectrum of practitioners. A gentle class isn't necessarily an "easy" one. It does move at a slow and steady pace. Next Session is November 9, 2022 to January 19, 2023. Registration required with payment of \$20.00 for a 10-week session.

Wii Bowling — Thursdays at 10 am on 12/22

Join the fun! Friendly competition between friends. Wii-bowling can be great fun. It's not hard to play, but can be challenging for even the most accomplished bowlers. Pre-registration necessary. Cost: Free

Setback — Mondays at 1:00 pm and Thursdays 1:15 pm

Object of the game is to be the first team to score 21 points. No partners necessary. Pre-registration suggested.

T'ai Chi by Tom Cushing — via Zoom presentation. November 29th through February 14th.

No classes on December 20th or 27th. Cost is \$50.00 per person for the 10-week session. Classes are from 10:30am to 11:00am. Please sign up with payment at the Senior Center. This class can be taken from your home or at the Senior Center via Zoom.

Art with Karen — December 18 and January 15 from 2:00 pm to 4:00 pm -

Join Karen Williams as she takes you through beginner steps of creating an Acrylic Painting. The class cost is \$5 for supplies.



Please pay Karen the day of the event. Pre-registration a must.

The Mighty Magnificent Men's group — Monday, December 19th and January 9th at 10:00 am

Join our group for men. Have a cup of coffee and see what you want to do. Please sign up in advance by calling to register or register at MyActiveCenter.com.

Join the WWW! That is...Wonderfully Wicked Women — Monday, December 5 & 19 and January 16th at 10:00 am

Come check out this new women's group! December topics to be determined. Be sure help us celebrate the holidays with sweet treats. Please sign up in advance by calling to register or sign-up at MyActiveCenter.com

Writer's Workshop with Elizabeth — in-person and via Zoom every Thursday 10:00 am to 11:00 am or every other Thursday (December 22, January 5 & 19) from 11:15 to 12:15 pm.

This is a supportive and welcoming community of various backgrounds and writing abilities. We write something new and we share out loud each session. New members welcome!



Jingle Bell Parade

Friday, December 9 at 4:30pm

The annual Jingle Bell Parade returns! Meet at the Library for crafts and fun, then parade down to the Village Center to see East Hampton Parks and Recreation light the tree. Check the Library or Parks and Recreation website for full details!

All-Ages Book Bingo!

Tuesday, December 13, 6:30pm

Join us at the library for an evening of Bingo to win free books! Everyone is welcome at this all-ages event. Drop ins welcome.

CHILDREN'S PROGRAMS

New Year's at Noon: All ages

Friday, December 30 at 10:30am in the Library Community Room

Celebrate the new year at the library! We're kicking off this event at 10:30 with Ed Popielarczyk, a professional magician and comedian. Stick around to make a confetti popper craft and for the big balloon drop at noon! Registration encouraged but not required.

Take Your Child to the Library Day: All ages

Saturday, February 4

Mark your calendars and make a date to celebrate the library and all that it has to offer you and your child!

Valentines for Seniors: All ages

January 28-February 11

Stop by the children's room and use the supplies provided to design a Valentine's Day card for a local senior citizen!

EARLY LITERACY PROGRAMS

Drop-ins and siblings welcome. See our website's calendar of events for full list of dates.

Mindful Movements: Ages 18 months and up

Most Mondays at 10:30 am in the library community room

An early literacy program for children and caregivers that combines singing, dancing, and whole-body movement. Practice early literacy and social emotional skills and have fun MOVING YOUR BODY!

Baby Rhyme Time: Ages 0-18 months

Most Thursdays at 10:15 am in the Library Community Room

An early literacy program for children ages 0-18 months and their caregivers, this program combines music & movement, bounce & lapsit, fingerplays, puppets and play time. Introduce your baby to the library, make new friends, find your happy place!

Toddler Time: Ages 18 months-3 years

Most Wednesdays at 10:15 am in the Library Community Room

A storytime just for toddlers that includes music, movement, a short book, and lots of free play!

Stories and Songs: Ages 3-5 years

Most Wednesdays at 11:15 am in the Library Community Room

Designed for children ages 3-5 years old and their caregivers, this program includes longer stories and a simple craft, and is a great way to interact with other families in the community.

SPECIAL Stories and Songs... and Sweets! Ages 18 months-5 years

Wednesday, January 11 at 10:30 am

Join us for this very special storytime where we'll share cupcake-themed stories

and then decorate our own to eat! Registration required to ensure enough baked goods for everyone.

SCHOOL-AGE PROGRAMS

Registration is required for some of these events and is available on our website.

DIY Days: Grades K-8

Select Saturdays from 11 am-4 pm

Children and families in grades K-8 are invited to create a different toy, game, or treat together.

These activities are available while supplies last. No registration required, just drop in!

December 10- Friendship Bracelets

January 21- Lego Refrigerator Magnets

February 11- Slap Bracelets

Cozy Yoga: Grades 1-5

Monday, December 19 from 4:30-5:30 pm

Wear your comfiest clothes (or pajamas!) and join us for some fun, relaxing yoga with Amie Meacham, a Yoga200 Certified instructor. All skill levels welcome!

Cupcake Decorating: Grades K-5

January 11 at 4:00-5:00 pm

Drop in after school to decorate (and eat!) a cupcake while you grab some books! Registration required to ensure enough baked goods for everyone.

STEMtastic: Grades 1-5

Select Mondays from 4:30-5:30 pm

Learn science and math skills through fun hands-on activities! Registration required.

January 23- Wild Weather 1

January 30- Wild Weather 2

February 6- Fingerprints and Forensics

February 13- Science of Zombies

February 27- Angry Birds Science

Register online at EastHamptonPublicLibrary.org or by calling us at 860-267-6621.

**Nintendo Switch Tournaments:
Grades 1-5**

Select Saturdays from 2:00-3:30pm
December 17, January 28, February 18

A Nintendo Switch game tournament for elementary school-aged kids! Show off your gaming skills and meet other kids that like to play! All skill levels welcome. Registration required.

Kids Comic Creators: Grades 1-5

Select Wednesdays from 4:30-5:30pm
December 14, January 25, February 22

Each month kids will explore a different early reader graphic novel series like The Bad Guys or Dogman, play games related to the books, and create their own comics! More details and monthly themes available on our website. Registration required.

**CHILDREN'S TAKE-HOME
PROGRAMS**

Take and Makes

Each month the library debuts two take home activity kits for children, one for ages 3-5 and one for school age children, with all of the supplies needed to make a fun craft! Registration required.

TEEN PROGRAMS

Registration is required for teen programs unless otherwise noted.

Dungeons & Dragons: Grades 8 - 12

Select Wednesdays at 5:30 - 7:30 pm
January 18, February 1, 15

Join us for an exciting journey into the world of Dungeons & Dragons! No previous playing experience required. We will provide basic, fifth edition characters; all supplies included!

