

East Hampton

events

VOLUME 8 • QUARTER 3 • 2023



DELIVERING TOWN NEWS

TO EVERYONE IN TOWN

Did You Know...

DIABETICS: The best way to monitor your body's diabetic status is to look at the back of your eye. Health plans require it annually. We have the highest resolution imaging system available to look at your retina for early signs of diabetic changes. The eye is the only part of the body where we can see actual arteries, veins and nerve tissue under normal conditions without opening you up. And it's painless. Control diabetes by monitoring your eyes for diabetic changes once a year.

INSOMNIA SUFFERERS: If it's hard for you to get to sleep or stay asleep, there are now eyeglass lenses that block the wavelengths of light that have been shown to interfere with going to sleep and staying asleep. Wearing these lenses for at least 2 hours before bed helps the brain prepare to release natural sleep hormones to help you easily fall asleep and stay asleep. Studies at Tulane University have identified the offending wavelengths of light, so special filtering lenses can eliminate them. They are similar to the "Blue Blocking" lenses that have helped so many computer users eliminate eyestrain and fatigue.

FLOATER SUFFERERS: Floaters are those annoying, shadowy spots that many people see in their vision that move away whenever you look at them. Most people have them. Some are annoying; some really interfere with vision. A study from Ireland concluded that almost 70% of participants who took a new once-a-day supplement reported a reduction or elimination of floaters after 6 months of use. We recommend taking the supplement for 6 months to help reduce the annoying floaters. We stock the supplement in our office.

MIGRAINE SUFFERERS: There are new therapeutic eyeglass lenses available that can help stop a migraine before it starts or help it fade away faster. Based on a study from Harvard University, these lenses absorb wavelengths (colors) of light that aggravate migraines and transmit the ones that don't. If you experience severe light sensitivity during a migraine, these lenses may be as or more effective than medications. We have demo lenses in our office to try for a week.

BOATERS: Have you ever watched a pair of sunglasses go overboard and sink out of sight to the bottom of the lake or ocean? We now have sunglasses that FLOAT! With polarized lenses from 3M, these wraparound sunglasses can't sink. You still have to fish them out of the water though. We also carry floating eyeglass cords that will help keep your sunglasses near the surface.

LIGHT SENSITIVITY SUFFERERS: Summertime means more sun and brighter sun. There are new generations of Transitions lenses that get darker outdoors (and even in cars). The ultraviolet wavelengths in sunlight power the lenses to darken in seconds! And when you go inside, they completely lighten up in a couple minutes. 'TIS THE SEASON for sunglasses and Transitions lenses.

HEADACHE, VERTIGO, DOUBLE VISION and CAR SICKNESS SUFFERERS: Calibrating your vision so that the vision is crystal clear at all distances AND that your eyes are precisely aiming exactly where they are supposed to aim helps most of these problems go away. It's what we do every day with eyeglasses and contact lenses.

Designer Eyeglasses • Incredibly Comfortable Contact Lenses • Sunglasses

Everyone should have an annual eye exam. Call now to schedule yours.

Jeffrey M. Palmer, OD  **Martin L. Hellman, OD, FAAO**

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Town Manager's Corner

Fall is right around the corner. I suspect many of us are ready for the hot and rainy weather to end in favor of cooler days that call us outside. Despite the heat and rain, we had another great summer in East Hampton with a successful Old Home Days celebrating the 100th anniversary of the Fire Department and the naming of



Bevin Park, the Goff House Summer Concert Series in the Village Center Gazebo, Village Center Strolls, outdoor dining and music at many of our restaurants and other venues, boating and swimming

at Lake Pocotopaug, and countless other activities capped off with the End of Summer Fireworks sponsored by the East Hampton Volunteer Fire Department. As we look to the fall and cooler weather, activity in Town continues.

This Events magazine is full of information and ideas for everyone. From activities at the Senior Center celebrating September's Senior Center Month to the Recreation Department's annual Trunk or

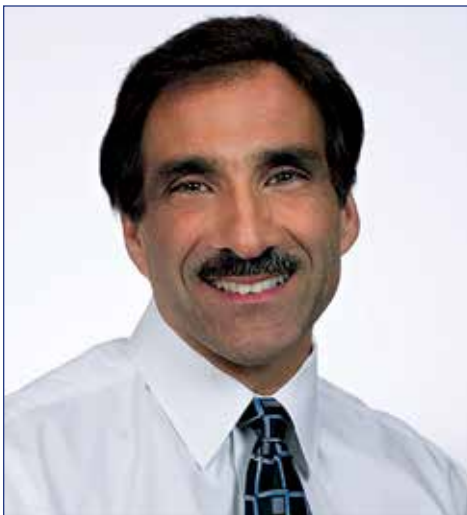
Treat Halloween event in October and all the great activities in between, there's lots to do in East Hampton. Our Library has great programs for adults, teens and children that range from books, puzzles and games to crafts and science experiments. New this year is the Library's Library of Things, which is a collection of non-traditional items that may be borrowed including a tent and other camping equipment, a telescope for star gazing, a balloon arch and lawn games for party needs along with many other items. Check out the ever-growing list on the Library's website or at the Library.



David E. Cox
Town Manager

I hope you enjoy this edition of East Hampton Events magazine with its updates on what the community has been doing and what it will be doing in the upcoming months. We continue to hope the magazine is a great resource for its readers. As always, I encourage everyone to support our local businesses and especially those that sponsor this publication. The Town regularly publishes a local business guide that is available in the Town Hall and at various locations around Town. I invite readers to pick one up.

Enjoy the rest of summer and have a terrific fall!



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Centerbrook, CT 06409
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PUBLISHER
 William E. McMinn

LAYOUT & AD DESIGN
 Lynne Hardt

SALES REPRESENTATIVES

ESSEX • WESTBROOK
CLINTON • MADISON
 Ward Feirer 914-806-5500
wfeirer@gmail.com

OLD SAYBROOK
OLD LYME • EAST LYME
 Betty Martelle 860-333-7117
betty@eventsmagazines.com

CHESTER • EAST HADDAM
EAST HAMPTON • HADDAM
 Dana Beaupre 860-202-8344
dana@eventsmagazines.com

GUILFORD • LEDYARD
 Contact Essex Printing 860-767-9087
print@essexprinting.com

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Chatham Historical Society Events

SEPTEMBER

Saturday, September 9

7:00 pm - 8:30 pm

“Square Dance”, Bay Point Lodge, 24 Spellman Point Rd., East Hampton call Don Burr for information 860-267-2974

Saturday, September 30

10:00 am

“Biennial Historic House Tour” call Debbie Day for ticket information @ 860-267-4732

OCTOBER

Saturday, October 7

12:00 pm – 3:00 pm

“CHS Fall History Festival”, CHS Museum Grounds, 6 Bevin Blvd., East Hampton, CT, “Celebrate 60th Anniversary of CHS and 90th Anniversary of the Civilian Conservation Corps & the Salmon River & Cobalt CCC Camps”

NOVEMBER

Sunday, November 12

1 pm

Explore East Hampton History Walk, “Cobalt Mine & CCC Camp.” Contact Marty Podskoch for information.



