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Town Manager's Corner

Hello East Hampton,

Fall is right around the corner, and I am sure most of us cannot wait for these heat waves to end! Despite the heat and lack of rain, we had another great summer in East Hampton with the return of Old Home Days along with the Goff House Summer Concert Series in the Village Center Gazebo, Village Center Strolls, boating and swimming at Lake Pocotopaug, and many other activities capped off with the End of Summer Fireworks sponsored by the East Hampton Volunteer Fire Department. As we look to the fall and cooler weather, activity in Town continues.

This Events Magazine is full of information and ideas for everyone. From the Clean Energy Task Force's Electric Car Show in September to the Parks and Recreation Department's annual Trunk or Treat Halloween event in October and all the great activities in between, there's lots to do in East Hampton. Our Library has great programs for adults as well as for

teens and children that range from books, puzzles and games to crafts and science experiments and, when the time is right, the Library even has opportunities for free or reduced admission to area museums and cultural attractions. Whether it is activities or timely reminders, or a way to leave your mark on Belltown, it can be found in these pages.

Please enjoy this edition of East Hampton Events magazine with its updates on what the community has been doing and what it will be doing in the upcoming months. We continue to hope the magazine is a great resource for its readers. As always, I encourage everyone to support our local businesses and especially those that sponsor this publication. The Town regularly publishes a local business guide that is available in the Town Hall and at various locations around Town. I invite readers to pick one up.

Stay well, stay safe and have a terrific fall!



David E. Cox Town Manager



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18 Industrial Park Road, P.O.Box 205

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PUBLISHER

William E. McMinn

LAYOUT & AD DESIGN

Lynne Hardt

SALES REPRESENTATIVES

ESSEX • WESTBROOK CLINTON • MADISON

Ward Feirer 914-806-5500 wfeirer@gmail.com

OLD SAYBROOK OLD LYME • EAST LYME

Betty Martelle 860-333-7117 betty@eventsmagazines.com

CHESTER • EAST HADDAM EAST HAMPTON • HADDAM

Contact Essex Printing 860-767-9087 print@essexprinting.com

GUILFORD

Contact Essex Printing 860-767-9087 print@essexprinting.com

LEDYARD

Contact Essex Printing 860-767-9087 print@essexprinting.com

COVER PHOTO

Lake Pocotopaug Sunset Courtesy of the Town of East Hampton

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Visitors to the 2021 Electric Car Show looking at electric and hybrid vehicles on display. Photo by Rosalind Kaplan

2022 East Hampton & Portland Electric Car Show

The East Hampton and Portland Clean Energy Task Forces are holding the fourth annual "Electric Car Show 2022" on Saturday, September 24th at the East Hampton High School at 15 North Maple Street from 11:00 am to 3:00 pm (rain date is September 25th). The show is part of National Drive Electric Week. Come join them as they showcase electric, hybrid and alternative fuel cars from private owners and various dealerships.

Owners who want their cars to be on display at the show are asked to register before the event to assure inclusion in the display area. Bikes, scooters and anything else powered by electricity are also welcome. Registration is fast and free. Go to www. tinyurl.com/ehcarshow and complete the online registration. It's that easy. Owners can also email the East Hampton Clean Energy Task Force at ehcetf@gmail.com or call 860-748-5165 and request a registration form.

Groups, non-profits, clubs and associations interested in using less fossil fuel for vehicles can request Booth space at the show. You can request a BOOTH form at ehcetf@gmail.com. There will be food, ice cream and music too. So come on out, talk with current owners, check out many different cars, learn more about what it's like to DRIVE ELECTRIC. See you there!!





East Hampton Rotary

The East Hampton Rotary Club provides support to many causes. In the past year we have donated \$25,000 in Community Service Funding to the following:

- East Hampton Parks & Recreation
- East Hampton Library
- East Hampton Fire Department
- East Hampton Food Bank
- Red McKinney Scholarship Fund
- ABC Women's Shelter
- Haitian Health Foundation
- Town of East Hampton Funded LED lights to decorate downtown for Christmas
- Town of East Hampton Funded 1/3 of the funds for replacing the lights on Center School grounds with LED lights
- East Hampton Little League
- A local family who had a house fire
- Middle School Media Center
- East Hampton Interact
- East Hampton Eagle Scout project
- Friends of the East Hampton Library
- Marlborough Fife & Drum
- East Hampton High School Boosters
- Jan Soloman Scholarship Fund
- Epoch Arts

Other Rotary funded activities:

- Breakfast with Santa
- Ramp installed for a resident in a wheelchair
- Ambulance equipment

If you or your organization would like to be considered for a grant, please send an email to easthamptonctrotary@gmail.com to request a grant application.





Lake-Smart Award Winner

The fall is a great time to do improvements to your lake or watershed property in order to have a cleaner Lake Pocotopaug. It is also a time to have your property evaluated and earn a Lake Smart Award.

The East Hampton Conservation-Lake Commission (CLC) started the "Lake-Smart Award Program" for property owners living on Lake Pocotopaug or in the surrounding

watershed. The purpose is to encourage property owners to improve the quality of Lake Pocotopaug by doing projects to prevent infiltration of phosphates, nitrates, pesticides, and other impurities from entering the lake. Those that achieve seven requirements will receive a Lake-Smart Award sign they can display on their property. It is hoped the program will not only improve the quality of the lake but also encourage neighbors to make improvements to their property,

Congratulations to these other families in the Lake Pocotopaug watershed who have received the "Lake-Smart Award" in 2020-21: Pam Joslyn and Gary Greenwald of Hale Road, John Roche Family and Ellen Braun Family both on Raymond Road, Cap & Craig Nelson on Lakewood Road, Don Burr on Bay Road, Gladys Yeager at 70 North Main Street, Jack & Jan Solomon and Lynn & Marty Podskoch on O'Neill Lane.



In August Marty Podskoch (left) of the East Hampton Conservation & Lake Commission presented Tom & Susan Woodson of 31 Bay Road, with the "Lake Smart Award" for managing their lake property to benefit Lake Pocotopaug. They maintain a beautiful garden along Lake Pocotopaug that acts as a buffer zone preventing nutrients from flowing into the lake. They also do not use fertilizers or pesticides on their lawn that has mostly clover. Photo by Jeremy Hall.

Some of the seven criteria property

owners will be evaluated on are: do they have a "buffer zone," rain gardens, diversion ditches, etc. that contain stormwater runoff before it reaches the lake? Do owners refrain from using chemical fertilizers containing phosphates and nitrates or using pesticides and herbicides? In mowing their lawn do they maintain the level of their lawn at 2 1/2-3" and use a mulching blade instead of bagging grass clippings? Do they cover bare soil areas with mulch or plantings? Do they refrain from feeding waterfowl and discourage them from coming onto their property? Finally, do they prevent leaves and grass clippings from entering the lake?

Those wishing to be evaluated for the award, should contact: Jeremy Hall of the Parks & Recreation Dept. (860-267-7300 or jhall@easthamptonct.gov) or Jeremy DeCarli of the Planning & Zoning Dept. (860-267-7450 or jdecarli@easthamptonct.gov) or any members of the CLC. An appointment will be arranged for a CLC member to visit the owners and help them evaluate their property. If there is a deficiency, owners will be given suggestions on improving their property. If they achieve all the goals, they will receive a Lake-Smart Award. We can all work together to have a cleaner lake.

Lake and water shed property owners can also apply for the Lake Smart Award Grant Program sponsored by the Friends of Lake Pocotopaug who are offering resident grants up to \$150 to make one or more Lake Smart improvements. They can apply after they have been evaluated and showing need for improving their property.



