

SR. CTR. CALENDAR

Oct 2014 (Eastern Time)

Mon	Tue	Wed	Thu	Fri
29	30	1	2	3
		10am - Sojourn Bears 11am - Women In Conversation 12:30pm - Belltones Rehearsal	10am - Exercise w' Cindy 11:15am - Tap Dance 12:30pm - Setback	10am - Cribbage 10am - Square Dance 10:30am - The Gift of Living 12:30pm - Bridge 12:30pm - Cromwell Shopping 12:30pm - Knit/Crochet Group
6	7	8	9	10
10am - Line Dancing with Mimi 10am - Quilt on Own 10:45am - Blood Pressure Clinic 1pm - Sr. Ctr. Club	10am - Exercise w' Cindy 10am - Open Art Studio 1pm - Bible Study 1pm - Bingo	10am - Sojourn Bears 11am - Women In Conversation 12:30pm - Belltones Rehearsal	10am - Exercise w' Cindy 11:15am - Tap Dance 12pm - Lunch and Learn 12:30pm - Setback 3pm - COA mtg	10am - Cribbage 10am - Square Dance 10:30am - The Gift of Living 12:30pm - Bridge 12:30pm - Knit/Crochet Group
13	14	15	16	17
CLOSED Columbus Day	10am - Exercise w' Cindy 10am - Open Art Studio 11am - Book Club 1pm - Bible Study 1pm - Bingo	10am - Sojourn Bears 11am - Women In Conversation 12:30pm - Belltones Rehearsal	10am - Ct River Loop 10am - Exercise w' Cindy 11:15am - Tap Dance 12:30pm - Setback 5:30pm - St. Lukes Volunteer	10am - Cribbage 10am - Square Dance 10:30am - The Gift of Living 12pm - Lunch & Learn Alzheimers 12:30pm - Bridge 12:30pm - Knit/Crochet Group
20	21	22	23	24
9:45am - 9:45am Essex Steam 10am - CHOICES APPTS 10am - Line Dancing with Mimi 10am - Quilt on Own 10:45am - Blood Pressure Clinic 1pm - Movie	10am - Exercise w' Cindy 10am - Open Art Studio 11am - Connecticare 1pm - Bible Study 1pm - Bingo	10am - Sojourn Bears 11am - Women In Conversation 12:30pm - Belltones Rehearsal	9am - St. Luke's Volunteer 10am - Exercise w' Cindy 11:15am - Tap Dance 12:30pm - Setback 1pm - Travel Meeting	Reflexology 10am - Cribbage 10am - Square Dance 10:30am - The Gift of Living 12:30pm - Bridge 12:30pm - Knit/Crochet Group 2pm - Saturday Afternoon
27	28	29	30	31
10am - CHOICES APPTS 10am - Quilt on Own 10:30am - Muscles for the Mind 1pm - Birthday Halloween Hop!	10am - Exercise w' Cindy 10am - Genealogy Club 10am - Open Art Studio 1pm - Bible Study 1pm - Bingo	10am - Sojourn Bears 11am - Women In Conversation 12:30pm - Belltones Rehearsal	9am - AARP Safe Driving 10am - Exercise w' Cindy 11:15am - Tap Dance 12:30pm - Setback 6:30pm - The 10 WARNING SIGNS	10am - Square Dance 10:15am - Windham Tech Culinary 10:30am - The Gift of Living 12:30pm - Bridge