Kristy and Kira Roloff and other hikers coming out of the Cobalt mine after exploring the cave. *Podskoch*



Author & historian Marty Podskoch leading a group exploring the old Cobalt Civilian Conservation Corps camp near Gadpouch Rd. in Cobalt. *Roloff*

Parks & Rec Fall Fun

East Hampton Parks & Recreation

BUILD A STUFFED ANIMAL

October 2nd
3:30-4:30pm
K-3
Memorial School

\$25

THANKSGIVING COOKIE DECORATING

NOVEMBER 13TH
3:30-4:30PM K-3
MEMORIAL SCHOOL

\$25

EAST HAMPTON PARKS AND RECREATION

AFTER SCHOOL BINGO

September 11th
3:30-4:30pm K-3

5		18	17	88
23	6	24		36
40	21		9	
	37	55	19	74
4		64		31

\$20

The East Hampton Clean Energy Task Force Conducts Two Annual Clean Energy Events

The Task Force will hold its Clean Energy Fair this fall (date to be announced). In the spring the Electric Car Show completes the clean energy schedule.

David Price, Director of the Clean Energy Fair, urges residents to prepare now for the upcoming heating season. "Although we have seen some relief recently in the peak electrical rates and fuel costs, a variety of programs and new technologies can mean saving on energy costs and reducing atmospheric CO2," said Price.

The Fair is an opportunity to talk with local businesses and organizations that offer products and services that can save you money now and for years to come. Interested businesses should contact the East Hampton Clean Energy Task Force at ehctf@gmail.com.



East Hampton residents talk with numerous energy companies at last year's Clean Energy Fair. Photo by Roz Kaplan



Visitors make the rounds at last spring's Electric Car Show.

The Task Force completed its fifth Annual Electric Car Show this past June. Each year, EV and hybrid owners and dealerships gather to answer questions about electric transportation and showcase the latest model options. This show is the perfect opportunity to learn about vehicle charging, vehicle range, servicing, costs and savings.

Nico Guerrero, Director of the Electric Car Show explained the strategy behind these two events and their timing. "Heating, Cooling and Transportation are the three pillars of energy consumption, and they are becoming more expensive. Fall is the perfect time to be preparing for the heating season and planning for the next cooling season." He added: "Spring is perfect for considering electric vehicle options as the driving season is just getting underway".

The East Hampton High School, located at 15 Maple Street, has been the location for both events. Look for more announcements about the Fall Clean Energy Fair.



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East Hampton Senior Center

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Email: seniorcenter@easthamptonct.gov

Hours: Monday-Thursday 8:30 am to 4:00 pm
Friday 9:00 am to 4:00 pm



facebook.com/easthamptonseniorcenterct

September is National Senior Center month. There is a lot to celebrate! The theme is 'Discover Yours.' Come down to check out the services and programs offered at the Senior Center. You may be surprised at the variety of programming offered, from cards to mystery trips to quilting to travelling to exciting places in New England and beyond. We also are planning lunch and learns and special presentations. Come check us out and bring a friend! The Center is a friendly place to make new friends and perhaps reunite with others.

WEEKLY EVENTS

Mexican Train: Mondays at 9:30 am

A fast-paced dominoes game involving chains and trains and stations. It is a fun, and easy to learn. Walk-ins welcome. Pre-registration not required. Free

Quilting: Mondays at 9:00 am

New members welcome. Bring your own project or work on a collaborative community service project.

BINGO: Tuesdays at 1:00 pm

A wide variety of games are offered. Pre-registration not required. Cost: Up to \$3.00 depending on how many cards played.

Bible Discussion Group: Tuesdays at 1:00 pm

Non-denominational group meets to share their ideas of identified scripture. New members always welcome.

Cross Stitch Embroidery class re-starting in September! Wednesdays at 1:30 pm

Learn basic counted cross stitch. Class size is limited, pre-registration required. One-time \$5.00 supply fee due at sign-up. Registration a must!

Wednesday Writer's Workshop with Elizabeth, virtual and in-person every other Wednesday at 9:30 am OR Writer's Work-



Ice Cream Social

shop with Elizabeth, virtual and in-person every Thursday at 10:30 am

Open Art Studio: Wednesdays from 10:00 am to 1:00 pm

Artists bring their own projects/supplies and critique each other's work, if asked, to help through the process. It is a quiet well-lit environment to work on your individual project.

Yoga: via Zoom and In-person at the Senior Center Wednesdays, at 1:00 pm

This yoga class stretches your mind, body and soul. Call the Center for more information. \$20.00 fee for 10-week session. Next session will start September 20th. Class size is limited.

Setback: Mondays at 1:00 pm & Thursdays at 1:00 pm, no partners needed. Please register ahead of time. Games start promptly at 1:00pm.

Textile Group: Fridays at 1:00 pm. Don't let the title throw you! Our knitters and crocheters bring in their projects and socialize while they create. They are a great resource for each other when you get 'stuck!' New members welcome!

Mahjongg: Fridays 10:00 am. This group challenges each other with this strategy making game. Stop by and check it out!

Cribbage Games: Fridays at 9:30 am. Join

the gang for a friendly early morning game.

The East Hampton/CRT Community Café is open on Monday through Friday. Lunch is served at 12:00 noon. You can reserve your seat, on-line, on MyActiveCenter.com or call the Center. Please call before 11:00am for more information at 860-267-4426 ext. 230. A registration form must be completed prior to signing up for your meal and a \$3.00 donation is requested.

Wonderfully Wicked Women (WWW) meet the first and third Mondays of the month at 10:00 am. A time to make friends and share memories and learn a little on the way! This ever-evolving group is open to new members at each meeting. September 18, October 2, 16, November 6, 20 at 10:00 am.

Mighty Magnificent Men (MMM) will be meeting twice a month now. Mondays - September 11, 25, October 23, November 13, 27 at 10:30 am. The men gather to talk the talk! New members welcome.

MONTHLY EVENTS

Family History will reconvene in September, the third Friday of the month at 10:30am. September 15, October 20, November 17. Mr. Ken Doney will help you with your research of your family lineage. He will have monthly presentations and one

continued on page 16

ALL AGES PROGRAMS
Monday Movie Madness

Join us in the Library Community Room for a family movie night, picnic-style! Bring blankets and get comfy (some chairs will be available).

Monday, September 18 at 6:00 pm A Dog's Way Home

Monday, October 30 at 6:00 pm Frankenweenie

CHILDREN'S PROGRAMS
Early Literacy Programs

Drop-ins and siblings always welcome. See our website's calendar of events for full list of dates.

Mindful Movements: Ages 18 months-5 years

Most Mondays at 10:30 am in the Library Community Room

An early literacy program for children and caregivers.

Baby Rhyme Time: Ages 0-18 months

Most Thursdays at 10:15 am in the Library Community Room

An early literacy program for children ages 0-18 months and their caregivers.

Toddler Time: Ages 18 months-3 years

Most Wednesdays at 10:15 am in the Library Community Room

A storytime just for toddlers that includes music, movement, a short book, and lots of free play!

Stories and Songs: Ages 3-5 years

Most Wednesdays at 11:15 am in the Library Community Room

This program includes longer stories and a simple craft or activity and is a great way to interact with other families in the community.

Family Storytime: Ages 3-5 years

Select Saturdays from 10:30-11:30 am

September 23, October 14, November 4

We will sing songs, read books, and families can stick around for a craft, sensory play, and socializing.

Halloween Happening: Ages 0-5

Monday, October 30 at 10:30 am at the Library

Join us to share some Halloween-themed stories, songs, and crafts. Costumes welcome!

School-Age Programs

Registration is required for some of these events and is available on our website.

Back to School Yoga: Grades 1-5

Monday, September 11 from 4:30-5:30 pm

Get back into the school year groove with an hour of yoga poses and meditation. Registration required.

STEMtastic: Grades 1-5

Select Mondays from 4:30-5:30 pm

Learn science and math skills through fun hands-on activities! Registration required.

