

CW Resources Senior Community Café

MENU ITEMS
SUBJECT TO CHANGE

1% or Skim milk provided
Margarine available

July Menu 2015

SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		4th of July Special 1 Apple Juice LS All Beef Long Dog Baked Beans Corn on the Cob Long Dog Roll Italian Ice	2 Pineapple Juice Baked Lasagna Romaine Salad Italian Dressing Garlic Bread Fresh Pear	3 
6 Orange Juice Baked White Fish with Dill Sauce Lima Beans and Corn Scandinavian Vegetables 100% W.W. Bread Chocolate Chip Cookies	7 Roast Turkey Turkey Gravy Cranberry Stuffing Peas Cranberry Sauce Dinner Roll Fruited Yogurt	8 Chicken Scampi Linguini Broccoli w/ Red Pepper 12 Grain Bread Citrus Selections	9 Apple Juice Sloppy Joe Mashed Potatoes Green Beans  Hamburger Roll Birthday Cake	10 Minestrone Soup Unsalted Crackers Cheese Egg Bake Buttered Beets Pumpernickel Bread Fresh Orange
13 Unbreaded Veal Cutlet Picatta Sauce Sweet Potato California Blend Veggies Rye Bread Melon	14 Eggplant Rolatini Meat Sauce Whipped Potatoes Italian Blend Veggies 12 Grain Bread Fresh Peach	15 N.E. Clam Chowder Unsalted Crackers Steamed, Unbreaded Lemony Fish Rice Pilaf Geneva Blend Veggies Multigrain Bread Grapes	16 Salisbury Steak LS Gravy Mashed Potatoes Carrots  Oat Bread Fruit Cocktail	17 Cranberry Juice Seafood Newburgh Fluffy Rice Garden Salad Ranch Dressing 100% Whole Wheat Rice Pudding
20 Grilled Orange Chicken Orange Sauce Mashed Potatoes Winter Blend Veggies  Whole Wheat Bread Pears	21 Cranberry Juice Turkey Pot Pie with Turkey, Rice, Mushrooms, Carrots, and Peas Tuscany Blend Veggies Biscuit Boston Cream Pie	22 Asian Beef Strips with Ginger Sauce Brown Rice Oriental Blend Veggies Pumpernickel Bread Pineapple Chunks	23 Chicken Vegetable Soup Unsalted Crackers American Goulash Scandinavian Veggies 12 Grain Bread Fudge Brownie	24 Apple Juice Pulled Pork with BBQ Sauce Stuffing Capri Blend Veggies Hamburger Bun Watermelon
27 Eye of the Round Mushroom Gravy Whole Potatoes Carrots Rye Bread Pineapple Chunks	28 Orange Juice Pier 17 Fish Sweet Potato Fries Versailles Veggies  12 Grain Bread Vanilla Chocolate Ice Cream Cup	29 Cranberry Juice Philly Cheese Steak Onions and Peppers Tri-Color Pasta Salad Carrot Raisin Slaw Sub Roll Peaches	30 BBQ Pork Ribs BBQ Sauce Red Beans and Rice Spinach Corn Muffin Applesauce	31 Grape Juice Honey Mustard Chicken Quarter Sweet Potato Cauliflower Oatmeal Bread Banana