Pre-Teen Advisory Board: Grades 5-8

Third Tuesday of every month at 5:00 - 6:00 pm

Help make a difference in your community! Provide your input and plan programs! Share your knowledge, creativity and



interests to make the East Hampton Public Library a place that 5th to 8th graders feel welcome and a place you want to be! Earn community service hours.

Teen Advisory Board: Grades 9-12

December 7, January 19, February 23 at 3:30 - 4:30 pm

Come together with other East Hampton high schoolers to plan and create events and programs you want, provide input to expand our YA/Teen collection and share your knowledge, creativity and interests to make the East Hampton Public Library a place you love to be. Earn community service hours.

**Switch Game Tournament:
Grades 6 - 12**

Select Saturdays at 2:00 pm
December 3, February 25

Put your gaming skills to the test in-person at the Library! Join us for a Nintendo Switch game tournament! With the Library's huge collection of Switch games, you never know what we'll be playing! All skill levels welcome.

Winter Break Breakfast: Grades 6-12

December 29 at 11 am

Roll out of bed and into the Library! Enjoy breakfast treats and a chill space to wrap up your winter break. Enjoy switch games, craft with Keri, or just visit with friends!

Teen Friday: Grades 6 - 12

Last Friday of every month beginning in the new year from 3:30 to 4:30 pm

January 27, February 24

Kick back and relax and start your weekend off right. Join us on the last Friday of

continued on page 10

**Fox
Ledge
Farm** 

**Riding Lessons
Beginner - Grand Prix
Dressage & Balanced Seat**

Join us for indoor winter riding.
Large heated arena & viewing area.

29-A Daniels Road
(off Rt. 151)
East Haddam, CT 06423

eqarts@snet.net
www.foxledgefarm.net

860.873.8108

Library... *continued from page 9*

the month for fun crafts, games and more! We'll have snacks and enjoy catching up with your friends and library staff!

Keep Calm and Relax On: Grades 9-12

Saturday, January 14

Take a study break and leave your stress at the door. Drop in for a relaxing craft and enjoy the company of friends in a stress-free zone!

Teen Take & Make: Grades 6 - 12

Each month, the Library debuts a Take and Make activity just for teens! Inside your kit you'll find instructions and supplies to make a fun art or craft project. Registration opens on the first of the month, pickup follows on the second Tuesday of the month.

ADULT PROGRAMS

Registration is required for adult programs unless otherwise noted.

Cookbook Club

First Tuesday of every month at 6:30 pm

Cookbook Club has returned and it's tastier than ever! If you like browsing through cookbooks, watching recipe videos online and trying delicious food, you'll love Cookbook Club! Each month will have a theme. Bring a prepared dish and 12 copies of the recipe to share. Food should arrive ready to eat and we'll provide the plates and forks. We'll sample and talk about each recipe and take home new ideas!

Book Club

Third Tuesday of every month at 6:30 pm

Come together to read and discuss the monthly selection, hear about what everyone else is reading and enjoy the company of other avid readers. Copies of the month's book are available for checkout at the circulation desk.

Belltown Book Blast

Thursdays December 15, January 19, February 16

In person at 10:00 am; on Zoom at 6:30 pm

New program with two options to join in the fun! Meet in person with our Adult Librarian Keri for coffee or tea and bookish banter at 10 a.m. or hop on Zoom in the evening at 6:30 p.m. from the comfort of your home! Get a sneak peek at our newest titles, upcoming new releases and chat about what we've all been reading. No registration needed for the in person session, just drop in! For Zoom, please register online to get the link.

Cabin Fever Series: Presented by the Chatham Historical Society

Saturday, December 10 at 1:00 pm

The Chatham Historical Society will be presenting a previously recorded interview with East Hampton residents, Katie Morris, Whitney Fielding and Donna Marston. They reminisce about growing up in East Hampton, recalling all the fun they had in their childhood, and remembering the different stores and businesses that were in town.

Saturday, January 7 at 1:00 pm

View an interview featuring life-long resident Doris Brewer Lawson. She will talk about her childhood, life during the War, and recall the happy and simpler way of life back then.

Saturday, February 4 at 1:00 pm

Join the Chatham Historical Society for the final presentation in the Cabin Fever Series.

The Town of Iron Toys: The Mechanical Banks of the J. & E. Stevens Company

Tuesday, January 31 at 6:30 pm

Demonstrating his collection of 20 mechanical banks dating from the late 1800's, Richard Donohue's interactive presentation about the J. & E. Stevens Company of Cromwell, CT, is sure to delight anyone interested in history, historical toys and more!

Violin & Valentines: An evening of music with Brunilda Myftaraj

Tuesday, February 14 at 6:00 pm

Need a Valentine's plan? We've got you covered! Set the perfect mood with a performance by acclaimed violinist Brunilda Myftaraj. Light refreshments at 6:00pm followed by music at 6:30 pm.

Adult Take & Makes

Once a month we'll have a take-home craft activity kit just for adults! Inside your kit you'll find instructions and supplies to make a fun art or craft project. Registration opens on the first of the month, pickup follows on the second Tuesday of the month. Act fast; supplies are limited! Registration required.

CURBSIDE PICKUP

For your convenience and safety, the Library offers curbside pickup. Call the Library with your requests or place your items on hold through our online catalog. When you're informed that your items are ready for pick up, just let a staff member know that you would like to pick up your items curbside. We'll put your items outside on our curbside pickup rack for your quick pickup.

RESOURCE SPOTLIGHT:

Ancestry.com

Explore the amazing history of you! Discover your family history through immigration records, vital records, census data family histories, court records, and more. Available for use in the Library.

Explora

Explora provides students with easy-to-use features and age-appropriate content from the world's leading magazines and reference books. Offering unique interfaces for elementary school, middle school, and high school students, these databases are perfect for homework assignments and curious minds alike!

Hoopla

Hoopla has a great collection of streaming and downloadable Movies, TV, Music, eBooks, eAudio-books, and graphic novels. With no waiting, titles can be streamed immediately, or downloaded to phones or tablets for offline enjoyment later. Compatible with all devices and phones including your smart TV or smart TV device like Roku or Firestick, it's an easy way to take the library with you. Sign in with your East Hampton library card and borrow up to 5 items per month.

Arts & Culture Commission

Capstone Project Grants

The East Hampton Arts & Culture Commission is accepting applications from East Hampton High School Juniors and Seniors for \$200 grants to support an annual East Hampton High School Capstone Project.

The grant will help support two student's proposed Capstone Project, a multifaceted assignment that serves as a culminating academic and intellectual experience for students. Capstone projects may take a wide variety of forms including a long-term investigative project that culminates in a final product, presentation, or performance.

Applicants for the EHACC Capstone Grant will be invited to present his/her Capstone Project idea to commission members during an agreed upon commission meeting. Deadline to apply is February 1, 2023.

Applications are available at <https://www.artsforeasthamptonct.org/capstone-grant-application> and can be submitted to arts@easthamptonct.org or can be mailed/dropped off at the Town Manager's Office at the East Hampton Town Hall.

Win \$500 for Your Arts Organization!

