

TOWN OF EAST HAMPTON
COMMISSION ON AGING
REGULAR MEETING
THURSDAY, JULY 9, 2020
ZOOM VIRTUAL MEETING

Minutes

Present: Chairperson Robert Atherton, Vice Chairman Sue Greeno, Commission members, Eric Rosenberg, Bonnie Berkovich, Pat Hamill, Mariann Mankowski and Carol McLaughlin and Senior Center Director JoAnn Ewing.

Call to Order

Chairperson Atherton called the meeting to order at 4:02 p.m.

Adoption of Agenda

A motion was made by Ms. Berkovich, seconded by Ms. Greeno, to adopt the agenda as written. Voted (7-0)

Approval of Minutes

A motion was made by Dr. Rosenberg, seconded by Ms. Berkovich, to approve the minutes of the June 18, 2020 Special Meeting as written. Voted (7-0)

Public Comment

None

Senior Services Report

Senior Center Re-Opening Plans

Ms. Ewing discussed re-opening plans. She has received feedback from several members of the commission. When the center does reopen many former activities will not be able to occur. Some Senior Center staff have been working at the new Town Hall as greeters in addition to being at the Senior Center. A Book Buddies program with the Library and Senior Center worked out well. A letter writing/pen pal program is being worked on to help with depression and loneliness. Other online/Zoom programs are still being done. A Lunch Bunch group is meeting twice per month. Dr. Rosenberg will speak at an upcoming meeting.

Old Business

Discussion of the NCOA Aging Mastery Program

All of the Commission members applied for the kits. The program coordinators would like to set up a meeting with the members to discuss the kits. A date for the program is still to be determined.

Discussion of Medicare Issues

Ms. Greeno indicated there are many new COVID changes for Medicare. There is information on the Medicare Advocacy website.

Discussion of Workshop on Managing Anxiety & Loneliness

Ms. Mankowski will be doing an online workshop for managing loneliness and anxiety. On July 13. More dates could be added dependent on interest.

New Business

None

Housing Authority Report

No update

Public Comment

None

Adjournment

A motion was made by Ms. Berkovich, second by Ms. Greeno, to adjourn the meeting at 5:15 pm. Voted (7-0)

Respectfully submitted,

Cathy Sirois
Recording Clerk