September 25 – Getting Creative with Circuits

October 2 – Erosion in Action

October 16 – STEM Minute to Win It!

October 23 – Halloween Science

Kids Comic Creators: Grades 2-5

Select Wednesdays from 4:30-5:30 pm

September 27, October 25

Each month kids will explore a different early reader graphic novel series. More details and monthly themes available on our website. Registration required.

DIY Days: Grades K-8

Select Saturdays from 11:00 am-4:00 pm

Children and families in grades K-8 are invited to create a different toy, game, or treat together.

No registration required, just drop in!

September 9 – Roly Poly Toy

September 30 – Glitter Bouncy Balls

October 21 – Homemade Stamps

November 11 – Puff Paint

December 2 – Marbled Greeting Cards

Kids Cook – Apple Pie Cups: Grades K-3

Monday, November 13 from 4:30-5:30 pm

Join us for a Thanksgiving-themed story and to make a delicious no-bake apple pie cup. Registration required.

Nintendo Switch Game Play: Grades 1-5

Select Saturdays from 2:00-3:30 pm

September 16, November 18

A Nintendo Switch game tournament for elementary school-aged kids! All skill levels welcome. Registration required.

CHILDREN'S TAKE-HOME PROGRAMS
Take and Makes

Each month the library debuts two take home activity kits for children, one for ages 3-5 and one for school age children, with all of the supplies needed to make a fun craft! Registration required.

MIDDLE GRADE PROGRAMS

Registration is required for teen programs unless otherwise noted.

HallowTween! Grades 4-8

Saturday, October 28 at 2:00 pm

Take your costume out for a pre-Halloween spin at our HallowTween party!

TEEN PROGRAMS

Registration is required for teen programs unless otherwise noted.

Dungeons & Dragons: Grades 8-12

Select Wednesdays from 5:30 - 7:30 pm

September 20, October 4, 11, November 1, 15

Join us for an exciting journey into the world of Dungeons & Dragons! No previous playing experience required. We will provide basic, fifth edition characters; all supplies included.

Nintendo Switch Game Play: Grades 6-12

Saturdays, September 30, October 21, November 11 from 2:00-3:30 pm

Come on down to play with friends and discover new games. All skill levels welcome.

Teen Advisory Boards: Grades 6-12

Tweens and teens from grade 6-12 are invited to join our Teen Advisory Boards. Have a say in programming, collection development and more! The TAB groups meet monthly and always welcome new members. Interested in joining and making a difference at the Library and in your community? Contact Teen Librarian Keri Blanda for meeting times and details! And bring friends!

Cardboard Arcade! Grades 6-12

Design & Planning: Tuesday, October 3 from 4:30-5:30 pm

Build Day: Friday, October 6 from 10:00 am to 2 pm

Arcade Open Play: Saturday, October 7 from 10:00 am-4:30 pm

Using cardboard and other recyclable items, teens in grades 6-12 will design, construct, and test their creativity by building arcade games!

Reading Merit Badge

Tuesday, October 10 at 5:30 pm

All local Scouts are welcome to come to the library and work on the requirements for Reading Merit Badge! Learn to search the catalog, locate items, discover new genres, and find out how the Library serves your community.

Bored? Games! Grades 6-12

Tuesday, November 7 from 1:00 pm-3:00 pm

Spend your day off from school in the Library Community Room with friends, enjoying a variety of board games. There will be snacks and prizes!

Teen Movie Matinee: Age 13+

Wednesday, November 15 at 2:00 pm

Hey, hey, it's a short day (of school), come to our afternoon movie matinee! Plop into one of

our beanless bag chairs and enjoy a movie and popcorn in the Library Community Room.

Teen Take & Make: Grades 6-12

Inside your kit you'll find instructions and supplies to make a fun art or craft project. Registration opens on the first of the month, pickup follows on the second Tuesday of the month.

ADULT PROGRAMS

Registration is required for adult programs unless otherwise noted.

Cookbook Club

First Tuesday of every month at 6:30 pm

Try new recipes and chat about our culinary adventures! Each month has a theme. Bring a prepared dish and 12 copies of the recipe to share.

Quilt, Craft, Create, oh my!

Most Thursdays from Noon to 3:00 pm

Drop into the Library Community Room with your current craft project and enjoy the company of other creative community members. Optionally, bring your own brown-bag lunch. The Library will have some craft supplies (crochet hooks, yarn stash, glue guns, scissors, etc.) on hand.

LibrarYoga with Amie Meacham

Saturday, September 16 at 10:15 am; Tuesday, October 10 at 6:30 pm; Saturday, November 18 at 10:15 am

Yoga 200 Certified instructor Amie Meacham leads an hour of gentle yoga for adults in the Community Room. All levels welcome.

Hello, Dahlia!

Tuesday, September 26 at 6:00 pm

An opportunity to create a beautiful flower arrangement with interesting and unique items from your own yard. Bring your own vase or unique container along with your natural treasures and we'll provide additional materials and instruction. Space is limited.

Music in the Library: Celtic Halloween with Ringrose & Freeman

Tuesday, October 24 at 6:00 pm

Many Halloween customs and traditions actually derive from the old Celtic sacred festival of Samhain (pronounced "sow-in"), which was celebrated October 31-November 1 and marked the end of the growing season and the onset of the winter months. Ringrose & Freeman tell the stories behind these traditions with a mix of stories, singing, and some upbeat instrumental tunes with fiddle and guitar.

continued on page 10

Helping Our Community Thrive...



Through support for local nonprofits who make our towns a little better every day ...

Through partnerships with businesses who want to make a difference ...

Through volunteers who reach out and give a hand up ...

Through community members who put their hearts and dollars to work for a better today, and brighter tomorrow for all.

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East Hampton Lions Club

Food Share Dates

The East Hampton Lions are scheduled to host Food Share on the following dates at St. Patrick's Church Parking lot between 9 am- 9:30 am.

Thursday – Sept. 14th & 28th

Thursday – Oct. 12th & 26.

November 9th (due to the Thanksgiving holiday there is only one date in November.)

Everyone is welcome to attend. There are no income requirements. If you have any questions please feel free to contact Lion Mary Krogh at 860-977-5760.

East Hampton Lions are collecting medical equipment.

Do you have a wheelchair, walker, portable potty or hospital bed in good condition that you no longer need? The East Hampton Lions will take it off your hands and donate it to someone else that needs it. If you know someone in need of this equipment, please call Lion Mary at 860-977-5760 and if we

have one we will gladly donate it to them with the understanding when you no longer need it if it is still in good condition you will return it to us.

East Hampton Lions Searching for the Humanitarian of the Year

It's that time of year when the East Hampton Lions are searching for nominations for their humanitarian of the year. If you know of a person that deserves to be recognized please write a ONE PAGE letter and mail it to the Lions at their Post Office Box 153, East Hampton, CT 06424.

The requirements are:

- They cannot be a Lion or have been a Lion in the past 5 years.
- They must either reside in East Hampton or perform the humanitarian service in East Hampton.
- They cannot be a previous East Hampton Lion Humanitarian of the Year.
- Be available to attend a banquet on Sunday, January 21, 2024

Letters must be submitted by November 1, 2023.

The East Hampton Lions

Humanitarian committee will review the letters to determine if they meet the requirements and present it to the entire club for a vote. The humanitarian and the editor of the letter will be notified by January 1st.

Their prior humanitarians are Charlie Nichols, Sandy Fries, Jo Ann Ewing, Nelson Gustine, Red McKinney, Kate Morris, Michele Gustine, Gail Hamm, Ann McLaughlin, Dr. Laurence Levy, Dave Shulman, John Robida, John Tuttle, Irene Kuck, Alan Hurst, Roy Hallberg, Kevin Reich, Thomas Donnelly and Robert Atherton.