2022-2023 Grant Application DEADLINE is April 1, 2023

The East Hampton Arts & Culture Commission welcomes grant applications from East Hampton organizations and individuals with programs and/or projects that enrich the lives of East Hampton residents through the arts. Deadline to apply is April 1, 2023 to arts@easthamptonct.org

Eligibility: One of two \$500 grants are available to be awarded to individuals or organizations residing in East Hampton, Connecticut. The commission reserves the right to award a grant to an individual or organization it determines will have the most potential impact of arts and/or culture on the town. Incomplete forms will be denied; applicants can resubmit.

Criteria for awarding grants: The artistic and organizational quality of the organization and/or project and its likelihood of continuing viability or success. The organization's or project's accessibility and service to the East Hampton community. Grant recipients must credit the East Hampton Arts and Culture Commission on all press releases, posters, print advertising and programs.

Evaluation: An interview may be requested of the candidate prior to awarding the grant. An update of your progress will be required six months post-award date and a final report will be required one year post award date.

Applications are available at <https://www.artsforeasthamptonct.org/grant> and can be submitted to arts@easthamptonct.org or dropped off at the Town Manager's Office in the East Hampton Town Hall.



Serving the CT River Valley

Heating Oil Dealer #252
P-203832 / S-303213

"Delivering for Our Customers Since 1924"

• WATER SYSTEMS

Pumps, Tanks, Heaters, Filters

• FUEL OILS, PLUMBING AND HEATING

High Efficiency Boilers, Solar Hot Water Service and Repairs, Remodeling, Renovations

860-873-8454

www.mausandson.com

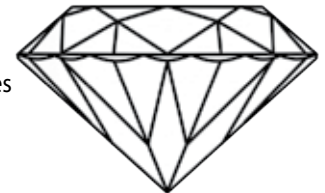
DEVINE'S FINE JEWELRY

Jewelry Repairs Done on Premises

Fine Jewelry at Competitive Prices

- Trade in your unwanted jewelry or coins for newer styles
- Free inspection of jewelry
- Jewelry appraisals
- Justice of the Peace

"Buy the Devine Way"



4 Summit Street, East Hampton, CT
(in the center)

860-267-4492

M-F noon - 6 pm / Sat 10 am - 4 pm

\$8 WATCH BATTERIES With Coupon

**Jewelry ALWAYS Makes a Great Gift!
20% Jewelry Discount With Ad**

Youth & Family Services

As part of our goal to continue providing family bonding opportunities, Youth Services gave out tickets to families to see Mean Girls at the Bushnell on September 30th. This event was made possible through grant funds issued by the Department of Children and Families. In total, 30 tickets were issued. Youth Services will be sponsoring an after-school group at East Hampton High called "Teen Talk." The group will be part of our drop-in center at the school library. Although staff from Youth Services and Prevention will be there to provide guidance and structure, the group will primarily be led by teens. "Teen Talk" is an opportunity for teens to discuss the issues that are important to them. Our primary goal will be to create a space for kids, by kids and led by kids. The first Teen Talk group will meet on November 7th. We will provide pizza and beverages. The group will meet twice a month, with the second gathering taking place on November 21st.

A second group, "Bring Change to Mind", is a collaboration between Prevention and

Youth Services and is offered at East Hampton High School. This group blends prevention-related issues with mental well-being. The group is overseen by the Prevention Coordinator and led by a community organizing intern from the University of Connecticut.

Counseling services have resumed, and we are accepting new clients. The process is simple. Callers simply need to answer a few questions when they call. We connect callers with one of our MFT intern who then completes a more comprehensive intake with the client during the first session. Therapy services are free, and we do not go through insurance. If a caller requires a higher level of therapeutic services than we can provide, we will work



the individual to locate a therapist who specializes in the services needed.

Social Services handled one eviction in October. Items from the residence were placed in storage and paid for by Social Services for 15 days, after which they were put up for bid at public auction.

A Cause for Celebration

25 Years of Helping Good People Do Great Things!



We salute our founders and early donors, the visionaries who pooled resources to provide immediate and future support to local nonprofit programs.

We value all of you who establish funds supporting animal welfare, arts and culture, health and social services, the environment, history, education, economic security, civic improvements, recreation, and so much more.

We honor every donor, volunteer, nonprofit, friend, and neighbor. You help us respond to rising and changing community needs... building a better today and brighter tomorrow for all.

Join the celebration and help our local communities thrive. Call us at (860)347-0025 or visit us at MiddlesexCountyCF.org.

**COMMUNITY
FOUNDATION**
of Middlesex County



Haddam Neck Community Christmas Tree Lighting

The Haddam Neck Community is holding a Christmas Tree Lighting on Saturday, December 3rd from 4:00 pm to 8:00 pm in the Haddam Neck Covenant Church's field. Haddam Neck Covenant Church is located at 17 Haddam Neck Road. This tree lighting is being sponsored by the Community of Haddam Neck, Haddam Neck Volunteer Fire Department, Haddam Neck Covenant Church, and Haddam Neck Fair Association. Participants can look forward to Christmas carols, hot cocoa & cider, pictures with Santa, a Tractor Parade, craft projects, and s'mores at the fire pit along with other seasonal activities.

Land Use Department

The Planning and Zoning Commission spent the fall months updating the Zoning Regulations in order to comply with new state laws and creating new regulations for Adult-Use Cannabis establishments.

During the late summer/early fall, the Town Council held several Public Hearings in an effort to determine whether Cannabis establishments would be allowed or prohibited within East Hampton. After hearing little testimony from the public, the Council ultimately determined that they would not ban cannabis uses in East Hampton and tasked the Planning and Zoning Commission with creating regulations in order for potential developers and operators to have clear guidance as to where and how they could operate. When the State legislature legalized Adult-Use Cannabis, nine license types were created that could be regulated by local Zoning Regulations. East Hampton has chosen to view those nine license types in two main categories: retail and manufacturing/ producing. In general, the retail establishments are allowed in commercial areas, and the manufacturing/ producing uses are allowed in industrial areas. All uses require a Special Permit and are subject to a public hearing, where, if an application were heard, would be open to the public to attend and provide commentary to the Planning and Zoning Commission. The regulations include provisions for distance requirements, limitations on hours of operation, and requirements to manage and mitigate odors, among other factors.

As we roll quickly toward the end of the year, we'd like to take the time to thank the many East Hampton residents who graciously volunteer their time on our land use commissions. These dedicated folks give their time thanklessly to ensure a good quality of life for all East Hampton residents and work to protect our environment and the character of the town. Thank you and enjoy the holiday season!