East Hampton Senior Center

105 Main Street •East Hampton, CT 06424 • 860-267-4426 Email: seniorcenter@easthamptonct.gov

Hours: Monday-Thursday 8:30 am to 4:00 pm Friday 9:00 am to 4:00 pm



facebook.com/easthamptonseniorcenterct

Attention Older Adults on Medicare:

Medicare's Annual Enrollment period is October 15, 2022 through December 7, 2022. It is important for all Medicare recipients to check their plans to make sure that they will be enrolled in the plan that will work best for them. For most people this is the ONLY time during the year that you can change your plan.

The Senior Center will host an Open Enrollment Event in November by appointment. A volunteer Choices Counselor will review your plan with you. This is a FREE service to anyone in the community on Medicare. You do not have to be 65. The Choices Counselors are trained to provide you with a comprehensive understanding of the Medicare options, so you can make informed decisions regarding your healthcare. The State of Connecticut offers some additional help (Medicare Savings Program) for people with low incomes. This can be done ANY time during the year, not only during Annual Enrollment. We ask you bring a list of your current medications and proof of your annual gross income. Please call the Center to make an appointment at 860-267-4426.

Senior Center Month

Senior Center Month is a time to shine a light on senior centers, showing the entire nation how vital they are to the health and well-being of a community. Senior Centers provide countless hours of support and encouragement to older adults and have become integral to health care delivery in our communities by providing COVID-19 guidance, vaccine education, and vaccinations to their participants. And they've played a role in addressing an issue that we all knew was important even before the pandemic: social isolation.

That's why the 2022 theme for Senior Center Month is Strengthening Community Connections.

The 10,000 senior centers in communities and neighborhoods across the country provide access to information, opportunities, and support to improve the lives of people in their communities as they age. Senior Centers have evolved since their beginning in the 1940s, through their inclusion in the Older American's Act in 1973, and up to today. But the mission has remained: to be the local, trusted place in the community that connects people to the programs, services, and opportunities they need to age well. See https://ncoa.org/page/national-senior-center-month

September is National Senior Center Month! We are happy to offer additional programming to Celebrate the Senior Center:

On-Going Programs

All About Chocolate

September 15 at 1:00 pm. Mary Lee-Brody will return and demonstrate her skills about Everything Chocolate. Learn about the different types of chocolate and easy recipes for each. There will be lots of tips and tricks for working with chocolate and much sampling. Limited seating, sign up early. \$3.00 fee due at sign-up.

Grab, Sit and Enjoy!

September 21 at 1:00 pm we will celebrate the month with a GRAB a brown bag lunch, SIT at the Senior Center, & ENJOY the wonderful entertainment of the Four Fun Band! Come enjoy the food, band and camaraderie and National Senior Center Month!

Autumn at Hurd State Park

Wednesday, September 28 from 11:00 am-12:30 pm.

Leaves are starting to turn, the air is cool and clear! What better place to see the season changing than at East Hampton's own Hurd State Park. Meet Master Naturalist Lynn Kochiss at the pavilion for a short walk to explore the surrounding forest, then return with us to the pavilion for a boxed lunch. Register by 9/19/22 at the East Hampton Senior Center so we can order your lunch.



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If you are new to Town or just want to get involved, please feel free to stop by. We will give you a tour and a welcome packet to introduce you to our agency. We have a monthly activity newsletter, which we can email or send to you at your request. We also serve meals at the Senior Center 5 days a week. We request you complete a registration form and then you can sign up for meals. We also provide Meals on Wheels to people in the community who are homebound. Call 860-560-5848 for more information.

105 Main Street, East Hampton CT 06424 • 860-267-6621

Please check our website and Facebook page for upo-to-date news, programs & events. www.EastHamptonPublicLibrary.org

Children's Programs

Early Literacy Programs

Drop-ins and siblings welcome.

Mindful Movements: Ages 18 months and up

Mondays at 10:30 am at Sears Park, weather permitting. September 12-October 24

An early literacy program for children and caregivers that combines singing, dancing, and whole-body movement.

Baby Rhyme Time: Ages 0-18 months

Thursdays at 10:15 am in the Library Community Room. September 8-October 27

A storytime program for children ages 0-18 months and their caregivers that uses singing, dancing, and movement to reinforce important early literacy skills.

Toddler Time: Ages 18 months-3 years

Wednesdays at 10:15 am in the Library Community Room. September 7-November

A storytime just for toddlers that includes music, movement, a short book, and lots of free play!

Stories and Songs: Ages 3-5 years

Wednesdays at 11:15 am in the Library Community Room. September 7-November 16

Designed for children ages 3-5 years old and their caregivers, this program includes longer stories and a simple craft.

Halloween Happening: Ages 0-5

Monday, October 31 at 10:30 am in the Library Community Room

Join us to share some Halloween-themed stories, songs, games, and crafts! Costumes encouraged but not required.

SPECIAL Food Explorer's Sensory **Exploration Storytime: Ages 3-5 years**

REGISTRATION REQUIRED

Wednesday, October 26 at 10:30 am in the Library Community Room

Children will explore food with their senses! Before tasting, they will touch, smell, and look at the food by playing interactive games, followed by a hands-on healthy snack.

School-Age Programs

Registration is required for some of these events and is available on our website.

Kids Comic Creators

Grades 1-5

Select Wednesdays from 4:30 pm - 5:30 pm. September 21, October 19, November 16, December 14

Each month kids will explore a different early reader graphic novel series like The Bad Guys or Dogman, play games related to the books, and create their own comics! More details on our website. Registration required.

STEMtastic Engineering Series

Grades 1-5

Select Mondays from 4:30 pm - 5:30 pm

Learn science and math skills through fun hands-on building activities! Registration required.

September 12 - Roller Coaster Science September 19 - Why Do Boats Float? September 26 - Egg Drop Challenge October 3 - Building Bridges October 17 - Marble Labyrinth

Nintendo Switch Tournaments

Grades 1-5

Saturdays from 2:00 pm - 3:30 pm September 24, October 15, December 17

A Nintendo Switch game tournament for elementary school-aged kids! All skill levels welcome. Registration required.

DIY Days

Grades K-8

Select Saturdays from 11 am - 4 pm

Children and families in grades K-8 are invited to create a different toy, game, or treat together.

Activities available while supplies last. No registration required, just drop in!

September 17- Suncatchers October 8- Wind Chimes

October 29- Kaleidoscope

November 19- Fish in a Bag Slime

December 10- Friendship Bracelets

Children's Take-Home Programs

Take and Makes

Each month the library debuts two take home activity kits for children, one for ages 3-5 and one for school age children, with all of the supplies needed to make a fun craft!

Registration required and available on our website.

STEM Project Bags

Investigate a new science-related topic each month from home with these self-directed kits!

Kits are first come, first served, and are released the first Monday of the month.

Recommended for ages 6 and up.

September 6: Vitamin C Rockets (due to the Monday holiday)

October 3: Balloon Cars

November 7: Mini Lightsabers

December 5: Oil Spill Science

Middle Grade Programs

Back to Hogwarts: Grades 4-8

Friday, September 16, 3:30 pm - 5:00 pm It's time to return for another year at Hogwarts! Join us for an event filled with Harry Potter themed games and crafts to celebrate back to school with witches, wizards, and magical beasts!

Register online at EastHamptonPublicLibrary.org or by calling us at 860-267-6621.

Fandom Showdown: Grades 4-7

Friday, October 14, 3:30 pm - 5:00 pm

Are you a superfan? Has a book, movie or TV series changed your life? Come on down to the Fandom Showdown for spirited debate and exciting games about your faves!

Teen Programs

Dungeons & Dragons: Grades 8 - 12

Select Wednesdays at 5:30 pm - 7:30 pm September 14, 28, October 12, 26, November 9

Held in person at the East Hampton Public Library.