Please contact any East Hampton Lion if you have questions.



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Library... *continued from page 9*

Book Club

Third Tuesday of every month at 6:30 pm

Come together to read and discuss the monthly selection. Copies of the month's book are available for checkout at the circulation desk.

Belltown Book Brunch

Third Friday of every month at 11:00 am

Drop into the Library on select Fridays for coffee or tea, a breakfast treat and bookish banter. Get a sneak peek at new releases, find out what's popular, and chat about what everyone is reading. Register or drop in.

Adult Take & Makes

Inside your kit you'll find instructions and supplies to make a fun art or craft project. Registration opens on the first of the month, pickup follows on the second Tuesday of the month.

CURBSIDE PICKUP

For your convenience, the Library continues to offer curbside pickup.

RESOURCE SPOTLIGHT:

The Library is excited to announce our expanded Library of Things! This is a collection of nontraditional items like home improvement and assistive devices, audiovisual equipment, crafting tools, games, and more – all available to check out for free with your library card. Need something for a one-time event or want to try before you buy? We can help! To see a full list of items and to learn more about how to borrow them, visit: <https://easthamptonpubliclibrary.org/library-of-things/>.

Household Hazardous Waste Collections & Paper Shredding Events

Free household hazardous waste collections for East Hampton residents will take place from 9:00 am to 1:00 pm on the following Saturdays:

September 16, 2023	Middlesex Community College 100 Training Hill Rd., Middletown
October 21, 2023	Haddam Elementary School 272 Saybrook Rd., Higganum

Free paper shredding events for East Hampton residents will take place from 9:00 am to 12:00 pm on the following Saturdays:

September 23, 2023	Middlefield Community Center 405 Main St., Middlefield
October 14, 2023	Chester Town Hall 203 Middlesex Ave., Chester

To learn details, acceptable materials, and to see the rest of the dates for 2023 please visit www.rivercog.org/household-hazardous-waste or find us on Facebook: facebook.com/rivercog



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East Hampton Town Directory

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Animal Control (24 hour dispatch).....	860-873-5044	Land Use	860-267-7450
Assessor	860-267-2510	Parks & Recreation	860-267-7300
Board of Education	860-365-4000	Police Department (non-emergency).....	860-267-9544
Building.....	860-267-9601	Probate Court	860-295-6239
Chatham Health District	860-365-0884	Public Library	860-267-6621
Chatham Historical Society.....	860-539-0988	Public Works	860-267-4747
Collector of Revenue.....	860-267-2300	Registrars.....	860-267-6720
Emergency Management.....	860-267-0088	Senior Center	860-267-4426
Finance Department	860-267-7548	Town Clerk	860-267-2519
Fire Marshal	860-267-0088	Town Manager.....	860-267-4468
Food Bank	860-365-5978	Water Pollution Control Authority	860-267-2536
Housing Authority	860-267-8498	Youth & Family/Social Services.....	860-267-9982
Human Resources	860-267-4468		

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HUDSON VALLEY PROPERTIES

Office of the Assessor

Personal Property

In accordance with Connecticut General Statute 12-40, all persons who are liable to pay taxes on tangible personal property belonging to them on October 1, 2023 are hereby notified that they must file a declaration of their personal property on or before Wednesday, November 1, 2023, with the Assessor, or be subject to an estimated assessment and the statutory 25% penalty. Various exemptions are explained on the declaration and available if filed on time.

Sec. 12-43. Property of nonresidents. (a) Each owner of tangible personal property located in any town for three months or more during the assessment year immediately preceding any assessment day, who is a nonresident of such town, shall file a declaration of such personal property with the assessors of the town in which the same is located on such assessment day, if located in such town for three months or more in such year, otherwise, in the town in which such property is located for the three months or more in such year nearest to such assessment day, under the same provisions as apply to residents, and such personal property shall not be liable to taxation in any other town in this state. As used in this section, "nonresident" means a person who does not reside in the town in which such person's tangible personal property is located on the assessment day, or a company, corporation, limited liability company, partnership or any other type of business enterprise that does not have an established place for conducting business in such town on the assessment day.

Personal property includes, but is not limited to, non-CT registered motor vehicles, unregistered motor vehicles (including junk autos), campers, all business machinery, equipment, tools, commercial furniture and fixtures.

The filing deadlines for various exemptions and classifications are as follows:

Public act 490

all applications for classification of farm or forestland must be received by October 31, 2023.

Veterans

Veterans claiming disability exemption must submit proof from the Veterans Administration. PA 85-573 allows veterans an additional exemption if their income is within the approved limits. This application must be filed by October 1 bi-annually.

DISABILITY

Persons totally disabled receiving SSD benefits may be eligible for a \$1000 property exemption. Proof of award and application must be submitted by January 31, 2023.

HOMEOWNERS & TOTALLY DISABLED

Residents 65 years of age or totally disabled may be eligible for a tax credit on real estate; income guidelines apply and are adjusted each year. You must request an application in February 2023 and file it on or before May 15, 2023.

RENTERS REBATE

Residents 65 years of age or totally disabled may be eligible for a rent rebate under CT State law; income guidelines apply and are adjusted each year. Applications will be available April 1, 2023 and must be filed on or before October 1, 2023 with the Assessor's Office.

The Assessor's Office is open to receive the above lists and applications:

Monday, Wednesday, Thursday 8:00am to 4:00pm, Tuesday 8:00am to 6:30pm and Friday 8:00am to 12:30pm.

Fox Ledge Farm



Riding Lessons
Beginner - Grand Prix
Dressage & Balanced Seat

Join us for indoor winter riding.
Large heated arena & viewing area.

29-A Daniels Road
(off Rt. 151)
East Haddam, CT 06423

eqarts@snet.net
www.foxledgefarm.net

860.873.8108

Public Works

Summer work for the Public Works Department is being completed. Filling of potholes, road sweeping, tree work, roadside mowing and gravel road maintenance have been a part of the daily routine. Catch basin cleaning, line painting, and curbing will be completed before adverse weather sets in. Public Works equipment is being

maintained, repaired and readied for winter use.

Along with the normal road and fleet maintenance operations, the Public Works Department has been focusing of

storm hardening of gravel roads and is also preparing portions of Bear Swamp Road and Old Clark Hill Road for paving. Also, this fall some drainage replacement work is planned for Forest Street, Hayes Road and East Hayes Road in preparation for paving in the spring.

The Town transfer station/recycling center is open and accepting bulky waste, electronics, scrap metal, brush, oil, and mattresses. The normal hours of the transfer station/recycling center are Saturdays from 7:30 am to 3:00 pm.

Office of the Collector of Revenue

Change of Address

It is important that the Tax Office has your current mailing address to ensure that you receive your bill in a timely manner. You may change your real estate mailing address by filling out a "Change of Address Form" located on the Town website at www.easthamptonct.gov. For a motor vehicle change of address, please visit the DMV website at www.ct.gov/dmv. Connecticut law requires all Connecticut residents with a vehicle registration, driver's license, or non-driver identification card to notify the DMV within 48 hours of any change of address.

Land Use Department Volunteers Needed!

Interested in serving your community? Have a passion for environmental issues or expertise related to wetlands and water quality? Volunteer to serve on the Inland Wetland and Watercourses Agency.