East Hampton Town Directory

www.easthamptonct.gov

Animal Control (24 hour dispatch).....	860-873-5044	Land Use	860-267-7450
Assessor	860-267-2510	Parks & Recreation	860-267-7300
Board of Education	860-365-4000	Police Department (non-emergency).....	860-267-9544
Building.....	860-267-9601	Probate Court	860-295-6239
Chatham Health District	860-365-0884	Public Library.....	860-267-6621
Chatham Historical Society.....	860-202-5308	Public Works.....	860-267-4747
Collector of Revenue.....	860-267-2300	Registrars.....	860-267-6720
Emergency Management.....	860-267-0088	Senior Center	860-267-4426
Finance Department	860-267-7548	Town Clerk	860-267-2519
Fire Marshal	860-267-0088	Town Manager.....	860-267-4468
Food Bank	860-365-5978	Water Pollution Control Authority	860-267-2536
Housing Authority	860-267-8498	Youth & Family/Social Services.....	860-267-9982
Human Resources	860-267-4468		



Automatic Fuel Delivery Price Protection Programs

AC Service & Installation

Pool Heater Service
& Installation

24/7 Emergency Service
Furnace/Boiler Service &
Installation

Kohler Generator Service
& Installation

Gas Fireplaces

Water Heaters

Service Plans

Customer Loyalty
& Referral Programs

Moodus, CT 06469

860-873-3876

www.dutchoil.com

Your local and family owned
and operated source.

HOB #310 & HOB #909 CT Contractor Lic. #51-303161

Department of Public Works

As the 2022 construction season winds down, winter preparation work for the Public Works Department is in full swing. Department staff have begun to prepare and calibrate winter maintenance equipment to ensure it is operational when needed throughout the winter season. In the upcoming weeks we will be wrapping up our construction projects and shifting to other work to prepare for the winter months including filling of potholes, gravel road maintenance, tree work and roadside ditch clearing. This winter season the Public Works Department has six new plow drivers added to our staff. We have spent a lot of time in training and preparing these new staff members for winter snow removal operations. That being said, it is imperative that these new drivers start their plowing experience with the Town slowly and cautiously. This may lead to some routes not being cleared quite as quickly as they have been in the past or snow being placed in new places where it hadn't been previously. It is also within the realm of possibly that a road might be unintentionally missed all together. The department thanks you in advance for your patience during this upcoming winter season and ask that should you encounter a situation



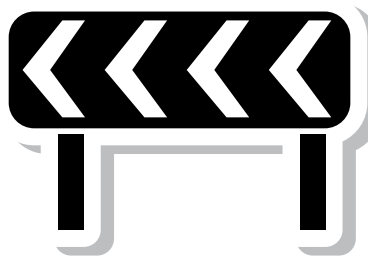
With winter knocking at our doorstep, the Public Works department would also like to ask all residents for their assistance in keeping all Town roads/rights-of-way clear of obstructions and vehicles during snow clearing operations.

with our snow removal operations that seems out of the ordinary that you please notify the Public Works Department so we can have the situation rectified as soon as possible.

This past construction season has been very busy and successful. Along with our normal road and fleet maintenance operations, the Public Works Department has completed some major construction/pavement projects. Edgerton Street, portions of Clark Hill Road, and Abbey Road were completely reconstructed. Pavement resurfacing projects were also conducted on Laurel Glen Drive, Melburn Avenue, Beechcrest Drive, and portions of Hills Avenue and Fair-

lawn Avenue. The Department also completed some other smaller drainage projects at Knowles Road, Shipyard Road, and Old Marlborough Road.

The Town Recycling Center is fully open and accepting normal recycling materials brush and leaves. The hours of the recycling center are Saturdays from 7:30 am to 3:00 pm.



With winter knocking at our doorstep, the Public Works department would also like to ask all residents for their assistance in keeping all Town roads/rights-of-way clear of obstructions and vehicles during snow clearing operations. Keeping these areas clear greatly speeds our efforts and enables the department to get roads clear for motorists as quickly as possible. Garbage and recycling carts/containers should

be kept behind the curb/edge of road, and alternate off-street parking locations should be utilized during snow removal operations. Additionally, residents should not deposit snow onto any Town road or property.

If there are questions, please call the Public Works Department, Monday through Friday, 8:00 am until 3:30 pm at 860-267- 4747.

FREE MARKET ANALYSIS OF YOUR HOME!

Alexis Devlin
Realtor, Broker

20+ Years
Experience in
the Local Real
Estate Market



860-214-9859

alexisdevlin@bhhsne.com



BERKSHIRE HATHAWAY
HomeServices

New England
Properties

Office of the Assessor

Elderly & Totally Disabled Tax Relief Program

Residents 65 years of age or totally disabled may be eligible for a tax credit on real estate; income guidelines apply and are adjusted each year. Applications will be available starting February 1, 2023 and must be filed on or before May 15, 2023. Per the State of Connecticut, there is a maximum income for a single taxpayer as well for a married couple set yearly.

Property Tax Exemptions for Blind or Totally Disabled Persons

Connecticut law provides for a \$3,000 assessment exemption for taxpayers who are legally blind.

Connecticut law also provides for a \$1,000 exemption for totally disabled persons who are receiving benefits under a federal, state or local retirement plan, which contains requirements comparable to those of the Social Security Administration.

Handicap Equipped Vehicles

In East Hampton, by municipal ordinance, privately used motor vehicles that have been retrofitted to accommodate a handicapped person may be fully exempted from property taxes.

Veterans

Low-income veterans or their widow(ers) may be eligible to receive an additional exemption per the State of Connecticut. Homeownership is not required. Additionally, a low-income veteran's exemption is available per local ordinance.

Additional exemption information can be found at <https://www.easthamptonct.gov/assessor/pages/tax-relief-programs>

Real Estate Change of Mailing Address

The Office of the Assessor is responsible for all Real Estate mailing addresses. Once a mailing address is updated in our office the change is updated in the Collector of Revenue's Office for tax and/or sewer billing. If you recently changed your mailing address, please visit our office or our Change of Address Form on the Assessor's page of our website at <https://www.easthamptonct.gov/assessor>

Additionally, give us a call just to confirm your mailing address. Quite often, tax bills are sent to mortgage companies. To receive additional mail from the Town an address update might be needed. This is especially true for Post Office box holders in the Middle Haddam and Cobalt sections of East Hampton.

Collector of Revenue

The Collector of Revenue would like to remind taxpayers that the second installment of real estate and personal property tax becomes due and payable on January 1, 2023 and is delinquent after February 1, 2023. There is not a second mailing, but you may print a duplicate bill by visiting www.easthamptonct.gov

Supplemental motor vehicle tax bills will be mailed in December for any vehicle registered after October 1, 2021 and before August 1, 2022. Supplemental motor vehicle tax bills become due on January 1, 2023 and are delinquent after February 1, 2023.

If you are looking to view or print your 2022 IRS payment records, please visit our website at www.easthamptonct.gov go to pay bills online, tax payments and choose IRS Payment Records for Year 2022.

Visit the Historic Middle Haddam Public Library

2 Knowles Road • Middle Haddam, CT
Hours: Monday 10am-2pm, Tuesday 3pm-6pm,
Thursday 10am-2pm, Friday 3pm-6pm
Come visit your second library in town!
www.middlehaddamlibrary.com

Yoga: with Erin Day of Ten Summit Yoga
Tuesday @7pm & every Saturday @9am . Cost: \$15.00
Please register @ tensummitst@gmail.com
Mahjong: Mondays @ 11:30 am — Open to all!
Nimble Knitters: Thursdays @ 1 pm — Open to all!