Join us for an exciting journey into the world of Dungeons & Dragons! No previous playing experience required. We will provide basic, fifth edition, level three characters; all supplies included! Registration required.

Teen Advisory Board: Grades 8-12

Select Wednesdays, 5:30 pm – 6:30 pm October 5, November 16*, December 7

See the calendar of events on our website for date/time adjustments.

If you're a teen and you're passionate about helping your community, consider joining the Library's Teen Advisory Board. Earn community service hours. Drop ins welcome.

*Indicates different start time.

Preteen Advisory Board: Grades 6-8

Select Tuesdays, 5:00 pm - 6:00 pm

Third Tuesday of every month September 20, October 18, November 15

All students in 6th - 8th grade are welcome to join our group and provide input to expand our YA/Teen collection, plan programs, and help make the East Hampton Public Library a place they want to be! Earn community service hours. Drop ins welcome.

Teen Nintendo Switch Tournaments: Grades 6 – 12

Select Saturdays, 2:00 pm - 3:30 pm. October 1, November 12, December 3

Join us for a Nintendo Switch game tournament. We might be playing MarioKart or Super Smash or something else! All skill levels welcome! Registration required.

Teen Friday: Grades 6-12

Select Fridays, 3:30 pm - 4:30 pm. September 30 and October 28

Kick back, relax, and start the weekend off with fun, crafts, games, and more!

Fandom Showdown: Grades 8-12

Friday, October 7, 3:30 pm - 5:30 pm

Come on down to the Fandom Showdown for spirited debate and exciting games about your faves! Grades 8-12.

Reading Merit Badge

Tuesday, October 25 5:30 pm - 6:30 pm

Come to the library and work on the requirements for Reading Merit Badge with a Reading Merit Badge Counselor. Bring your blue card. Workbooks will be provided.

All Hallows Teens: Grades 6-12

Saturday, October 22 at 2:30 pm

A Halloween event for grades 6-12. We'll share our spookiest stories, play ghoulish games, and enjoy some terrifying treats.

Fall Into Creative Writing: Grades 6-12

Select Thursdays, 3:30 pm - 4:30 pm

November 3, 10, 17, and December 1

A creative writing class that will meet one hour a week for four weeks. We will explore poetry, fiction, and creative nonfiction in our miniseries developing our voices as

Teen Take and Makes: Grades 6 - 12

Each month, the Library debuts a take home activity just for teen! Inside your kit you'll

find all of the supplies needed to make a fun art or craft project. Reserve your kit online on our website and pick it up in person or curbside. Supplies are limited! Registration required.

Adult Programs

Cookbook Club

First Tuesday of every month at 6:30 pm September 6, October 4, November 1

Join us monthly for Cookbook Club! Each month will have a theme — bring a dish and 12 copies of the recipe to share. Dishes should arrive ready to eat, we'll provide the plates and forks. We'll sample and talk about each recipe and take-home new ideas!

Focus on Fitness

Second Tuesday of every month at 6:30 pm September 13, October 11, November 8

Join us to celebrate successes, sympathize with struggles and maintain motivation in your physical fitness whether you are just starting out or have been at it for a long time. We will be joined in conversation by Certified Personal Trainer and Nutrition Coach Amie Meacham and other guest speakers.

Book Club

Third Tuesday of every month at 6:30 pm September 20, October 18, November 15

Join us monthly for a lively discussion. Copies of the monthly selection are available for checkout at the circulation desk or via Libby and Hoopla and include a discussion guide.

Adult Take & Makes

Once a month we'll have a take-home craft activity kit just for adults! Pre-registration begins on the first of every month. Supplies are limited!

Make a Seasonal Flower Arrangement

Tuesday, October 25 at 6:30 pm

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Library... continued from page 9

Join us to learn how to create an adorable seasonal flower arrangement using pumpkins or other fall/winter themed items. The Library will provide everything you need for this flower arranging class. Space is limited.

Curbside Pickup

For your convenience and safety, the Library continues to offer curbside pickup. Call the Library with your requests or place your items on hold through our online catalog. Call us with questions at 860-267-6621.

Resource Spotlight

Creativebug

Creativebug is an online database that offers video arts and crafts workshops and techniques. Learn how to paint, knit, crochet, sew, screen print, and more. Creativebug has more than 1,000 award-winning art & craft video classes taught by recognized design experts and artists. Enjoy unlimited access from home or on the go with your East Hampton Library Card.

Museum Passes

Thanks to the generous support of the Friends of the East Hampton Library, the Library has a number of free and discounted passes to local museums and cultural attractions, including the Beardsley Zoo, the Children's Museum of Connecticut, the Connecticut River Museum, the CT Science Center, the Eric Carle Museum, the New Britain Museum of American Art, and the New England Air Museum. Visit our website for a complete list.

Cake Pans

Thanks to a generous donation from an East Hampton community member, the library has a collection of cake pans so you can create your own incredible creation at home without breaking the bank on a new pan.

Puzzle and Board Game Swap

Bring one or take one; it's just that easy! We have tons of puzzles and board games for you to enjoy. Just return them when you're done!

Hotspots

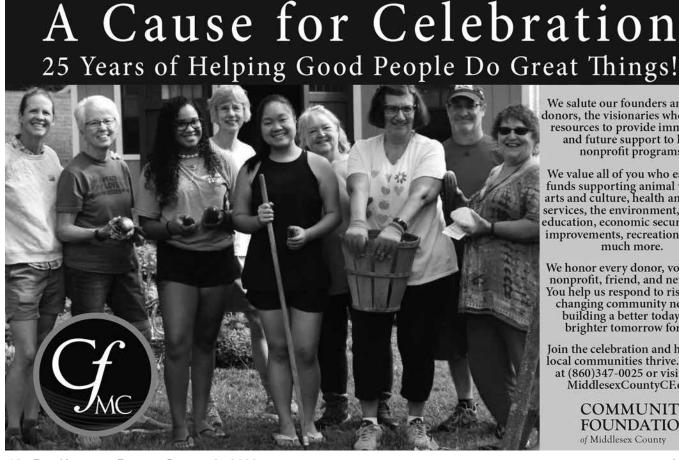
Check out the internet! The Library has five hotspots available for checkout. A hotspot enables any Wi-Fi-enabled device to connect to the internet. No data limits or overages! Any adult with a valid library card can check out a hotspot for a week. Call us to reserve

Nintendo Switch Games

We have a growing collection of games for the Nintendo Switch. Check our catalog for offerings and borrow a new game for a week.

Sprout Early Learning Backpacks

Check out one of our 33 new early learning backpacks! Each backpack is themed and includes picture books, two to four educational games or toys and an activity guide showing how to use the items. For example, try out The Science of Sound, which contains books, musical instruments and more! Families can check out one backpack at a time. Backpacks are available for ages 3-8 years old.



We salute our founders and early donors, the visionaries who pooled resources to provide immediate and future support to local nonprofit programs.

We value all of you who establish funds supporting animal welfare, arts and culture, health and social services, the environment, history, education, economic security, civic improvements, recreation, and so much more.

We honor every donor, volunteer, nonprofit, friend, and neighbor. You help us respond to rising and changing community needs... building a better today and brighter tomorrow for all.

Join the celebration and help our local communities thrive. Call us at (860)347-0025 or visit us at MiddlesexCountyCF.org.

COMMUNITY **FOUNDATION**

of Middlesex County

From the Fire Marshal

As Fire Prevention Week™ approaches, the East Hampton Fire Marshal Office reminds residents that "Fire won't wait. Plan your escape.™"

The East Hampton Fire Marshal Office is teaming up with the National Fire Protection Association* (NFPA*)—to celebrate the 100th anniversary of Fire Prevention Week TM (FPW), October 9-15, 2022. This year's FPW campaign, "Fire won't wait. Plan your escape TM", works to educate everyone about simple but important actions they can take to keep themselves and those around them safe from home fires.