Connecticut has a long history of protecting its land and water resources. In 1972, the state legislature enacted the Inland Wetlands and Watercourses Act. This law provides an orderly regulatory process that balances the need for economic growth with the need to protect our environment. The Act declares it is the public policy of Connecticut to require municipal regulation of activities affecting inland wetlands and watercourses. As a result, every municipality has established an inland wetlands agency to implement and enforce the law. These agencies play a vital role in protecting our natural resources and in

shaping our state's landscape. The DEEP's Inland Wetlands Management Program assists Connecticut's 169 municipalities and the public in administering and understanding the IWWA.

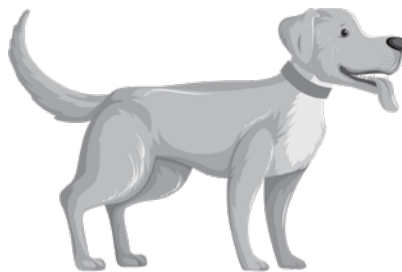
The East Hampton Inland Wetland and Watercourses Agency (IWWA) is in need of members! The Agency consists of seven appointed members and two alternates, to serve when regular members need to miss a meeting. Currently, there are only five appointed members and no alternates. In order to have a meeting, a minimum of four members must be present. We need your help to keep projects moving forward in East Hampton.

If interested, visit the East Hampton website and click on "Serve on a Board or Commission" or contact the Land Use Office for more information.

Office of the Town Clerk

REMINDER - All dogs over six months of age were to be licensed by the 30th of June. A one-dollar fee will be charged for each month late.

Dog licenses may be obtained in person at the Town Clerk's Office Monday, Wednesday, and Thursday, 8:00 am to 4:00 pm, Tuesday, 8:00 am to 6:30 pm and Friday, 8:00 am to 12:30 pm, by mail or online. If applying by mail please include a check for the proper fee made payable to the East Hampton Town Clerk, all certificates, and a self-addressed stamped envelope, and mail to Town Clerk, Town Hall, 1 Community Drive, East Hampton, CT 06424. To renew online you must have a current rabies certificate on file with the Town Clerk's



Office. You can access the online dog renewal system at www.easthamptonct.gov/town-clerk/pages/dog-licenses

If you would like to update any information on your dog license, you may either come to the Town Clerk's office or email me at townclerk@easthamptonct.gov

The municipal election will be held on November 7, 2023. Absentee ballots will become available for that election on October 6, 2023. The application can be obtained in person, via mail or by visiting www.easthamptonct.gov/town-clerk/pages/absentee-ballots

And the future is...now!

The Fire Service is an ever-evolving “work-in-progress” in which new technologies, equipment and techniques are constantly being introduced and evaluated to improve the quality of the services fire departments provide, to enhance the well-being of the people they serve and to ensure the safety of those who provide those services. While paying homage to the traditions and lessons learned through the sacrifices of prior generations of firefighters, fire departments face environments that are significantly different today than they were in the past. Synthetic materials used in furnishings and household items, tighter insulation to conserve energy and current construction methodologies combine to result in today’s fires burning hotter, faster and releasing toxic chemicals in smoke that prior generations never heard of.

While fire departments have had to adapt to these changing environments through advanced training and upgraded equipment, one aspect of the Fire Service remains constant — it takes people to put out fires and provide other critical emergency services. Time marches on for everyone and it

is essential that personnel succession planning be incorporated into a department’s long-term plans and visions for the future. Many forward-thinking fire departments sponsor programs that allow young men and women to acquaint themselves with the Fire Service where they train and work alongside active firefighters in safe and structured environments that expose them to all aspects of emergency service.

Two members of the East Hampton Volunteer Fire Department’s Junior Firefighter Division recently had the opportunity to learn firsthand about the culture of the Fire Service by attending a unique program at the Connecticut Fire Academy in Windsor Locks. Aaron DiPalma and Ethan Wysor successfully completed “Introduction to the Fire Service”, a week-long, in-residence training camp for young men and women aged 14 through 17 that provides age-appropriate instruction in the skills required to become successful firefighters. Taught by the Academy’s full-time professional fire instructors in a tightly controlled environment, the 32 cadets selected from across the state to attend this extremely popular and

competitive class are allowed to perform and practice more extensive firefighting tactics and methods than they can at their home departments. The cadets utilize the same equipment and resources that the Academy uses for its adult recruit classes and follow a similar, yet condensed, training curriculum.

While Aaron, Ethan and their peers were being taught all about apparatus function, hose advancement, ladder deployment, search and rescue techniques and a host of other skills, their instructors also incorporated lessons on leadership, empowerment and character. The cadets learned how to communicate effectively, work together as a team, and depend upon and trust each other in stressful situations. They also learned about the importance of respecting each other as individuals and following the chain of command that ensures everyone’s safety. “At the end of the day, everybody goes home . . .”

The program concluded with a graduation ceremony and skills demonstration for families and friends in which the cadets simulated responding to and extinguishing a large structure fire in the Academy’s four-story burn tower.

continued on page 22

Visit the Historic Middle Haddam Public Library

2 Knowles Road • Middle Haddam, CT
Hours: Monday 10 am-2 pm, Tuesday 3 pm-6 pm,
Thursday 10 am-2 pm, Friday 3 pm-6 pm

Come visit your second library in town!

www.middlehaddamlibrary.com

Yoga: with Erin Day of Ten Summit Yoga
Tuesdays @7 pm & every Saturday @9 am.
Cost: \$15.00. Please register @ tensummitst@gmail.com

Mahjong: Mondays @ 11:30 am — Open to all!

Nimble Knitters: Thursdays @ 1 pm — Open to all!



Historic Middle Haddam Library



@historicmiddlehaddamlibrary



WE HAVE SO MUCH TO OFFER!

East Hampton Social Services

East Hampton Social Services aids and facilitates programs and applications for residents residing in East Hampton, Cobalt, and Middle Haddam.

Energy Assistance (CEAP-Connecticut Energy Assistance Program)

Starting in September, you can contact our case manager to coordinate an appointment to apply for this program, which helps with your household's primary heating expense. All applications are handled by appointment only. You must reapply every year. Please refer to the following site for more specific details, as it will have the most up-to-date income limits and documentation requirements listed: www.crtct.org

Please call Christine, our case manager, at 860-267-4468, ext. 3208, to schedule your appointment for the processing of your 2023/2024 winter energy assistance application. Approval of this program can take up to 45 days. If you are approved, any funds granted to you (for deliverable fuels), become available for use starting November 1st. Electric heat clients receive a credit on their statement before the close of the program.

Operation Fuel

From August 1 through November 10, you can apply online for this program. Operation Fuel is an emergency energy assistance program, which if approved, grants a one-time assistance once within a calendar year. Its income limits and criteria differ from the CEAP's (Connecticut Energy Assistance Program). Please refer to Operation Fuel's site for its requirements and qualifications. It is best to apply directly through their link. If you are in need of assistance completing your online application, please call Christine at 860-267-4468, ext. 3208. You can access this program and its details at: www.operationfuel.org/gethelp/

We are often asked how residents can help other residents in need. For the last few years, we have successfully (and anonymously) coordinated pairing up families in need with families wanting to sponsor them. We typically ask the family in need



to provide us with very specific wish lists, so the sponsors can really help make their holiday special. If you are in a position to sponsor a family this year, please contact Christine at cwiesner@easthamptonct.gov. There are households of all sizes that we work with, so please specify when emailing if you have a certain size household you have in mind to sponsor. If you are a household who is experiencing hardship, and would like to be considered for this program, please also email Christine. We will provide you with a wish list form to be filled out. Every year in order to get ahead of the holiday rush, we try to collect sponsor and recipients' information as early as possible. This program truly would not be possible without the generous donations from our community, residents, and of course without the help and continued success of the annual "Stuff a Cruiser" toy drive that the East Hampton Police Department organizes and hosts, typically in December. Please check their Facebook as it gets closer for the specific date and time of this event.

