

TOWN OF EAST HAMPTON
COMMISSION ON AGING
REGULAR MEETING
THURSDAY, DECEMBER 14, 2017
SENIOR CENTER

Minutes

Present: Chairperson Ann McLaughlin, Vice Chairman Robert Atherton, Commission members Sue Greeno, Allison Leue, Deborah McDonald, Mary Jo Shafer and Senior Center Director JoAnn Ewing.

Call to Order

Chairperson McLaughlin called the meeting to order at 4:04 p.m.

Approval of Minutes

A motion was made by Ms. Leue, seconded by Mr. Atherton to approve the minutes of the November 9, 2017 meeting. Voted (6-0)

Ms. Ewing spoke of the many activities at the center and that were becoming overcrowded and very busy. She reported on the death of Hugo DeSarro.

Old Business

Transportation Information for Doctor's Offices

A motion was made by Mr. Atherton, second by Ms. Greeno, to send a packet with a letter to different health organizations and enclose the copies of the brochure that lists local transportation services. Voted 6-0)

The packet will be sent to the following: EH family practice, Marlborough family practice, George Mantikas Dental, Chestelm Manor, Marlborough emergency room, Library, Senior Center, Middlesex Radiology in Marlborough, Town hall, Middlesex Hospital, Quest lab. Senior housing, Belltown Dental, Portland family practice, Senior Resources and churches.

Ms. Greeno and Mr. Atherton agreed to create a letter from the COA to go with the brochures,

Discussion of Projects for the Upcoming Year

A discussion was held on possible projects for the coming year:

Identify one or more senior center activities that the commission could sponsor.

Work with the Department of Social Services and establish an at-risk list of seniors that need to be checked on a regular basis for heat, food, medical needs, home safety.

Hold an advocacy workshop.

Establish a senior assistance center that can take referrals from the at-risk team or from neighbors, friends, relatives etc. To help out with minor repairs, accessibility issues.

Promote or sponsor educational programs to help older adults remain in their homes.

Develop a data base of home repair businesses that would volunteer hours of service.

Put the program on the web site, perhaps a column in the Rivereast.

Contact area churches about the program.

Hold workshops concerning health issues, fall prevention, work with the senior center and perhaps have a speaker on how to equip your home for senior living.

A brief discussion was held concerning Medicare.

Adjournment

A motion was made by Ms. Leue, seconded by Ms. McDonald, to adjourn the meeting at 5:00 pm.

Respectfully submitted,
Ann McLaughlin