"Today's homes burn faster than ever. You may have as little as two minutes (or even less time) to safely escape a home fire from the time the smoke alarm sounds. Your ability to get out of a home during a fire depends on early warning from smoke alarms and advance planning," said Lorraine Carli, vice president of Outreach and Advocacy at NFPA.

The East Hampton Fire Marshal Office encourages all residents to embrace the 2022 Fire Prevention Week theme.

"It's important for everyone to plan and practice a home fire escape. Everyone needs to be prepared in advance, so that they know what to do when the smoke alarm sounds. Given that every home is different, every home fire escape plan will also be different," said Fire Marshal "Have

a plan for everyone in the home. Children, older adults, and people with disabilities may need assistance to wake up and get out. Make sure that someone will help them!"

The East Hampton Fire Marshal Office wants to share these key home fire escape planning tips:

- Make sure your plan meets the needs of all your family members, including those with sensory or physical disabilities.
- Smoke alarms should be installed inside every sleeping room, outside each separate sleeping area, and on every levelof your home. Smoke alarms should be interconnected so when one sounds, they all sound.
- Know at least two ways out of every room, if possible. Make sure all doors and windows open easily.
- Have an outside meeting place a safe distance from your home where everyone should meet.
- Practice your home fire drill at least twice a year with everyone in the household, including guests.
- Practice at least once during the day and at night.

If you have any questions, please do not hesitate to contact the East Hampton Fire Marshal. He can be reached at 860-267-0088 or via email at firemarshal@easthamptonct.gov.

East Hampton Volunteer Fire Department A Peek into the Future

Leadership. Trust. Character. Teamwork. Empowerment. Respect.

These attributes are among "soft skills" that, when coupled with command of the specific skills required by a particular organization, create an environment (a culture) in which both individuals and the institution itself become successful.

Two members of the East Hampton Volunteer Fire Department's Junior Firefighter
Division recently had the opportunity to learn firsthand about the culture of the Fire
Service by attending a unique program at the Connecticut Fire Academy in Windsor
Locks. Devin Crowley and Evan Cloutier successfully completed "Introduction to the
Fire Service," a week-long, in-residence training camp for young men and women aged
14 through 17 that provides age-appropriate instruction in the skills required to become
successful firefighters. Taught by the Academy's full-time professional fire instructors in a
continued on page 19



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Youth Services

Youth Services will be hosting "She Mattered" on Monday, September 19, 2022, at the East Hampton Public Library. Can you think of anything more traumatic than losing a child to suicide? Mother, educator, and presenter, Debbie Berman will share her story of love, loss, and change. Youth Services will be providing dinner, so we ask that you call 860-267-9982 to register. Given the importance of the topic, if you have someone who you think might benefit from Debbie's story, we invite you to share this evening with them. We will have social workers on hand that evening to provide additional support to any child or parent who needs it. We would like to thank the East Hampton Public Library for graciously sharing their space so that we can bring this powerful program to East Hampton families.

Youth Services will resume our drop-in center; however, due to inconsistent attendance we will be providing this opportunity once a month. During drop-in hours, we provide dinner, an activity, and the opportunity to socialize with peers in a youth-positive environment. Youth Services has purchased an upright arcade system and virtual reality goggles that kids are welcome to use during drop-in hours. For more information regarding drop-in center hours and activities as well as upcoming and future programming, please visit us on social media--on Instagram at: easthamptonctyfs and on Facebook at East Hampton Youth & Family.

SOCIAL SERVICES

ENERGY ASSISTANCE: Please contact Christine at (860) 267-4468 ext. 3208 to coordinate your 2022/2023 winter energy assistance application to apply for this program. The application process is being conducted mainly over the phone. However you can contact Christine to coordinate a day/time to drop off your required documents. We are not able to accommodate walk-ins for this program, so please call ahead of time. Processing by CRT may take up to 45 business days, so please factor that in when planning. This program is to assist with your primary heating source, and any funds that you qualify for become available for use in November. Please call 860-2674468, ext. 3208 or email (cwiesner@easthamptonct.gov) to acquire the list of required documents needed to determine your eligibility. If you are leaving a voicemail, please include your contact info, along with your email address. Do not wait until you are out of fuel! In the event you are approved for energy assistance, and are in need of a delivery, you must request your delivery 5-7 business days before you will be in need of the fuel. This ensures enough time for the request to get to your approved vendor and for them to deliver to your home in a timely manner. If you heat primarily with electric heat, and are approved,

a credit in the amount you were approved for will be sent directly to Eversource on your behalf. It is important to allow ample time for approval. There are instances where CRT will require additional documents before approval, so you want to allow time for that as well. If you fall within the income guidelines and are eligible, the importance of applying for this program cannot be stressed enough.

HOLIDAY GIVING

The season of giving is upon us! Contact Christine at 860-267-4468, ext. 3208 or cwiesner@easthamptonct.gov if you are interested in finding out how you may be able to help families in our community or if you would like to be considered as a recipient. We are always looking for families who can "adopt" local residents/families for the holidays. To ensure enough time for donors to shop and for us to deliver to recipients, please contact Christine starting in September. There is a lot of planning and coordinating that goes into the pairing up of donors and recipients, so the earlier the

"She Mattered"

can you imagine losing your precious child or friend to suicide?

Join CT mom & educator

Debbie Berman

as she shares her personal story of loss, bullying, suicide prevention and hope



Monday, September 19th 2022 5:00-8:00 PM / dinner included

LOCATION: E. Hampton Public Library, Community Room 105 Main St. #1

geared for 7th, 8th & 9th grade students with their parent/s and/or guardian/s

Limited space/must pre-register by 9/09/22 E. Hampton Youth & Family Services / 860-267-9982



www.shemattered.org

better! The program is all carried out anonymously for the privacy of all parties. We will accept families looking to sponsor or be recipients up until Friday, December 9th.

East Hampton Social Services continues to assist residents with applications and renewals for DSS services. If you are in need of assistance with either, please call us to discuss. Most of these we can help with remotely.

Eversource: If you are struggling to keep up with your electric bill, contact us and we can help to find what options may be available to your household. Even if electric is not your primary heating source, you may qualify for winter protection or medical protection. Please call us to discuss.

Residents who are struggling financially, short-term or long-term are encouraged to contact Social Services to discuss resources and options that may be available. We recommend residents contact us as soon as they feel a need. All information disclosed and discussed is handled with confidentiality.

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Housing

Although there are myriad resources we provide, housing remains a challenge. We spent a good deal of time planning for outcomes. Although, as a department, we are unable to provide emergency or standard housing, we encourage residents to plan if they are experiencing hardships. By that, we invite residents to contact our department if they need assistance creating a budget or identifying supports.

While we cannot guarantee an eviction will not take place, we encourage the community to seek support with us in the pre-eviction stage. This might include helping renters come up with a repayment plan or exploring a budget and finding ways to save. If someone needs emergency housing, contacting 211 is still the initial step that must be taken. We do not have the ability to jump the line for a shelter bed. Putting your name on a shelter bed list through 211 is where you must begin.

Good Luck Bridge Bells. As Easy as 1-2-3!

After a successful soft launch last year, the East Hampton Economic Development Commission is pleased to announce the unique Good Luck Bridge Bells program will continue to run in 2022. The Good Luck Bridge Bells program is a shop local initiative recognizing East Hampton's unique "Belltown" history and partners Bevin Bells with local East Hampton businesses in a fun, family-friendly way.