East Hampton Social Services continues to assist residents with applications and renewals for DSS services. While we are not affiliated with the State's DSS, many times we can provide assistance via the connect.ct.gov site. If you are in need of assistance with either, please call us to discuss. Most of these we can help with remotely.

Food Insecurity

If you are an East Hampton resident and are experiencing food insecurity, please contact our local Food Bank at 860-365-5978. They are open Mondays & Thursdays from 9am-12pm. If you utilize our Food Bank, and do not also receive SNAP benefits, please

contact EH Social Services and we can assist you with applying. It is highly encouraged for you to apply for SNAP even if you also utilize the East Hampton Food Bank. In addition, if you apply and qualify for SNAP, that will also prequalify you for energy assistance benefits. For anyone in a position to give back, the food bank is completely run and operated by volunteers and donations, so please contact them if you would like to donate food or make a monetary donation. Please keep your eyes open for information on the annual Turkey Plunge, typically held in early November at Sears Park, of which funds raised at this event benefits our Food Bank. It is a huge fundraiser for them, and if you don't want to plunge, it is definitely a fun event to attend and watch, so please come out and show your support for them!

*To determine if your household qualifies for discounted broadband/internet service through the Affordable Connectivity Program, please visit fcc.gov/acp

Please call Christine at 860-267-4468, ext. 3208, or email cwiesner@easthamptonct.gov if you have a child, living in East Hampton, who has an upcoming birthday, and you are unable to purchase gifts.

Stop by & say "hi" to us at Trunk or Treat!

Our department will be there (in costume of course!) with the East Hampton Prevention Partnership. If your child is unable to attend this event, stop by our office with them in costume on Thursday, October 26 from 8 am-4 pm, and they will receive a treat! Please check Park & Rec's site for details on this event.

Senior Center... *continued from page 7*

on one interactions. Please call the Senior Center for more information. Please bring your own mobile device so you can research your family!

Art with Karen Sunday, September 24, October 22, November 19, 2:00 pm to 4:00 pm

Karen will lead you through the basic of painting in acrylics. No painting/art experience required. All supplies are provided. Cost: \$5.00 for supplies due at the day of class. Pre-registration required.

Book Club: to start meeting again on the 2nd Tuesday of the month September 12 at 10:30 am. Call the Senior Center for more details.

AARP Safe Driver Class: Monday, December 3, 2023, 11:30 am to 3:30 pm

AARP volunteers offer this 4-hour class to help you hone your driving skills. Cost: AARP members \$20.00 and Non-members \$25.00. Payment due at time of registration for class.

Sharing Nature with Family and Friends

Signs of Autumn at Hurd State Park

Friday, September 8 from 11:00am-12:30pm

Leaves are starting to turn, the air is cool and clear - What better place to see the season changing than at East Hampton's own Hurd State Park. Meet Master Naturalist Lynn Kochiss at the pavilion for a short walk to explore the surrounding forest, then return with us to the pavilion for a light lunch. Pre-registration required.

Directions to the pavilion: Follow Route 151 to the traffic light at the intersection of Hog Hill Road and Hurd Park Road. Turn onto Hurd Park Road. Go about ½ mile to the park entrance on the right. Follow this entrance road about ½ mile to the first paved road on your right. Turn here. Parking and the pavilion will be at the end of this road.

HISTORICAL NATURE NOTE In 1914, just 1 year after the formation of the State Park Commission, the state purchased 150 acres from Russell Dart as part of an initiative to obtain land for public use along the Connecticut River. This parcel established Hurd State Park, one of the first 3 state parks in Connecticut. The park is named after the Hurd family, which came to the Middle Haddam region from Eastham, Massachusetts in 1710.

East Hampton Ambulance Association

East Hampton Ambulance is the emergency service for the town of East Hampton. With the assistance of our police and fire department we are able to provide care and transport residents to local emergency facilities. We also provide mutual aid to other towns as requested.



With school beginning, we want to make sure you pay attention to children crossing the roadway. Children may be crossing using the crosswalks in the Town of East Hampton. Be aware that pedestrians have the right of way and to slow down to a complete stop to allow pedestrians to cross. Additionally, children may be crossing the street when a school bus stops with its flashing red lights and even though it may appear the child is not crossing, take extra caution after a school bus has pulled away.

We would like to provide some safety suggestions for you, for the next family celebration of Halloween as well.

For walking from house to house, walk on sidewalks or clear paths. Have kids carry glow sticks or flashlights to help them see or be seen by drivers. Decorate costumes and bags with reflective tape or stickers of possible. When selecting a costume make sure it is the right size to prevent trips and falls. Be careful of any potholes or trip hazards in yards or on sidewalks to prevent any injuries.

Drive extra SAFE on Halloween evening.

Slow down and be especially alert in residential neighborhoods as children are excited on Halloween and may move in unpredictable patterns.

Youth & Family Services

Youth Services had both its Enhancement Grant, issued by the Department of Children and Families, and its Juvenile Review Board (JRB) Support and Enhancement grant, issued by CT Youth Services Association (CYSA), re-funded. There will be significant changes to the JRB program. Recently funded awards for the JRB program will go toward the creation of a community service program that will be used as a restorative tool for youth coming through the program. The JRB does not take punitive action. Rather, a restorative approach is taken because it is understood that minors may not exercise the best decision-making skills. The new community service program will allow youth to accept accountability for their actions while giving back to their community. JRB funds will be used predominantly to pay for per-diem individuals who

can be present to oversee the youth as they engage in their community service hours. The department will be looking to the community for suggestions from agencies and businesses for partnerships. Youth Services will place the youth at the identified location with a mentor who will oversee the minor's activities.

Funds for the Enhancement Grant will continue to go toward special events such as paint nights, dances, and other pro-social, youth-positive events; however, the majority of funding will be spent to contract with licensed clinicians who provide therapy to East Hampton families with service needs that extend beyond the wheelhouse of a Marriage & Family Therapy (MFT) intern. The department is excited about the direction the department is taking, as it will allow more specific services to be provided to youth and families in East Hampton.

EAST HAMPTON PARKS & RECREATION

MISSION STATEMENT: The East Hampton Parks and Recreation Department is committed to providing innovative program opportunities and well-maintained facilities that enrich the East Hampton community.

CONTACT INFORMATION

www.easthamptonct.gov
860-267-7300

STAFF

Shawn Mullen, Program Coordinator
smullen@easthamptonct.gov

Sheri Yorker, Program Lead
syorker@easthamptonct.gov

Tucker Rozevink, Parks Maintainer I

ADVISORY BOARD MEMBERS

Deborah McKinney, Chairperson

Tim Adams

Daniel Roy

Jessica Rurka

Courtney Hyte

Kim Crabbe

Natalie Hurt

Mailing Address and Physical Location have changed:

Parks and Recreation
1 Community Drive
East Hampton, CT 06424

Afternoon Adventures After-School Program
860-367-5429

Memorial School location

Youth & Family Services
860-267-9982

SEARS PARK FACILITIES: All rental request forms are available online at www.easthamptonct.gov.

PAVILION: Residents of East Hampton can rent the Pavilion for events for full or half-day rentals. The fees are \$75/half-day or \$125/full day. All reservations require a security deposit of \$125.

LION'S PICNIC SHELTER: Sears Park patrons may use this shelter when it is not reserved. Reservations are posted daily on the small kiosk next to the shelter with the specific reservations for that day. There is no cost to reserve the shelter; however, a completed reservation form is required.