Historic Middle Haddam Library



@historicmiddlehaddamlibrary



WE HAVE SO MUCH TO OFFER!

East Hampton Ambulance Association

Falls are the leading cause of injury and death in adults sixty-five and over. In 2019, there were over 34,000 deaths from falls. And there were over three million emergency room visits for older adults with over 800,000 hospital admissions. Every 20 minutes, an older person dies from falls. Falls can result in traumatic brain injuries and broken hips which have long term consequences. Fall risk factors include lower body weakness, problems with walking or balance, poor footwear, home hazards such as broken or uneven steps and throw rugs. These factors can be minimized through some simple changes in your lifestyle.

- Ask your doctor about medications that may make you dizzy.
- Put railings on both sides of your stairs.
- Make sure your home has lots of light.
- Keep items you use often in cabinets you can reach easily without using a step stool.
- Use non-slip mats in the bathroom and on shower floors.
- Hardwood and laminate floors are beautiful, but they can contribute to falls. If you use throw rugs, make sure they have a no-skid bottom. For larger rugs, tape the edges down to reduce tripping. Get non-skid shoes or socks (like the ones in the hospital).
- There are many strength and balance exercises you can do to get stronger and improve your balance.
- When standing up from a sitting position, take a second to get your balance before moving.
- Bathrooms are especially dangerous. Slippery floors and lots of hard surfaces contribute to the fall risk.
- Add grab bars inside and outside your tub and next to your toilet.
- Move slowly when changing positions or getting in or out of the tub.
- With winter coming make sure your sidewalks and driveways are clear and dry. It helps you and it helps us get to you if we need to. (Information from the CDC website).
- Finally, a life alert pendant can summon help early before dehydration sets in and before you experience other problems that can occur when you are down for hours or days.



The East Hampton Ambulance Association is committed to keeping our citizens safe and well. Should you fall, call 911 as soon as you can. Lying on the floor waiting until you get your strength back, usually results in being unable to get up. If you are on the floor for several hours means that you will need to be transported to the ER. We will help you up and if you are not injured, you can stay home and avoid an ambulance ride.

And don't forget your File of Life. They are available at the East Hampton Senior Center.

We are always looking for new members to help our town. If you are an experienced EMT, you can become a member with no minimum number of hours. Contact us today at 860-267-9679.

East Hampton Volunteer Fuel & Food Bank

The East Hampton Volunteer Fuel & Food Bank is a 401 nonprofit - non denominational - all volunteer organization located at 43 West High Street, East Hampton, CT 06424 and the telephone number is 860-365-5978. Hours of operation are Monday and Thursday 9:00am to 12:00pm. We are not open on holidays or on school closings due to weather. All citizens of East Hampton (with proof of residency) can receive assistance with food and/or fuel. Food donations may be dropped off on Monday and Thursday from 9:00am to 12:00pm. Drop offs after hours may be placed in the food hamper on the back porch. Monetary donations are also greatly appreciated. These donations help to purchase items to supplement our food supplies and fuel assistance. Checks should be written payable to East Hampton Fuel & Food Bank and mailed to EH Fuel & Food Bank, 43 West High Street, East Hampton, CT 06424. All donors will receive written confirmation of donation for tax purposes.

EAST HAMPTON PARKS & RECREATION

MISSION STATEMENT: The East Hampton Parks and Recreation Department is committed to providing innovative program opportunities and well-maintained facilities that enrich the East Hampton community.

CONTACT INFORMATION

www.easthamptonct.gov

860-267-7300

Jeremy Hall: jhall@easthamptonct.gov

Shawn Mullen: smullen@easthamptonct.gov

Sheri Yorker: syorker@easthamptonct.gov

Mailing Address and Physical Location have changed. We are now located at the New Town Hall!

Parks and Recreation
1 Community Drive
East Hampton, CT 06424

Afternoon Adventures
After-School Program
860-367-5429
Memorial School location

YOUTH AND FAMILY SERVICES
860-267-9982

SEARS PARK FACILITIES: All rental request forms are available online at www.easthamptonct.gov.

PAVILION: Residents of East Hampton can rent the Pavilion for events for full or half-day rentals. The fees are \$75/half-day or \$125/full day. All reservations require a security deposit of \$125.

LION'S PICNIC SHELTER: Sears Park patrons may use this shelter when it is not reserved. Reservations are posted daily on the small kiosk next to the shelter with the specific reservations for that day. There is no cost to reserve the shelter; however, a completed reservation form is required.

GOVERNOR WILLIAM A. O'NEILL PERFORMING ARTS GAZEBO: The Gazebo can be used for small family-oriented performances and programs such as small

musical performances, magic shows, plays, variety groups, etc. Music concerts are restricted to acoustic, instrumental or small jazz venues. Weddings and other special celebrations will be considered. Venues are lawn seating. The gazebo will not be used for loud bands and or concerts. The fees are \$75 per day and a \$25 additional fee is added on if electrical or stage lighting is required. All reservations also require a \$125 security deposit.

REGISTRATION AND PROGRAM INFORMATION

Program enrollments are accepted online at www.easthamptonrec.com. Registration forms are available online at www.easthamptonrec.com or at the Parks and Recreation Office. All registrations must include payment. Payment is required at the time of registration. All registrations are taken on a first come, first serve basis. We accept MasterCard and Visa. Please make checks payable to East Hampton Parks and Recreation. Cash payments should be made in the office only. Please do not try to register or pay program instructors unless indicated.

Registration confirmations are available by e-mail if subscribed to on your main account page at www.easthamptonct.gov. No other confirmations are provided; however, if you have registered with us and paid, you will be on the final roster.

Program Refund Policy:

If you are unable to attend a program you have registered for, please contact us. You must contact us 7 days before a program starts to receive a 100% refund. Cancellations inside of 7 days will receive

continued on page 18

FREQUENTLY REQUESTED INFORMATION:

EAST HAMPTON LITTLE LEAGUE

- www.easthamptonlittleleague.sportssignup.com
- For boys and girls ages 6 - 18 (by July 31 of the current year)
- Registration takes place in January
- Practices for the season begin in late March
- Opening day is in April
- Fall season begins in September and is open for children ages 8 years and up

EAST HAMPTON TRAVEL BASEBALL
Tom Weyrauch – 860-881-7360

YOUTH FOOTBALL AND CHEERLEADING
www.ehyouthfootball.org
For boys and girls ages 7 - 14
email: info@ehyouthfootball.org

EAST HAMPTON SOCCER CLUB TOWN RECREATIONAL LEAGUE
www.easthamptonsoccerclub.org
For boys and girls pre K-8

Spring season is late March-June
Registration for spring takes place in January

Fall season is late August-October
Registration for fall takes place in June

TRAVEL SOCCER
www.easthamptonsoccerclub.org
For boys and girls ages 8 – 18
Email Soccer Club for tryout information

JOSEPH N. GOFF HOUSE
Contact: Dean Markham 860-918-4400

EPOCH ARTS
www.epocharts.org
email: info@epocharts.org
Contact: Elizabeth Namen
860-365-0337

a 50% refund or be issued an account credit for another activity. After the program starts no refunds will be issued. Our ability to refund money for trip cancellations depends on our contractual agreement with the travel companies.