The use of bells as a channel for positive energy dates back to antiquity. Across cultures, continents and religions, bells have been rung to banish evil spirits. It is considered good karma to have a bell on your door, which acts as a beacon for welcome news and prevents bad energy from entering. You can enjoy this tradition of karma and protection by placing your customized bell on our designated "Good Luck" Bridge.

- 1) Purchase Your Bell Locally. You can purchase your Good Luck Bridge Bell at any participating local business including Willow, Dexter's Tunes, Tales and Ales, Belltown Therapeutic Massage and Wellness, Le Petite Boutique and Old Bank Flowers and Greenery.
- 2) Customize Your Bell. You can customize your bell with a multi-surface paint pen (either buy one when you buy your bell or use one available at the place of purchase). Write the names of those to whom you want to offer Good Luck and Protection; memorialize an event or celebration; or say anything you want. (Please note that profanities of any kind are prohibited, and bells featuring any offensive language will be removed).
- **3) Tie Your Bell to the Good Luck Bridge.** Zip tie your customized bell to the Main Street "Good Luck" Bridge near the East Hampton Public Library (zip tie provided at time of purchase).

Local businesses are invited to participate in the initiative and can contact edc@easthamptonct.gov for more information.

East Hampton Town Directory www.easthamptonct.gov

Animal Control (24 hour dispatch)860-873-5044	Land Use860-267-7450
Assessor 860-267-2510	Parks & Recreation860-267-7300
Board of Education 860-365-4000	Police Department (non-emergency) 860-267-9544
Building860-267-9601	Probate Court860-295-6239
Chatham Health District860-365-0884	Public Library860-267-6621
Chatham Historical Society860-202-5308	Public Works860-267-4747
Collector of Revenue860-267-2300	Registrars860-267-6720
Emergency Management860-267-0088	Senior Center860-267-4426
Finance Department860-267-7548	Town Clerk860-267-2519
Fire Marshal860-267-0088	Town Manager860-267-4468
Food Bank860-365-5978	Water Pollution Control Authority860-267-2536
Housing Authority860-267-8498	Youth & Family/Social Services860-267-9982
Human Resources 860-267-4468	

DEVINE'S FINE JEWELRY

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 - Jewelry appraisals
 - Justice of the Peace



4 Summit Street, East Hampton, CT (in the center)

860-267-4492

M-F noon - 6 pm / Sat 10 am - 4 pm

WATCH BATTERIES With Coupon

Jewelry ALWAYS Makes a Great Gift! 20% Jewelry Discount With Ad



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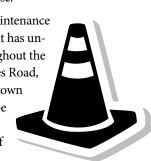
860-873-8454

www.mausandson.com

Department of Public Works

Summer work for the Public Works Department is being completed. Filling of potholes, road sweeping, tree work, roadside mowing and gravel road maintenance have been a part of the daily routine. Catch basin cleaning, line painting, and curbing will be completed before adverse weather sets in. Public Works equipment is being maintained, repaired, and readied for winter use.

Along with the normal road and fleet maintenance operations, the Public Works Department has undertaken several drainage projects throughout the town including improvements to Knowles Road, Old Marlborough Road and Old Middletown Avenue. Pavement shimming work will be done on Wopowog Road in preparation of it being chip sealed in the late spring of 2023.



The Town transfer station/recycling center is fully open accepting normal recycling materials. The normal hours of the transfer station/ recycling center are Saturdays from 7:30 am to 3:00 pm.

Town Clerk's Office

DOG LICENSE REMINDER - All dogs over six months of age were to be licensed by the 30th of June. A one-dollar fee will be charged for each month late.

Dog License Fees - Neutered Male/Spayed Female \$8, Male/Female \$19, Kennel Licenses (10) \$50 plus .10 per tag (20) \$100 plus .10 per tag, Late licensing penalty \$1 per month after June, and .50 to replace a lost tag.

Dog licenses may be obtained at the Town Clerk's Office Monday, Wednesday, and Thursday, 8:00 am to 4:00 pm, Tuesday, 8:00 am to 6:30 pm and Friday, 8:00 am to 12:30 pm or by mail. If applying by mail, include a check for the proper fee, made payable to the East Hampton Town Clerk, all certificates, and a self-addressed stamped envelope. Please send all mail requests to the Town Clerk, Town Hall, 1 Community Drive, East Hampton, CT 06424. All certificates required will be returned with the new license and tag.

RENEWALS ONLY can be completed online through the Town Clerk's dog renewal system. To renew online you must have a current rabies certificate on file with the Town Clerk's Office. You can access the on-line dog renewal system at https://www.easthamptonct.gov/town-clerk/pages/dog-licenses

Would you like to receive your dog renewal card via email? If so, please send me your email address to townclerk@easthamptonct. gov

STATE ELECTION - November 8th is the date of the State election. Absentee ballots will become available on October 7th. The application can be obtained in person, via mail or by visiting www. easthamptonct.gov/town-clerk/pages/absentee-ballots

Office of the Assessor

PERSONAL PROPERTY

In accordance with Connecticut General Statute 12-40, all persons who are liable to pay taxes on tangible personal property belonging to them on October 1, 2022, must file a declaration of their personal property on or before Tuesday, November 1, 2022, with the Assessor, or be subject to an estimated assessment and the statutory 25% penalty. Various exemptions are explained on the declaration and available if filed on time.

Includes, but is not limited to, non-CT registered motor vehicles, unregistered motor vehicles (including junk autos), campers, all business machinery, equipment, tools, commercial furniture and fixtures.

MOTOR VEHICLES:

If you no longer own a motor vehicle *and* have cancelled the registration at DMV, please bring the DMV plate receipt **and** one of the following forms of proof to receive a tax credit. The documentation must have the VIN# and all the corroborating information.

UNREGISTERED VEHICLES STILL OWNED AND LOCATED IN EAST

HAMPTON WILL REMAIN ON THE GRAND LIST AS PERSONAL PROPERTY.

- A copy of the bill of sale.
- A copy of the transfer of title (i.e., receipt from junkyard, trade-in paperwork, donation receipt).
- A copy of the original registration issued to the person to whom you sold the vehicle.
- A copy of the registration in another state.
- Documentation from an insurance company, i.e.; payment for a stolen vehicle, payment for a totaled vehicle, cancellation of coverage due to sale of vehicle.

The Assessor's office may require a combination of additional information or verification of the preceding items, as necessary, for the removal or crediting of a motor vehicle assessment.

TRANSFERRED PLATES:

When the registration is transferred to a new or replacement vehicle, the adjustment follows the plate. The over payment on the July tax bill is applied to the supplemental tax bill in December.

PUBLIC ACT 490

All applications for classification of farm or forestland must be received by October 31, 2022.

VETERANS

All property owners claiming exemption due to military service must file their DD214 form with the Town Clerk by September 30, 2022. Veterans claiming disability exemption must submit proof from the Veterans Administration.

DISABILITY

Persons totally disabled receiving SSD benefits may be eligible for a \$1000 property exemption. Proof of award and application must be submitted by January 31, 2022.

ELDERLY AND TOTALLY DISABLED RENTER'S REBATE PROGRAM

Residents 65 years of age or totally disabled may be eligible for a rent rebate under CT State law; income guidelines apply and are adjusted each year. Applications must be received by October 1, 2022.

Please call the office with any questions at 860-267-2510. Thank you.

We have so much to offer!

Visit the historic Middle Haddam Public Library

Hours:

Monday 10:00 am - 2:00 pmTuesday 3:00 pm - 6:00 pmThursday 10:00 am - 2:00 pmFriday 3:00 pm - 6:00 pm

Come visit your 2nd library in town! www.middlehaddamlibrary.com

2 Knowles Road, Middle Haddam, CT



Historic Middle Haddam Library



@historicmiddlehaddamlibrary



75 YEARS OF SAFEGUARDING YOUR VISION

Do You have Problems with Your

Bifocularity?