GOVERNOR WILLIAM A. O'NEILL PERFORMING ARTS GAZEBO: The Gazebo can be used for small family-oriented performances and programs such as small musical performances, magic shows, plays, variety groups, etc. Music concerts are restricted to acoustic, instrumental or small jazz venues. Weddings and other special celebrations will be considered. Venues are lawn seating. The gazebo will not be used for loud bands and or concerts. The fees are \$75 per day and a \$25 additional fee is added on if electrical or stage lighting is required. All reservations also require a \$125 security deposit.

REGISTRATION AND PROGRAM INFORMATION

Program enrollments are accepted online at www.easthamptonrec.com. Registration forms are available online at www.easthamptonrec.com or at the Parks and Recreation Office. All registrations must include payment. Payment is required at the time of registration. All registrations are taken on a first come, first serve basis. We accept MasterCard and Visa. Please make checks payable to East Hampton Parks and Recreation. Cash payments should be made in the office only. Please do not try to register or pay program instructors unless indicated.

Registration confirmations are available by e-mail if subscribed to on your main

FREQUENTLY REQUESTED INFORMATION:

EAST HAMPTON LITTLE LEAGUE

- www.easthamptonlittleleague.sportssignup.com
- For boys and girls ages 6 - 18 (by July 31 of the current year)
- Registration takes place in January
- Practices for the season begin in late March
- Opening day is in April
- Fall season begins in September and is open for children ages 8 years and up

YOUTH FOOTBALL AND CHEERLEADING

www.ehyouthfootball.org
For boys and girls ages 7 - 14
email: info@ehhawks.com

EAST HAMPTON SOCCER CLUB TOWN RECREATIONAL LEAGUE

www.easthamptonsoccerclub.org
For boys and girls pre K-8

Spring season is late March-June
Registration for spring takes place in January

Fall season is late August-October
Registration for fall takes place in June

TRAVEL SOCCER

www.easthamptonsoccerclub.org
For boys and girls ages 8 - 18
Email Soccer Club for tryout information

JOSEPH N. GOFF HOUSE

Contact: Dean Markham 860-918-4400

EPOCH ARTS

www.epocharts.org
email: info@epocharts.org
Contact: Elizabeth Namen
860-365-0337

continued on page 18

account page at www.easthamptonct.gov. No other confirmations are provided; however, if you have registered with us and paid, you will be on the final roster.

Program Refund Policy:

If you are unable to attend a program you have registered for, please contact us. You must contact us 7 days before a program starts to receive a 100% refund. Cancellations inside of 7 days will receive a 50% refund or be issued an account credit for another activity. After the program starts no refunds will be issued. Our ability to refund money for trip cancellations depends on our contractual agreement with the travel companies. Program times are subject to change based on enrollment numbers. Programs will be cancelled if the minimum enrollment number is not reached.

Applications for reduced-tuition scholarships are available at the Parks and Recreation Office and Youth and Family Services. All information is strictly confidential. This is an application process. Only programs run directly by East Hampton Parks and Recreation qualify.

A portion of your enrollment fee may be put into your Special Revenue Program account for the East Hampton Parks & Recreation Department to maintain or enhance this program or other programs. This fund is not associated with the General Fund of the Town of East Hampton



Parks & Rec Programs

Programming

Programs are being added to the schedule as we have dates finalized. As they are finalized they will be posted to www.easthamptonrec.com. We have many great offerings scheduled for the upcoming seasons. Check out our website for all programs.

Fall Programming

Our many awesome fall programs are currently posted to our website. There are many different options for all different age groups, and too many to list here individually. See www.easthamptonrec.com for a complete listing.

Morning and Afternoon Adventures Before & After School Program

Afternoon Adventures meets at Memorial Elementary School before and after school each day from 7:00 am - 8:30 am and 3:00 pm - 6:00 pm. Students in grades K-5 may attend the program. Program attendance options are 2 days a week, 3 days a week, or 5 days a week. Registration is done on a monthly basis, either online or at the Parks and Recreation office. You must enroll for the whole month each month and pay in advance. There are a limited number of openings in this program.

Please send your child with a healthy snack each day. The children have time for play outside (weather permitting) every day or time in the gym. Everyone does homework or quiet reading; then they enjoy crafts, games, special guests and play with staff and their peers until pickup time. Care is provided on scheduled school half days from when school gets out until 6:00 pm for no additional charge. A discount is offered if doing both before and after school.



Options are 2 days a week, 3 days a week or 5 days a week. When doing part time note the days of the week at checkout. Rates for the months are firm, there are no adjustments if your schedule does not align or you miss days of school.



Students from Center School are bussed to Memorial School in the afternoon, and from Memorial School to Center school in the morning.

Location: Memorial Elementary School
Dates: First day of school to last day of school
Times: 7:00 am-8:30 am and 3:00 pm-6:00 pm

If you are registering for both before and after care, put the before care portion in your cart first, and the after-school portion will be discounted 10% at checkout. For pricing, please visit www.easthamptonrec.com or call the office at 860-267-7300.



Conservation-Lake Commission

Sign Up This Fall For a Lake Smart Evaluation

The fall is a great time to have your lake or watershed property evaluated to see what improvements you can make to your property in order to have a cleaner Lake Pocotopaug. You might also qualify for the Lake Smart Award that is given by the East Hampton Conservation - Lake Commission (CLC).

The East Hampton CLC started the "Lake-Smart Award Program" for property owners living on Lake Pocotopaug or in the surrounding watershed. The purpose is to encourage property owners to improve the quality of Lake Pocotopaug by doing projects to prevent infiltration of phosphates, nitrates, pesticides, and other impurities from entering the lake. Those that achieve seven requirements will receive a Lake-Smart Award sign they can display on their property. It is hoped the program will not only improve the quality of the lake but also encourage neighbors to make improvements to their property,

Some of the seven criteria property owners will be evaluated on are: Do they have a "buffer zone," rain gardens, diversion ditches, etc. that contain stormwater runoff before it reaches the lake; refrain from using chemical fertilizers containing phosphates and nitrates or using pesticides and herbicides. In mowing their lawn do



Chuck and Tina Yenknor of Spellman Point in East Hampton signed up to have their lake property evaluated and were awarded a "Lake Smart" sign because their property does not contribute to the spread of phosphates and nitrates into Lake Pocotopaug. Photo by Marty Podskoch.



For All Your Personal and Commercial Insurance Needs

Tim Csere
 Managing Director
 tim.csere@optisure.com

Patty Solovei
 Account Manager
 patty.solovei@optisure.com

Wanda LaChance
 Account Manager
 wanda.lachance@optisure.com

46 Plains Road
 Unit 31
 PO Box 129
 Essex, CT 06426
 860-767-0084



www.matherandpitts.com

they maintain the level of their lawn at 2 ½-3" and use a mulching blade instead of bagging grass clippings. Do they: cover bare soil areas with mulch or plantings; refrain from feeding waterfowl and discourage them from coming onto their property. Finally, do they prevent leaves and grass clippings from entering the lake.

Those wishing to be evaluated for the award, should contact: Jeremy DeCarli of the Planning & Zoning Dept. (860-267-7450 or jdecarli@easthamptonct.gov) or any members of the CLC. An appointment will be arranged for a CLC member(s) to visit the owners and help them evaluate their property. If there is a deficiency, owners will be given suggestions on improving their property. If they achieve all the goals, they will receive a Lake-Smart Award. We can all work together to have a cleaner lake.