In the event of inclement weather, all programs are cancelled if school is closed or has an early dismissal. Cancellation information is posted on WFSB Channel 3 Early Warning Network. Households who have subscribed to the online registration site's e-mail notifications will receive an e-mail regarding the cancellation.

Program times are subject to change based on enrollment numbers. Programs will be cancelled if the minimum enrollment number is not reached.

Applications for reduced-tuition scholarships are available at the Parks and Recreation Office and Youth and Family Services. All information is strictly confidential. This is an application process. Only programs run directly by East Hampton Parks and Recreation qualify.

A portion of your enrollment fee may be put into your Special Revenue Program account for the East Hampton Parks & Recreation Department to maintain or enhance this program or other programs. This fund is not associated with the General Fund of the Town of East Hampton

Programming

Programs are being added to the schedule as we have dates finalized. As they are finalized, they will be posted to www.easthamptonrec.com. We have many great offerings scheduled for the upcoming seasons. Check out our website for all programs.

STAFF

Jeremy Hall, Director
Shawn Mullen, Program Coordinator
Sheri Yorker, Office Assistant
Tucker Rozevink, Parks Maintainer I
Carter Gustine, Parks Maintainer I

ADVISORY BOARD MEMBERS

Deborah McKinney, Chairperson
Tim Adams
Daniel Roy
Jessica Rurka
Courtney HYTE
Kim Crabbe

Morning and Afternoon Adventures Before & After School Program

Afternoon Adventures meets at Memorial Elementary School before and after school each day from 7:00 am - 8:30 am and 3:00 pm - 6:00 pm. Students in grades K-5 may attend the program. Program attendance options are 2 days a week, 3 days a week, or 5 days a week. Registration is done on a monthly basis, either online or at the Parks and Recreation office. You must enroll for the whole month each month and pay in advance. There are a limited number of openings in this program.

Please send your child with a healthy snack each day. The children have time for play outside (weather permitting) every day or time in the gym. Everyone does homework or quiet reading; then they enjoy crafts, games, special guests and play with staff and their peers until pickup time. Care is provided on scheduled school half days from when school gets out until 6:00pm for no additional charge. A discount is offered if doing both before and after school.



Options are 2 days a week, 3 days a week or 5 days a week. When doing part time note the days of the week at checkout. Rates for the months are firm, there are no adjustments if your schedule does not align or you miss days of school.

Students from Center School are bussed to Memorial School in the afternoon, and from Memorial School to Center school in the morning.

Location: Memorial Elementary School.
Dates: First day of school to last day of school.
Times: 7:00 am-8:30 am and 3:00 pm-6:00 pm



If you are registering for both before and after care. Put the before care portion in your cart first, and the after-school portion will be discounted 10% at checkout. For pricing, please visit www.easthamptonrec.com or call the office at 860-267-7300. Registration for 2022-2023 school year opened July 11th.



East Hampton Volunteer Fire Department A Tale of Two Tankers

Charles Dickens' classic novel "A Tale of Two Cities" utilizes the French Revolution and its subsequent Reign of Terror as a backdrop to describe the devastating and lasting impact that uncontrollable events can have on personal lives. The work's often quoted opening lines "It was the best of times; it was the worst of times . . ." reminds the reader how quickly one's life can change as a result of external forces or tragic events.

While there may not be a direct connection between today's Fire Service and the French Revolution of the late 1700's, we know that fires can result in extensive damage to property, cause serious personal injury and potentially lead to loss of life - - all of which can immediately turn "the best of times" into "the worst of times" for those affected. One of the primary objectives of the Fire Service is to work to prevent a bad situation like a structure fire from turning into one of those "worst of times" for its constituency.



The most common method utilized for fire suppression is to douse a fire with water, and it often takes a lot of water to extinguish a blaze. In areas like East Hampton that lack fire hydrants, fire departments are required to bring a supply of water with them in tanker trucks when responding to fires. The tankers hook into the scene apparatus (an engine or aerial ladder) or dump into a portable drop tank to feed the apparatus pumps that push the water through various sized hoses and onto the fire. Several tankers are utilized in a series to keep water flowing onto the fire and will shuttle back and forth from various water sources to consistently resupply the scene apparatus. It is extremely critical to maintain that consistent flow without interruption until the fire is completely extinguished.

The East Hampton Volunteer Fire Department recently purchased two new tanker trucks to replace two older models that had well exceeded their useful service life. These twenty-plus year-old trucks had served the department well over time but their advanced age began to be reflected in increased down time, higher maintenance costs and the decreased availability of spare parts.

continued on page 20

RIVEREAST DENTAL GROUP



WE'RE HERE FOR YOUR SMILE!



**STATE-OF-THE-ART
DENTISTRY
IN A
COMFORTABLE
SMALL-TOWN
SETTING**

**Have a dental emergency?
Give us a call!**


Looking for Affordable Dental Coverage?
Rivereast Dental Group is nearby and now offers **affordable dental membership plans.** Give Us a Call!



**Right Across the Street
from the New Big Y!**

Douglas K. Doran, DMD
14 East Hampton Road, Marlborough, CT 06447
860.295.9536 www.rivereastdentalgroup.com






Moodus Reservoir
photo by Patty Solovei

For All Your Personal and Commercial Insurance Needs

Tim Csere
Managing Director
T: 860-598-3016
F: 860-767-0094
tim.csere@optisure.com

Paul Uricchio
Producer
T: 860-581-9057
F: 860-767-0094
paul.uricchio@optisure.com

46 Plains Road
Unit 31
PO Box 129
Essex, CT 06426
860-767-0084



**MATHER
& PITTS**
AN OPTISURE RISK PARTNER

www.matherandpitts.com



Matt Stark Lic.#6207 | Blair Carignan Lic.#6157

OFFERING COMPLETE SEPTIC & SEWER SERVICES:

- Septic Tank Cleaning
- Real Estate Inspections
- Septic Tank & System Installations
- Repairs & Maintenance
- Pipe Camera & Locating Services

860-598-9525
 Office@SepticWorksCT.com
 www.SepticWorksCT.com



General Rules for Heating Your Home

1. Select heating equipment that is rated by the manufacturer for the size space you intended to heat.
2. Have any installation done by a professional, if possible, and make sure all fuel-burning equipment is vented to the outside.
3. Keep your heating equipment and anything that can burn at least 3 feet apart.
4. Have your heating equipment inspected and cleaned every fall just before heating season.
5. Never use or store flammable or combustible liquids near or in rooms with heaters.
6. Make sure your heating equipment is allowed in your community.
7. Install carbon monoxide alarms in your home
8. Cooking appliances should not be used to heat a home

General Rules for Heating Your Home with Electricity

1. Keep your heating equipment and anything that can burn at least 3 feet apart
2. Plug power cords only into outlets with sufficient capacity and never into an extension cord.
3. Turn off heaters when you leave a room or go to bed.
4. Inspect for cracked or broken plugs or loose connections, and replace any before using.