Bifocularity refers to the ability to see comfortably at all distances while maintaining constant stereopsis and depth perception. Both eyes must work and focus together effortlessly.

Without it, words may run into each other or you may easily lose your place while reading. Objects may go double while looking at them. Computer, phone and reading images may go in and out of focus or just stay blurred. People may become dizzy or disoriented. Chronic headaches, motion sickness, vertigo and light sensitivity have been attributed to it.

NXX toostt adhiillabheenn Hhaaxae mao iiddeeaa Hnooww tthneeyy aanee ssuppropossed trop seece. Soo wathern waards Horok like tthiiss, tthreey assssumme ceverywannee sseess tilhee ssammee www.cayytthreeyyothoo. Ihrmaegginnee Hncowy ffruustinaetti ingg tilhaett www.mulbdlbae.

No one will know if impaired bifocularity is the cause of their symptoms until our eye doctors look for the signs of it during a comprehensive eye exam. Adults may have had their bifocular function degrade over a number of years and not even realize that they are struggling to see things. Every school age student should have an eye exam every year as they are growing. If parents need eyeglasses, the children most likely will too.

Does the baseball or golf ball simply disappear into the sky? Are medicine bottles impossible to read? Do you sometimes see two sets of lines in the road? Do you need a magnifier to see small things? There are stresses to the visual system at every age.

Vision should be naturally comfortable at all distances for all tasks. That's what we do every day.

Take this At-Home Test to Measure Your Bifocularity

Look carefully at the doorknob of a closed door. Cover one eye and then cover the other. It is normal for the door knob to appear to move slightly side to side. But if the door knob appears to move up and down or moves sideways a lot, you are experiencing uncompensated binocular stress that your visual system cannot correct. We can. It's time to call us for an eye doctor appointment.

Our specialty is delivering clear, comfortable, effortless vision at all distances and keeping your eyes healthy throughout your life. Everyone should have an annual eye exam. Call now to schedule yours.

Jeffrey M. Palmer, OD · Martin L. Hellman, OD, FAAO

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Chatham Corner Building • 240 Middletown Ave. • East Hampton, CT 06424 • 860-267-2222



MISSION STATEMENT: The East Hampton Parks and Recreation Department is committed to providing innovative program opportunities and well-maintained facilities that enrich the East Hampton community.

CONTACT INFORMATION

www.easthamptonct.gov

860-267-7300

Jeremy Hall: jhall@easthamptonct.gov

Shawn Mullen: smullen@easthamptonct.gov

Sheri Yorker: syorker@easthamptonct.gov

Mailing Address and Physical Location have changed. We are now located at the New Town Hall!

Parks and Recreation 1 Community Drive East Hampton, CT 06424

Afternoon Adventures After-School Program 860-367-5429 Memorial School location

YOUTH AND FAMILY SERVICES 860-267-9982

SEARS PARK FACILITIES: All rental request forms are available online at www. easthamptonct.gov.

PAVILION: Residents of East Hampton can rent the Pavilion for events for full or half-day rentals. The fees are \$75/half-day or \$125/full day. All reservations require a security deposit of \$125.

LION'S PICNIC SHELTER: Sears Park patrons may use this shelter when it is not reserved. Reservations are posted daily on the small kiosk next to the shelter with the specific reservations for that day. There is no cost to reserve the shelter; however, a completed reservation form is required.

GOVERNOR WILLIAM A. O'NEILL PERFORMING ARTS GAZEBO: The Gazebo can be used for small family-oriented performances and programs such as small

musical performances, magic shows, plays, variety groups, etc. Music concerts are restricted to acoustic, instrumental or small jazz venues. Weddings and other special celebrations will be considered. Venues are lawn seating. The gazebo will not be used for loud bands and or concerts. The fees are \$75 per day and a \$25 additional fee is added on if electrical or stage lighting is required. All reservations also require a \$125 security deposit.

JOSEPH N. GOFF HOUSE

Contact: Dean Markham - 860-918-4400

REGISTRATION AND PROGRAM INFORMATION

Due to the COVID-19 pandemic our program offerings are ever changing based on local and state guidelines. Please check out www.easthamptonrec. com for the latest schedule and offerings. Our programs all follow in accordance with current CDC and OEC guidelines. Program enrollments are accepted online at www.easthamptonrec.com. Registration forms are available online at www.easthamptonrec.com or at the Parks and Recreation Office.

All registration forms must include payment. Payment is required at the time of registration. All registrations are taken on a first come, first serve basis. We accept MasterCard and Visa. Please make checks payable to East Hampton Parks and Recreation. Cash payments should be made in the office only. Please do not try to register or pay program instructors unless indicated.

Registration confirmations are available by email if subscribed to on your main

continued on page 18

FREQUENTLY REQUESTED INFORMATION:

EAST HAMPTON LITTLE LEAGUE

- www.easthamptonlittleleague. sportssignup.com
- For boys and girls ages 6 18 (by July 31 of the current year)
- Registration takes place in January
- Practices for the season begin in late March
- Opening day is in April
- Fall season begins in September and is open for children ages 8 years and up

EAST HAMPTON TRAVEL BASEBALL

Tom Weyrauch - 860-881-7360

YOUTH FOOTBALL AND CHEERLEADING

www.ehyouthfootball.org For boys and girls ages 7 - 14 email: info@ehyouthfootball.org

EAST HAMPTON SOCCER CLUB TOWN RECREATIONAL LEAGUE

www.easthamptonsoccerclub.org For boys and girls pre K-8

Spring season is late March-June Registration for spring takes place in January

Fall season is late August-October Registration for fall takes place in June

TRAVEL SOCCER

www.easthamptonsoccerclub.org For boys and girls ages 8 – 18 Email Soccer Club for tryout information

IOSEPH N. GOFF HOUSE

Contact: Dean Markham 860-918-4400

EPOCH ARTS

www.epocharts.org email: info@epocharts.org Contact: Elizabeth Namen 860-365-0337

Parks & Rec... continued from page 17

account page at www.easthamptonct.gov. No other confirmations are provided; however, if you have registered with us and paid, you will be on the final roster.

Program Refund Policy

If you are unable to attend a program you have registered for, please contact us. You must contact us seven days before a program starts to receive a 100% refund. Cancelations inside of seven days will receive a 50% refund or be issued an account credit for another activity. After the program starts no refunds will be issued. Our ability to refund money for trip cancellations depends on our contractual agreement with the travel companies.

In the event of inclement weather, all programs are cancelled if school is closed or has an early dismissal. Cancellation information is posted on WFSB Channel 3 Early Warning Network. Households who have subscribed to the online registration site's e-mail notifications will receive an e-mail regarding the cancellation.

Program times are subject to change based on enrollment numbers. Programs will be cancelled if the minimum enrollment number is not reached. Applications for reduced-tuition scholarships are available at the Parks and Recreation Office and Youth and Family Services. All information is strictly confidential. This is an application process. Only programs run directly by East Hampton Parks and Recreation qualify.

A portion of your enrollment fee may be put into your Special Revenue Program account for the East Hampton Parks & Recreation Department to maintain or enhance this program or other programs. This fund is not associated with the General Fund of the Town of East Hampton

Programming

Programs are being added to the schedule as we have dates finalized. As they are finalized, they will be posted to www.easthamptonrec. com. We have many great offerings scheduled for the upcoming seasons. Check out our website for all programs.

