

TOWN OF EAST HAMPTON
COMMISSION ON AGING
REGULAR MEETING
THURSDAY, JANUARY 10, 2019
SENIOR CENTER

Minutes

Present: Chairperson Robert Atherton, Vice Chairman Sue Greeno, Commission members Bonnie Berkovich, Linda Brogan, Mariann Mankowski, Deborah McDonald, and Senior Center Director JoAnn Ewing.

Call to Order

Chairperson Atherton called the meeting to order at 4:03 p.m.

Adoption of Agenda

Added New Member introduction after approval of minutes.

Motion to accept agenda with addition by Ms. McDonald, second by Ms. Greeno. Voted (6-0).

Approval of Minutes

A motion was made by Ms. McDonald, seconded by Ms. Greeno, to approve the minutes of the December 13, 2018 Regular Meeting as written. Voted (6-0)

New Member

Mariann Mankowski introduced herself. She is on the faculty of St. Joseph. Looking forward to help on this commission.

Public Comment

Anne Royce- came to see what the Commission does. What the Commission can do to help people who might not qualify for services but still are struggling.

Eric Rosenberg- applying to become a member of the COA.

Kathleen Hutter: representing CRT elderly nutrition program.

Presentation

Kathleen Hutter CRT Nutrition Manager

Reviewed the Elderly Nutrition Program, including the café program and the MOW program. Ms. Mankowski asked for the project annual #'s for East Hampton. Ms. Hutter said she would get us those numbers to us. Ms. Hutter also indicated a monthly incentive program CRT has implemented to encourage more participation in the lunch program.

Senior Services Report

Ms. Ewing reviewed the on-going programs. She noted a decline on the first week of return to the exercise programs. There was a concern with the change in United Healthcare (no Silver Sneakers benefit). People who do not have Silver Sneakers can pay for the class, \$25.00 for 10 classes. This week the classes grew to 18 members. So fitness is important to those participating.

Ms. Ewing is actively interviewing for two part time positions, Assistant to the Senior Center Director and a Bus Driver. She discussed the possibility of processing Operation Fuel applications.

Old Business

Advocacy Group

Ms. Berkovich reported on the development of the Advocacy Group. The group is focusing on Transportation issues. They have developed a list of questions they will be asking the Administrator of Middletown Transit in February.

Thriving In Place

The commission is thinking they will present information at the Health Fair if the Lions Club sponsors another Health Fair in the Spring. Ms. Brogan is in contact with the Lion's president in regard to a date, waiting on a return response.

As a result of the Round Table, today in East Haddam, two suggestions were brought up. One was to include a financial aspect to the Thriving In Place project. The second was to develop a written plan or checklist that folks can use as a guide.

Commission will have a workshop on Feb. 6th at 5pm at the Senior Center to further develop the Thriving In Place project.

New Business

Recognition of Out-going member

Commission will invite Ms. Shafer to dinner as a thank you for her service on the Commission.

Housing Authority Report

No new information to report.

Public Comment

Anne Royce - the Commission needs to remember some Seniors are not computer literate, so referring to a web-site does not help that group of people.

Adjournment

A motion was made by Ms. McDonald, and second by Ms. Brogan, to adjourn the meeting at 5:25 pm. Voted (6-0)

Respectfully submitted,

Jo Ann H. Ewing
Senior Service Coordinator