General Rules for Portable Kerosene Heaters

1. Connecticut State Statutes states the Kerosene Heaters are prohibited in a place of human habitation.

General Rules for Heating Your Home with Wood or Pellets

1. Have installation done by a professional, if possible.
2. Make sure your heating equipment is allowed in your community.
3. Keep anything that can burn at least 3 feet way from your fireplace or wood stove.
4. Have your chimney, fireplace, or wood stove inspected and cleaned every fall just before heating season.
5. Burn only dry, well-seasoned wood that has been split, stacked, and allowed to dry for 12 months.
6. Have a sturdy screen on a fireplace, and allow ashes to cool before disposing of them in a metal container.
7. Install carbon monoxide alarms in your home.

If you have any questions, please do not hesitate to contact the East Hampton Fire Marshal. He can be reached at 860-267-0088 or via email at firemarshal@easthamptonct.gov

Volunteer Fire Dept... *continued from page 19*

The new tankers were put into service with the EHVFD in the spring and have proven to be valuable additions to the department's fleet. They provide enhanced pumping capability (Tanker 1-12 has a rated pump capability of 1250 gallons per minute / Tanker 3-12 is rated at 1000gpm) and represent a significant increase over their 500gpm predecessors. Each new tanker carries over 2100 gallons of water, is mounted on a Freightliner chassis for ease of maintenance, and was built in a single-axel configuration for enhanced maneuverability through the tight quarters typical of the neighborhoods surrounding Lake Pocotopaug.

Fire Chief Greg Voelker, the spearhead behind the acquisition of the new tankers, stated that the new tankers are a vast improvement over the trucks they replaced. "It sounds simple, but we cannot fight fires without an adequate water supply, and the older tankers were spending a lot of time in the maintenance shops, increasing the risk of potential failure. These new tankers are not just replacements; they are game-changers that allow us to be much more flexible and creative in our approach to fire fighting. When combined with our three-year-old Tanker 2-12 in Cobalt, our department now has the capacity and capability to immediately and dependably transport over 6500 gallons of water to any fire scene. Getting to an incident quickly and with the right resources in the right quantity is absolutely critical to our success and helps us prevent what may begin as a minor problem from becoming someone's worst nightmare." Their own personal "worst of times..."



As a local prevention Council, the East Hampton Prevention Partnership is dedicated to reducing substance abuse among young people. Our mission is to foster a culture that values the well-being of East Hampton's youth. We strive to instill self-acceptance, self-confidence, and goal setting to promote healthy choices. In collaboration with community stakeholders, we offer educational programs and outreach initiatives.

The East Hampton Prevention Partnership continues to look for new high school students to join the Bring Change to Mind youth committee during the 2022-2023 school year and beyond. Students involved will run peer-to-peer campaigns to promote healthy lifestyles and mental health among their classmates. We are also looking for more members of the community to participate in our monthly Prevention meetings that take place on the third Tuesday of every month. Members have an opportunity to help our mission of reducing substance abuse among young people. Please call or email the Prevention Coordinator, Courtney Widrick at 860-267-4468 Ext. 3227 or cwidrick@easthamptonct.gov to get more information if you'd like to participate.

Police Department

Some of you may have noticed that one of the police vehicles has pink colored graphics. This was done for Breast Cancer Awareness month. The goal was to raise awareness and show support, while also remembering those who have lost their lives to this disease. Breast cancer is the second most common cancer in women and is responsible for tens of thousands of deaths every year.

East Hampton Police Officer Brandy Lenois is a breast cancer survivor and is one of the officers assigned to drive the car. The graphics were so successful they will be left on the car until the vehicle is eventually replaced. The hope is that women will see the car and it will remind them to make an appointment with their doctor to get tested for breast cancer.



As the colder weather approaches, so does the possibility of snow and ice on our roadways. Please allow extra driving time during inclement weather and allow extra space between the car in front of you as your stopping distance is increased when the roads are covered with snow and ice. Please don't forget to clear ALL the snow off your car, including the roof, as motorist can receive a fine for failure to clean the snow off their vehicles. Snow flying off a vehicle can cause damage to other vehicles following behind.

The members of the East Hampton Police Department want to wish everyone a safe and joyous holiday season.

Got Scrap & Junk Cars?

Belltown Recycling

Call for Pricing & Pick-Up
Inhouse Dumpsters Available

Your Best Source for New & Aftermarket Body & Mechanical Parts



With Thousands of Parts in Stock! Tires, Batteries, w/6-Month Free Replacement, Starters, Alternators, Engines, Transmissions & Body Parts
OPEN Monday - Friday 8 am - 4:30 pm; Saturday 8 am - noon

**Call for Prices Today:
860-267-7140**

www.belltownrecycling.com
Tony Flannery & Family - Owner
24 Old Coach Road
East Hampton, CT 06424



WMRD
105.3 - FM
1150 - AM
Middletown - Hartford

WLIS
97.3 - FM
1420 - AM
Old Saybrook - New London

**We are
The Best of the Valley & Shoreline!!**

*News, Weather, Sports, Traffic, Music, Talk
and Opinion, from around the Corner
and around the World!!*

We've Got Personality!!!

www.wliswmrd.net

East Hampton Social Services

***ENERGY ASSISTANCE:** Please contact Christine at (860) 267-4468 ext. 3208 to coordinate your 2022/2023 winter energy assistance application to apply for this program. The application process is being conducted mainly over the phone, however you can contact Christine to coordinate a day/time to drop off your required documents. We are not able to accommodate walk-ins for this program, so please call ahead of time. Processing by CRT may take up to 45 business days, so please factor that in when planning. This program is to assist with your primary heating source. Please call 860-267-4468, ext. 3208 or email (cwiesner@easthamptonct.gov) to acquire the list of required documents needed to determine your eligibility. If you are leaving a voicemail, please include your contact info., along with your email address. Do not wait until you are out of fuel! In the event you are approved for energy assistance, and are in need of a delivery, you must request your delivery 5-7 business days before you will be in need of the fuel. This ensures enough time for the request to get to your approved vendor and for them to deliver to your home in a timely manner. If you heat primarily with electric heat, and are approved, a credit in the amount you were approved for will be sent directly to Eversource on your behalf. It is important to allow ample time for approval. There are instances where CRT will require additional documents before approval, so you want to allow time for that as well. If you fall within the income guidelines and are eligible, the importance of applying for this program cannot be stressed enough.

***East Hampton Social Services** continues to assist residents with applications and renewals for DSS services. If you are in need of assistance with either, please call us to discuss. Most of these we can help with remotely.

***Eversource:** If you are struggling to keep up with your electric bill, contact us and we can help to find what options may be available to your household. Even if electric is not your primary heating source, you may qualify for winter protection or medical protection. Please call us to discuss.

***Affordable Connectivity Program:** Please check online to determine if your household qualifies for a discount on your internet service. The specifics and details can be found online at www.fcc.gov/acp

***Residents** who are struggling financially, short-term, or long-term are encouraged to contact Social Services to discuss resources and options that may be available. We recommend residents contact us as soon as they feel a need. All information disclosed and discussed is handled with confidentiality.