STAFF

Jeremy Hall, Director Shawn Mullen, Program Coordinator Sheri Yorker, Office Assistant Tucker Rozevink, Parks Maintainer I

ADVISORY BOARD MEMBERS

Deborah McKinney, Chairperson Tim Adams Sheryl Dougherty Daniel Roy Courtney Hyte Jessica Rurka

Morning and Afternoon Adventures Before & After School Program

Afternoon Adventures meets at Memorial Elementary School before and after school each day from 7:00 am -8:30 am and 3:00 pm - 6:00 pm. Students in grades K-5 may attend the program. Program attendance options are 2 days a week, 3 days a week, or 5 days a week. Registration is done on a monthly basis, either online or at the Parks and Recreation office. You must enroll for the whole month each month and pay in advance. There are a limited number of openings in this program.

Please send your child with a healthy snack each day. The children have time for play outside (weather permitting) every day or time in the gym. Everyone does homework or quiet reading; then they enjoy crafts, games, special

guests and play with staff and their peers until pickup time. Care is provided on scheduled school half days from when school gets out until 6:00pm for no additional charge. A discount is offered if doing both before and after school.

Options are 2 days a week, 3 days a week or 5 days a week. When doing part time note the days of the week at checkout. Rates for the months are firm, there are no adjustments if your schedule does not align or you miss days of school.



Students from Center School are bussed to Memorial School in the afternoon, and from Memorial School to Center school in the morning.

Location: Memorial Elementary School. Dates: First day of school to last day of school. Times: 7:00 am-8:30 am and 3:00 pm-6:00 pm

If you are registering for both before and after care. Put the before care portion in your cart first, and the after-school portion will be discounted 10% at checkout. For pricing, please visit www.easthamptonrec.com or call the office at 860-267-7300. Registration for 2022-2023 school year opened July 11th.

Programs

Trunk or Treat Halloween Fun – October 27 from 5:30 pm-7:00 pm

Calling all E.H. residents, businesses and community groups! The East Hampton Parks and Recreation department is looking for individuals and groups to host car trunks at our Trunk or Treat event. Trunk or Treat provides a safe and fun way to celebrate Halloween with the whole family. Children will enjoy going from trunk to trunk to receive pre-packaged candy from costumed car owners. All cars are welcome (please pre-register with East Hampton Parks and Recreation). The evening event includes trick or treating and much more! Head Down Main Street After for more FUN!!!

Register to host a trick or treat stop at your vehicle or register your child to be a trick or treater!

Must Pre-Register - East Hampton Residents Only. Donations of candy or \$\$ is encouraged.

Vehicle hosts should provide at least a few large bags of candy to hand out.....if you run out, we will re-fill your supply. If you would like to register to host a vehicle with a company name. Contact us at the office and we can assist you (860-267-7300).

Adult Recreational Basketball

This program offers pickup basketball for adults. East Hampton residents only. Must be at least 19 years old to participate in the program. Sign up for the season or pay at the door on a drop-in basis.

19+ Meets at East Hampton Middle School Mondays and Thursdays

35+ Meets at Center School Mondays and Thursdays

Dates: October 17 – May 18 Times: 6:30 pm - 8:30 pm

Cost: \$75 for the season or \$3 per night drop in.

Recreational and Travel Basketball

The Parks and Recreation Department will again be offering both recreational and travel youth basketball

programs. Information will be posted

at www.easthamptonrec.com as start dates are finalized. Tryouts for travel basketball will be in October, schedules are released in November and the season will run from October – March. The travel program is for players in grades 4-8. Youth recreational basketball will begin

in December and end in March. This pro-

gram is for grades 2-8. There will be a clinic offered for grade 1 as well. If you are interested in coaching in the recreational or travel program, please contact the Parks and Recreation Department for more information.

Volunteer Fire Dept... continued from page 11

tightly controlled environment, the 32 cadets selected from across the State to attend this extremely popular and competitive class are allowed to perform and practice more extensive firefighting tactics and methods than they can at their home departments.

While Devin, Evan and their peers were being taught all about apparatus function, hose advancement, ladder deployment, search and rescue techniques and a host of other skills, their instructors also incorporated lessons on some of those soft skills noted above. The cadets learned how to communicate effectively, work together as a team, and depend upon and trust each other in stressful situations. They also learned about the importance of respecting each other as individuals and following the chain of command that ensures everyone's safety. "At the end of the day, everybody goes home ..."

The program concluded with a graduation ceremony and skills demonstration for their families and friends in which the cadets simulated responding to and extinguishing a large structure fire in the Academy's four-story burn tower.

From East Hampton Fire Chief Greg Voelker: "We were fortunate to have two of our Junior Firefighters attend this incredible program and we're hopeful that the Fire Academy will continue to host these classes in the future... It's an experience that will stay with them for a long time and they learned skills that apply to life in general, not just the fire service. We congratulate Devin Crowley and Evan Cloutier on a job well done."



Matt Stark Lic.#6207 | Blair Carignan Lic.#6157

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Building & Land Use Department

Over the course of the next few months the Building and Land Use Departments will be rolling out online permitting for the first time. Both zoning applications and various types of building permit applications will be available through a new online portal, available through the Town website.

When signing in for the first time, new users, both homeowners and contractors alike, will need to create a profile with an email address and password. Once the profile is created, future uses will only require a sign in. Once signed into the portal, users will be able to apply for new permits, check the status of older permit applications, check inspection results for on-going work, and see historical records for properties throughout town.

When new applications are entered, emails will be sent automatically updating the applicant of the status. Staff will review the application materials submitted for completeness. Incomplete applications will be returned and the applicant will need to reapply. Payments will be able to be submitted using a credit card through a secure third-party servicer.

When the portal is live on the website, instructions for how to use it will be posted to help initiate new users to its functions. Staff will also be available to answer questions and provide guidance. In time, this new service will help to make your experience with the Building and Land Use Departments more convenient as you can skip the physical trip, submit applications 24 hours a day, and pay virtually.

We look forward to beginning this service soon. Stay tuned to the website in the fall!

Collector of Revenue

Change of Address

It is import that the Tax Office has your current mailing address to ensure that you receive your bill in a timely manner. You may change your real estate mailing address by filling out a "Change of Address Form" located on our website at www.easthamptonct. gov. For a motor vehicle change of address please visit the DMV website at www.ct.gov/dmv. Connecticut law requires all Connecticut residents with a vehicle registration, driver's license, or non-driver identification card to notify the DMV within 48 hours of any change of address.

A Reminder

There is not an additional mailing for the second installment of taxes due in January. Please use your payment voucher that was included with your July tax bill. If you have misplaced your bill, you may look it up by visiting www.easthamptonct.gov or contact the Tax Office at (860) 267-2300.

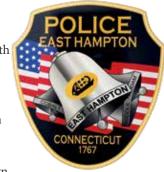
east hampton prevention partnership

As a local Prevention Council, the East Hampton Prevention Partnership is dedicated to reducing substance abuse among young people. Our mission is to foster a culture that values the wellbeing of East Hampton's youth. We strive to instill self-acceptance, self-confidence, and goal setting to promote healthy choices. In collaboration with community stakeholders, we offer educational programs and outreach initiatives.

The East Hampton Prevention Partnership continues to look for new High School students to join the Youth Committee during the 2022-2023 school year and beyond. Students involved will run peer-to-peer campaigns to promote healthy lifestyles among their classmates. We are also looking for more members of the community to participate in our monthly Prevention meetings that take place on the third Tuesday of every month. Members have an opportunity to help our mission of reducing substance abuse among young people. Please call or email the Prevention Coordinator, Courtney Widrick at 860-267-4468 Ext. 3227 or cwidrick@easthamptonct.gov to get more information if you'd like to participate.

