## Town of East Hampton Commission on Aging Special Meeting Thursday, September 26, 2019 East Hampton Senior Center

## **MINUTES**

**Attendance:** Bob Atherton, Mariann Mankowski, Sue Greeno, Bonnie Berkovich, Jo Ann Ewing and Town Manager David Cox

The meeting was called to order at 4:00pm.

Adoption of meeting agenda

- to include Thank you for Deb and Linda and
- Re-address topic for Maryann

A motion was made by Mariann Mankowski, seconded by Sue Greeno, to adopt the agenda. Voted (4-0)

A motion was made by Bonnie Berkovich, seconded by Sue Greeno, to accept the meeting minutes of the Regular Meeting of July 11, 2019 as written. Voted (4-0)

Public Comment: Patricia Calderone and Mairead Painter from the Dept of Rehab Services, Long- term Care Ombudsman Program. They both live in East Hampton and want to become involved in services for Older Adults in Town.

Senior Services Report: Jo Ann Ewing gave report on Senior Services. The CRT food program started serving meals 2x a week, this week thanks to an Older Adult Volunteer who is volunteering to serve the food. She just completed her training with CRT. Medical rides are slowly increasing. August - 1 ride, September - 4 rides given October - 7 rides scheduled. Other trips during the month are Stop & Shop, Cromwell. JoAnn has completed 20 energy assistance apps in the past month. Flu Clinic scheduled for October 7, Tai chi with Bob start in October in addition to the 4:00 class with Tom Cushing. Received a bonus check from Friendship Tours for a Steamboat Cruise that happened in March 2019.

## **Old Business**

**Thriving In Place**: Mariann Mankowski requested she change her seminar from social media to something else. The Long-term Ombudsmen program may be able to help with a seminar. JoAnn also suggested Mariann do a workshop on the social work piece for people in the community.

Sue Greeno suggested a post-eval at the end of the workshops to get other ideas from the participants for other seminars.

<u>How Not To Fall</u> October 16<sup>th</sup> at 2pm or 6:30pm at the Library Community Room. Advertised in the Rivereast and on the web page.

<u>A Road Map for Medicare Covered Home Health Care</u> October 30 at 6:30pm at the Library Community Room.

Advocacy Group: planning a Candidate Forum at the Senior Center on Wednesday Oct. 23<sup>rd</sup> 6:30pm-8:00pm

Roundtable was held in July, Eric, Bonnie, Sue and jo Ann Attended. Next roundtable is at the Waverly Center) Portland Senior Center in October.

## **New Business**

Bob Atherton presented a letter to the Commission to go to the Town Council requesting COA involvement in the selection process for new members.

A motion was made by Mariann Mankowski, seconded by Bonnie Berkovich, to accept the letter and send on to the Town Council. Voted (4-0)

**Housing Authority:** Bonnie Berkovich reported the Authority is waiting on a grant approval for Driveway improvements.

A motion was made by Mariann Mankowski, seconded by Sue Greeno, to adjourn the meeting at 5:20pm. Voted (4-0).

Respectfully submitted Jo Ann H. Ewing