***HOLIDAY GIVING:** The season of giving is upon us! Contact Christine at 860-267-4468, ext. 3208 or cwiesner@easthamptonct.gov if you are interested in finding out how you may be able to help families in our community or if you would like to be considered as a recipient. We are always looking for families who can “adopt” local residents/families for the holidays. To ensure enough time for donors to shop and for us to deliver to recipients, please contact Christine starting in September. There is a lot of planning and coordinating that goes into the pairing up of donors and recipients, so the earlier the better! The program is all carried out anonymously for the privacy of all parties. We will accept families looking to sponsor or be recipients up until Friday, December 9th.

From the desk of State Representative Irene Haines

Focusing on Manufacturing and Infrastructure

This September, I had the pleasure of bringing Connecticut's Chief Manufacturing Officer Paul Lavoie on a tour of manufacturers in the towns I serve, including Bevin Brothers Manufacturing and Dickinson Brand's American Distilling here in East Hampton. While much of the state's attention

is focused on larger companies, most manufacturers in Connecticut are smaller business operating smaller shops.



L-R, Ben Favreau, Irene Haines, Paul Lavoie

We started our manufacturing tour at Bevin Brothers, where Production Supervisor Ben Favreau walked us through bell making and their growing gas cylinder business. We discussed challenges facing many producers in our state such as the increasing cost of materials, supply chain disruptions, and energy costs.

Up the road at American Distilling, we were shown around by Dickinson Brands President Bryan Jackowitz. He explained the long history of witch hazel production in Connecticut and his family's efforts over the last several decades to grow the business and create a thriving market for their products. We also talked about workforce development initiatives and various state incentive programs to assist manufacturers with capital improvements such as the Manufacturing Innovation Fund.

These two iconic East Hampton businesses perfectly illustrate the deep-rooted history of manufacturing in our state and the incredible diversity of products we made in Connecticut. I have found listening to employers and learning firsthand about their interactions with state agencies beneficial when considering legislation at the Capitol.

I also wanted to highlight recent state funding approved this summer for East Hampton's infrastructure. In late July, the State Bond Commission approved a request from the Department of Energy and Environmental Protection to provide \$1,500,000 grant-in-aid to the town for the centralized water system. In September, East Hampton was awarded \$500,000 (matched by \$125,000 from the town) for sidewalks and streetscape improvements for the Village Center through the Small Town Economic Assistance Program. Town leaders deserve credit for pursuing these funds and the long-term planning that goes in to making these projects a success.



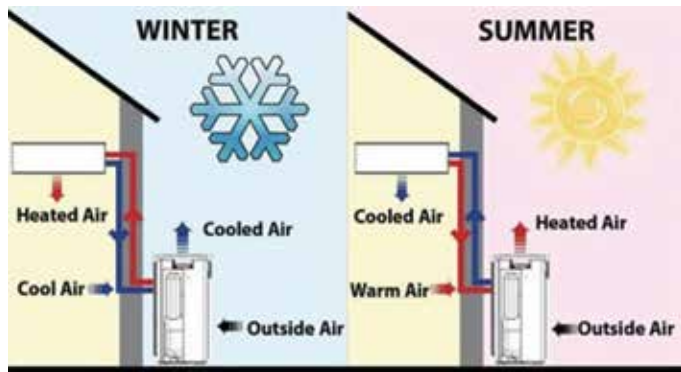
Heat Pumps 101 and Why We're All Installing Mini-Splits

Maybe it was at your neighbor, Joe's. Or your cousin, Kelly's condo. Possibly the pizza shop you frequent on a Friday night. Wherever the location, you've probably come across those rectangular units hanging on a wall and, hopefully, providing you a nice blast of cold air on one of those steamy hot days we all experienced this summer. Those units, commonly known as mini-splits, are an example of the most energy-efficient heating and cooling equipment available: heat pumps.

Over the past ten years, tens of thousands of Connecticut homes and businesses have installed heat pumps because they provide highly efficient heating, cooling, and dehumidification in a single unit.

WHAT'S A HEAT PUMP?

A heat pump is a high efficiency system that provides both heating and cooling by moving heat from the exterior inside, or vice versa. Heat pumps consist of an outdoor unit connected to one or more indoor units by piping, which carries heat between the two. A heat pump can replace both the heating system (your boiler or furnace) AND the cooling system (central air or window units) in a home or building.



HOW DOES A HEAT PUMP WORK?

There are two main types of heat pumps available: air source heat pumps and ground source (or geothermal) heat pumps. Both air and ground source heat pumps provide efficient heating by pulling heat

inside your home or business from either the outside air or ground. In the summer, these systems operate in reverse, using the same kind of system as your refrigerator or window AC to keep you cool. Heat pumps can be installed to utilize your existing ductwork or you can choose to install ductless units, commonly known as mini-splits.

WHY IS EVERYONE TALKING ABOUT HEAT PUMPS?

Heat pumps are the most energy-efficient heating and cooling system available in New England. Because these systems move – rather than create – heat, they can be up to 400% efficient. This means that for every one unit of energy used to power a heat pump, up to four units of heat energy are supplied. If you're currently heating with oil, propane, or electric resistance baseboards, this kind of energy savings can lead to saving money on your energy bills.

Heat pumps can also help you reduce your home or business' carbon emissions and dependence on fossil fuels. Because a heat pump is an electrical system, it does not directly produce emissions when operating. As New England's electricity generation mix gets cleaner, heat pumps have the potential to produce zero emissions.

While any time is the right time to install a heat pump, many customers upgrade to heat pumps when:

- A furnace, boiler, or central air conditioner is nearing the end of its life and will need to be replaced soon
- A home has been recently purchased or is ready to be sold
- Weatherization upgrades have been completed

I'M READY FOR A HEAT PUMP!

Great! There are some significant rebates and incentives available to offset installation cost through Eversource, your local Energize ConnecticutSM Sponsor.

To get started, we recommend these steps:

- 1. Review** the resources available at eversource.com/home-savings
- 2. Contact** a contractor participating in the Energize CT Heat Pump Installer Network
- 3. Consider** your financing options and secure a loan
- 4. Complete** your installation and take advantage of incentives

If you need help at any point, you can schedule a heat pump consultation with a technical specialist. Scan the QR code, at right, to learn more about this solution and the funding available to make it happen.



EVERSOURCE
Eversource is Proud Sponsor Of
energize **CT**SM
CONNECTICUT

PAID FOR BY EVERSOURCE



PRSR STD
 US Postage
 PAID
 Permit 155
 Deep River, CT

EAST HAMPTON EVENTS
 East Hampton Town Hall
 1 Community Drive
 East Hampton, CT 06424

RESIDENTIAL CUSTOMER ONLY

SOME THINGS NEVER CHANGE...



Since 1986

Shagbark

ALL YOU NEED, LUMBER, FARM & FEED
 1 MT PARNASSUS RD E. HADDAM CT 06423 860-873-1946