Police Department

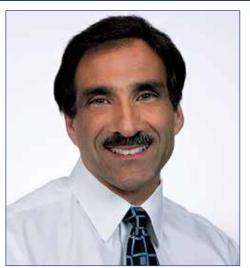
The East Hampton Police Department would like to remind everyone to be aware of school buses picking up and dropping off students with the start of the new school year. Motorists are required to stop for a school bus whenever the flashing red signal lights are displayed. Motorists who fail to stop can be issued an infraction for 14-279, which carries a fine of \$470.00 dollars. Motorists are also reminded to please obey the speed limits as they drive around town,



with the start of the school year there will be increased pedestrian traffic with youths walking to school or the bus stop. Slowing down and obeying the speed limits will save lives.

The Department recently had our newest police officer, Officer Vincent Garofalo IV, graduate from the Police Academy on July 28, 2022. This brings the Department up to full staff of 17 police officers for the entire town, to provide coverage 24 hours a day 365 days a year. Officer Garofalo IV filled the vacancy created by a recent retirement.

The Department continues to warn residents of the never-ending scams that individuals attempt to commit on unsuspecting residents. Never give your personal information out over the phone and if someone asks you to pay for something with a gift card, rest assured it is a scam. No bank, business or company will ask for your banking information or social security information over the phone. If you are unsure if something is a scam, please contact the routine number of the Department at 860-267-9544 and we will assist you.



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drmantikas.com

East Hampton Ambulance Association

The East Hampton Ambulance Association is offering a File of Life for everyone in town to help us take care of you. The File contains cards where you can put your name, date of birth, address and medical conditions so that we can care for you in case you are not able to tell us your health issues and medications. The medications should be written in pencil as they can change but the other information should be written in ink. The small card goes in your wallet, pocket or purse in case you are away from home. The larger card goes into a magnetic holder that can go on your refrigerator. It's important that we know your medications and conditions to provide the highest level of care. If you have a condition such as high blood pressure, which is controlled by medication, then you still have high blood pressure for our situation. Heart conditions and blood thinners are also important to know. Please contact Barbara Sargent at barsargent@sbcglobal.net or pick one up at the Senior Center during business hours.

Halloween Safety

Drivers may not see small children on dark streets. Drive carefully. Remember to wear costumes with reflective strips Make sure you cross the streets safely and at cross walks and stay together. When walking across lawns, there may be trip hazards and other items that could cause falls. Check candy for any signs of allergens, tampering, or for small pieces which could be a choking hazard. Carrying a flashlight is also a good idea. Drivers should assume that children are walking through the neighborhood and may step out into the road at any time. We wish you a Happy and Safe Halloween.

We will continue to provide you with the highest level of care as we have done for the last 70 years. If you want to help your town or you are thinking of a medical career, contact us at 860-267-0947 or chief@ehems.org. An EMT class is starting in September. Get valuable experience and serve your time.

Rotary 29th Annual Golf Tournament

All proceeds fund the East Hampton Rotary Club, and 100% of the proceeds will be supporting community service projects. Since it is our second year honoring "Red," we ask that you please wear a red golf shirt.

Blackledge Country Club, Hebron, CT

Wednesday, October 5, 2022 (rain date TBD)

Registration: 8:00 am - 10:00 am

Shot Gun Start: 10:00 am

Lunch: Grab & Go (between hole nine on Anderson Glen and hole ten on Gilead Highlands)

Format: Scramble (prizes for 1st, 2nd & 3rd place teams, closest to the pin, longest drive, closest to the line)

Dinner will follow the tournament. Please plan to stay after dinner for our 50/50 raffle drawing, live auction, and a tee-cup raffle with many great prizes!





OLD HOME DAY

Thank you to all who joined us in Painting the Town Red, it was a truly successful event. We would like to share the prize winners for the East Hampton Old Home Days raffle. Congratulations!!

1st Prize - Outdoor Oasis - Julie Agli

2nd Prize - Cape Cod Getaway - Phil Healey

3rd Prize - Weber Grill - Anne McKinney

4th Prize - \$500 S&S GC - Nancy Ninesling

5th Prize - \$500 S&S GC - Frank Famiglietti

6th Prize - \$500 Belltown Tire GC - Denise Standish

7th Prize - 6th Month Membership Team Fitness & \$100 Dick's Sporting Goods GC -Betty Moore

8th Prize - \$250 Essex Steam Train & River-

boat GC - Julie Foulis

9th Prize - \$100 Lakeside Bar & Grill GC -

Stephanie Bugaj

10th Prize - \$100 Loco Perro GC -Ian McGuire

11th Prize - \$100 Po's Rice & Spice GC -Melissa Engel

12th Prize - \$100 D'Eliana Public Market &

Deli GC - Dawn Kochuk

13th Prize - \$100 The Dublin GC -

Tom Portelance

14th Prize - \$100 The Tavern on 66 GC -

Noella Donahue

15th Prize - Family 4 pack tix for the Village & Ride at Pumpkintown - Albert Baker



Technological advancements are changing our built environment, from our homes to our offices and beyond. New building materials, heating and cooling systems, and smart technologies are shifting what our buildings look like. What can we expect of the home of the future?

1. RETROFITTING and NEW DESIGN

Buildings will meet new energy efficiency standards – both newly constructed homes, and longstanding homes retrofitted with updated technology. Experts will be able to direct building design from the start, but they'll also be able to find instrumental ways to improve existing building efficiency. A 1920s farmhouse and a 2024 downtown loft can use similar tools adapted for each space to be energy efficient and cost-effective.

2. EFFICIENT HEATING and COOLING, ACCESSIBLE

Heat pumps – both air and ground source – will increase in popularity. The innovative heating AND cooling tools pull heat energy from outside of a building inside, warming in the winter and cooling in the summer. Air source heat pumps collect energy from the outside air, whereas larger ground source heat pumps pull energy from the ground. Heat pumps are very energy efficient and make heating and cooling simple. Clunky window unit air conditioners will be relics of the past.

3. EV CHARGING

The car of the future will connect to the home of the future. Electric vehicle infrastructure is expanding, with more and more charging sites popping up along roadways and in towns. As the infrastructure grows, EVs are becoming more popular. Homes and businesses will adapt as well to support this shift, and EV charging stations will be seen just about everywhere.

4. SMART THERMOSTATS

Many homes and buildings are already starting to use smart thermostats. These tools help heat and cool homes optimally, minimizing energy waste. Smart thermostats can provide key insight into how you can reduce your energy usage while keeping your home comfortable – you'd be surprised what a degree or two shift in your ambient temperature can do! Smart thermostats will be a default feature in the building of the future.

5. OPTIMIZED ENERGY USE DESIGN

Designing a home for energy usage gets things started off on the right foot. Optimizing the building orientation and overall layout can ensure that a building can support clean technologies like solar panels. It can also mean designers take into account how heat is conducted throughout the home, establishing energy efficiency from the get-go.

Eversource offers programs that support all of these new energy efficient technologies and more. We're working closely with the building community to communicate code changes, and we're offering rebates from heat pumps, EV charging, smart thermostats, and more. Check out our New Homes and Renovations page on Eversource.com to learn more.

While we're not quite ready for Jetson's-style flying cars and in-home robot butlers, the future is looking exciting. New tools that make homes more comfortable and keep energy efficiency in mind are coming to market every day – and we're excited to see what happens next!.



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- Millshop

- Glass cutting
- Benjamin Moore Paint
- Computerized color matching
- Pool testing
- Moffit truck
- Delivery available
- Hydraulics while you wait
- Window and screen repair
- · EV charging station
- Small engine repair

We Deliver





Mt. Parnassus Rd. & Route 82. East Haddam, CT

Call or see web for directions

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