

November Menu

1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
<p>Meatless Monday 3</p> <p>Baked Cheese Ravioli with Tomato Sauce Italian Mixed Veggies Three Bean Salad</p> <p>Italian Bread</p> <p>Fresh Apple</p>	<p>4</p> <p>N.E. Clam Chowder Unsalted Crackers Philly Cheese Steak Onions and Peppers Sweet Potato Fries Green Beans Sub Roll Happy Birthday Birthday Cake*</p>	<p>5</p> <p>Chicken Pot Pie Carrot Coins Garden Salad with Ranch Dressing</p> <p>Biscuit</p> <p>Fresh Orange</p>	<p>6</p> <p>Grape Juice Crab Cakes with White Sauce Buttered Tri-Color Pasta Tuscany Vegetables</p> <p>Rye Bread</p> <p>Brownie*</p>	<p>7</p> <p>Sliced Ham** with Pineapple Glaze Yams Spinach</p> <p>Multi Grain Bread</p> <p>Apricots</p>
<p>Meatless Monday 10</p> <p>Egg Bake with Mushrooms and Peppers Hash Brown Carrot Coins</p> <p>Pumpernickel Bread</p> <p>Pineapple Chunks</p>	<p>11</p> <p>Closed Veteran's Day</p> 	<p>12</p> <p>Hearty Vegetable Soup Unsalted Crackers Eggplant Rolette with Meat Sauce Buttered Ziti Green Beans Oatmeal Bread Vanilla Chocolate Ice Cream</p>	<p>13</p> <p>Chicken Patty French Fries Lettuce and Tomato Coleslaw</p> <p>Hamburger Bun</p> <p>Banana</p>	<p>14</p> <p>Eye of the Round Beef Gravy Egg Noodles Broccoli</p> <p>100% Whole Wheat</p> <p>Citrus Selections</p>
<p>Meatless Monday 17</p> <p>Orange Juice Ziti, Cannellini Beans, Broccoli and Alfredo Sauce Stewed Tomatoes</p> <p>Italian Bread</p> <p>Oatmeal Cookies</p>	<p>18</p> <p>Chicken Ala King over Wild Rice Romaine Salad French Dressing</p> <p>Multi Grain Bread</p> <p>Pears</p>	<p>19</p> <p>Apple Cider Roast Turkey with Giblet Gravy Stuffing Mashed Potato String Bean Casserole Cranberry Sauce Thanksgiving Special Dinner Roll Pumpkin Pie with Whipped Topping</p>	<p>20</p> <p>Cranberry Juice Lasagna Rollette Meat Sauce Italian Blend Veggies</p> <p>12 Grain Bread</p> <p>Vanilla Pudding</p>	<p>21</p> <p>Baked Filet of Sole with Lemon Sauce Couscous Spinach</p> <p>Oat Bread</p> <p>Fresh Apple</p>
<p>Meatless Monday 24</p> <p>Pineapple Juice Vegetarian Chili Au Jus Brown Rice Carrots</p> <p>Corn Muffin</p> <p>Pears</p>	<p>25</p> <p>Lemon Chicken Au Jus Buttered Orzo Scandinavian Veggies</p> <p>Multi Grain Bread</p> <p>Fresh Apple</p>	<p>26</p> <p>Orange Juice Beef Stew White Rice Chuckwagon Veggies</p> <p>Biscuit</p> <p>Applesauce</p>	<p>27</p> <p>28</p> <p>Happy Thanksgiving!!</p> 	