Lake and watershed property owners can also apply for the Lake Smart Award Grant Program sponsored by the Friends of Lake Pocotopaug who are offering residents grants up to \$150 to make one or more Lake Smart improvements. They can apply after they have been evaluated and shown need for improving their property.

East Hampton Rotary Club

Over the last fiscal year, the East Hampton Rotary Club has donated \$23,800 to our community and beyond. Some of the recipients of the grants include the East Hampton schools, Parks & Recreation, the East Hampton and Marlborough Food Banks, Epoch Arts, Little League, Flags Over East Hampton, East Hampton Hawks Football, the VFW, the Lions Club, UR Community Cares, Special Olympics and a hospital in Honduras. The grants range in value from \$200 to \$3,000. Thank you for supporting our club so we can continue giving grants to those in need. If you are interested in submitting a grant request, please email us at easthamptonctrotary@gmail.com.

30th Annual Rotary Golf Tournament

The 30th Annual Rotary Golf Tournament will be held on Wednesday, October 4th (rain date TBD). This will be the 3rd year honoring Red McKinney. Don't forget to wear your Red shirt.



- Location:** Blackledge Country Club, Hebron, CT
- Time:** Registration Starts at 8:00am • Shot Gun Start at 10:00 am
- Breakfast:** Sandwiches will be available for purchase \$5 (cash only) provided by the East Hampton VFW Post 5095 Auxiliary
- Lunch:** Grab & Go (between hole 9 and 10)
- Format:** Scramble (prizes for 1st, 2nd & 3rd place teams, closest to the pin, longest drive and closest to the line). Popular hole-in-one-contest.

Dinner will follow the tournament. After dinner is the 50/50 raffle drawing, live auction and a tee-cup raffle with many great prizes. All proceeds fund the East Hampton Rotary Club and 100% of the proceeds will be supporting community service projects. Visit <https://easthamptonct.rotary7980gives.org/41e348> to register online.

Halloween Fire Safety Tips *from the East Hampton Fire Marshal*

- When choosing a costume, stay away from long trailing fabric. If your child is wearing a mask, make sure the eye holes are large enough so he or she can see out.
- Provide children with flashlights to carry for lighting or glow sticks as part of their costume.
- Dried flowers, cornstalks and crepe paper catch fire easily. Keep all decorations away from open flames and other heat sources like light bulbs and heaters.
- Use a battery-operated candle or glow-stick in jack-o-lanterns. If you use a real candle, use extreme caution. Make sure children are watched at all times when candles are lit. When lighting candles

inside jack-o-lanterns, use long, fire-place-style matches or a utility lighter. Be sure to place lit pumpkins well away from anything that can burn and far enough out of the way of trick-or-treaters, doorsteps, walkways and yards.

- Remember to keep exits clear of decorations, so nothing blocks escape routes.
- Make sure all smoke alarms in the home are working.
- Tell children to stay away from open flames including jack-o-lanterns with candles in them. Be sure they know how to stop, drop and roll if their clothing catches fire.

Did you know?

Decorations are the first thing to ignite in roughly 800 reported home fires each year. More than one-third of these fires were started by a candle.

If you have any questions, please do not hesitate to contact the East Hampton Fire Marshal. He can be reached at 860-267-0088 or via email @ firemarshal@easthamptonct.gov.



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East Hampton Police Department

The East Hampton Police Department would like to remind everyone to be aware of school buses picking up and dropping off students with the start of the new school year. Motorists are required to stop for a school bus whenever the flashing red signal lights are displayed. Motorists who fail to stop can be issued an Infraction for 14-279, which carries a fine of \$475 dollars. Motorists are also reminded to please obey the speed limits as they drive around town, with the start of the school year there will be increased pedestrian traffic with youths walking to school or the bus stop. Slowing down and obeying the speed limits will save lives.

The Department recently had its newest police officer, Officer Evan Gustafson, graduate from the Police Academy on July 13,

2023. Officer Gustafson filled the vacancy created by a recent retirement. Officer Gustafson will complete approximately four hundred hours of field training, riding with an experienced officer, prior to going on his own.

The Department continues to warn residents of the never-ending scams that individuals attempt to commit on unsuspecting residents. Never give your personal information out over the phone and if someone asks you to pay for something with a gift card, rest assured it is a scam. No bank, business, or company will ask for your banking information or social security information over the phone. Over the last several months the department has seen an increase in unemployment scams, where individuals are able to obtain enough per-



sonal information from someone to open up a fake unemployment claim in their name. If you are unsure if something is a scam, please contact the routine number of the Police Department at 860-267-9544 for assistance.

COOKING SAFETY *with the East Hampton Fire Marshal*

Cook with Caution

- Be on alert! If you are sleepy or have consumed alcohol don't use the stove or stovetop.
- Stay in the kitchen while you are frying, boiling, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- If you are simmering, baking, or roasting food, check it regularly, remain in the home while food is cooking, and use a timer to remind you that you are cooking.

- Keep anything that can catch fire — oven mitts, wooden utensils, food packaging, towels or curtains — away from your stovetop.

If you have a small (grease) cooking fire and decide to fight the fire...

- On the stovetop, smother the flames by sliding a lid over the pan and turning off the burner. Leave the pan covered until it is completely cooled.
- For an oven fire, turn off the heat and keep the door closed.

If you have any doubt about fighting a small fire...

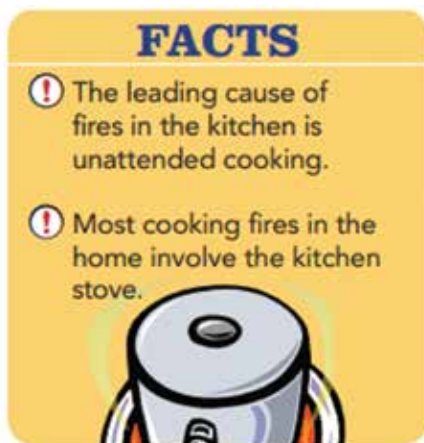
- Just get out! When you leave, close the door behind you to help contain the fire.
- Call 9-1-1 or the local emergency number from outside the home

If you have any questions, please do not hesitate to contact the East Hampton Fire Marshal. He can be reached at 860-267-0088 or via email @ firemarshal@easthamptonct.gov.



Cooking and Kids

Have a "kid-free zone" of at least 3 feet (1 meter) around the stove and areas where hot food or drink is prepared or carried.



Registrar of Voters

Municipal elections will be held on Tuesday, November 7, 2023 at the East Hampton High School, 15 North Maple Street, East Hampton, CT, from 6:00 am to 8:00 pm. The ballot will include candidates for Town Council, Board of Education, Board of Finance, and Zoning Board of Appeals.

The last day to register to vote prior to the election is Tuesday, October 31, 2023. Election Day Registration will be available the day of the election at the polling location.

Early voting has been approved by the CT State Legislature, to start in 2024. Details are being worked out by the Secretary of State's office, and information will be disseminated as it is released. The first election to be impacted by this will be the Presidential Preference Primary in April 2024.

Volunteer Fire Co... continued from page 14

In addition, one of the EHVFD's Junior Firefighters who attended last year's training camp, Devin Crowley, was selected to attend the Fire Academy's Advanced ITTFS class. Based upon his outstanding performance last year, Devin's session expanded his training experience to include work with Self-Contained Breathing Apparatus (SCBA), advanced search and rescue techniques and vehicle extrication.

The members of the East Hampton Volunteer Fire Department are extremely proud of their Junior Firefighters for their achievements to date and residents can look forward to having these outstanding young individuals available to serve and protect the future.

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