

**SR. CTR. CALENDAR**

**Oct 2015 (Eastern Time)**

Mon	Tue	Wed	Thu	Fri
28	29	30	1	2
			9am - SNAP Food Stamps 10am - Cindy's exercise 11am - Westside Story 11am 11:15am - Tap Dance 12:30pm - Setback	<b>Knitting /Crochet group</b> 10am - Square Dancing 12:30pm - Bridge 12:30pm - Cromwell Shopping 12:30pm - Knit/Crochet Group
5	6	7	8	9
9:30am - Choices Counselling 1:45pm - YMCA Arm Chair	11am - Don Burr Machu 1pm - Bible Study 1pm - Bingo	9:30am - Pequot Musuem 10am - Men Can & Do Talk 10am - Open Art Studio 11am - Women in 12:30pm - Belltones Chimes &	10am - Cindy's exercise 11:15am - Tap Dance 12:30pm - Setback 3pm - COA mtg 6pm - COA Advance	<b>Reflexology</b> 10am - Living History 12:30pm - Bridge 12:30pm - Knit/Crochet Group 1pm - Pinochle
12	13	14	15	16
<b>CLOSED COLUMBUS DAY</b>	1pm - Bible Study 1pm - Bingo 6pm - P & R T'ai Chi	10am - Men Can & Do Talk 10am - Open Art Studio 11am - Women in 12:30pm - Belltones Chimes & 1pm - Survivors Swing Band	10am - Cindy's exercise 11:15am - Tap Dance 12:30pm - Setback	<b>YMCA Middletown 11:00-</b> 10am - Living History 12:30pm - Bridge 12:30pm - Knit/Crochet Group 5pm - BuffetDinner
19	20	21	22	23
9:30am - Choices Counselling 10:45am - Blood Pressure 1:45pm - YMCA Arm Chair	11am - Connecticare 1pm - Bible Study 1pm - Bingo 2pm - Movie Day "The Queen" 4:30pm - Tai Chi 6pm - P & R T'ai Chi	<b>NO LUNCHESES</b> 9am - Golden Grooves 10am - Men Can & Do Talk 10am - Open Art Studio 11am - Women in 11:30am - Let's Do Lunch:Uss 12:30pm - Belltones Chimes &	10am - Cindy's exercise 11:15am - Tap Dance 12:30pm - Setback 1pm - Travel Meeting 4:30pm - Tai Chi	<b>Reflexology</b> 10am - Living History 12:30pm - Bridge 12:30pm - Knit/Crochet Group 1pm - Pinochle
26	27	28	29	30
9:30am - Choices Counselling 12pm - Birthday Party 1pm - Halloween Costume 1:45pm - YMCA Arm Chair	1pm - Bible Study 1pm - Bingo 2pm - COA Round Table 2pm - Jeopardy 4:30pm - Tai Chi 6pm - P & R T'ai Chi	10am - Men Can & Do Talk 10am - Open Art Studio 11am - Women in 12:30pm - Belltones Chimes & 2:30pm - Interact & Sojourn	9am - Medicare Event 10am - Cindy's exercise 10:15am - Windham Tech 11:15am - Tap Dance 12:30pm - Setback 4:30pm - Tai Chi	10am - Genealogy 10am - Living History 12:30pm - Bridge 12:30pm - Knit/Crochet Group