

## **SENIOR CENTER**

### **So what do you do?**

**The Senior Center Mission:** The Senior Center is a community focal point where older adults come together for services and activities that reflect their experience and skill, respond to their diverse needs and interests, enhance their independence.

### **How do we do it?**

We develop a monthly calendar of events and promote each event, via weekly press releases, e-mail blasts, town web-site, word of mouth, internal publicity.

What do we do? WE...meet, greet, invite, coordinate, plan, advocate, teach, educate, research, drive, travel, with and for Older Adults in our East Hampton community. We also provide support for Medicare Choices, Energy Assistance, AARP Safe Driving and Tax assistance; we make referrals for social service needs as well. In addition to being a support to Older Adults we also are a resource for their families and caregivers.

The Senior Center also offers balanced nutritional meals (Congregate Meals) through CW Resources Monday through Friday, for an asking donation of \$2.00 a meal. In Addition CW Resources provides Meals on Wheels to persons who are homebound. Meals on Wheels are delivered by East Hampton volunteers.

We care about the members of our community. We go out of our way to ensure their safety, in conjunction with Town agencies.

### **Who can we find in your department?**

**Jo Ann Ewing**, (Full-time) Monday through Friday 8:30-4:00.

Municipal Agent for the Elderly & Senior Services Coordinator

**Donna Lindstrom**, Assistant to the Senior Services Coordinator, (part-time Monday through Wednesday.)

**Kecia Hemphill**, Assistant to the Senior Services Coordinator, (part-time Wednesday through Friday.)

**Julie Holk**, Activities Specialist (Monday through Friday part-time flexible schedule)

**Joe Gulino**, Part-time driver for social, recreational trips.

**Ann Eaton**, CW Resources Food Site manager (part-time Monday through Friday)

**2014 Fun Facts:**

In 2014 258 congregate meals offered at the Senior Center

94 people registered at the Senior Center this year

Since 2011 972 people registered at the senior center

351 people signed up for 15,873 events offered at the senior center in 2014

Mystery Trips are the most popular day trip