

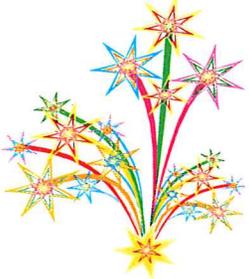
CW Resources Senior Community Café

MENU ITEMS
SUBJECT TO CHANGE

1% or Skim milk provided
Margarine available

July Menu

SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>Grape Juice Honey Mustard Chicken Quarter Sweet Potato Cauliflower</p> <p>Oatmeal Bread</p> <p>Banana</p>	<p>2</p> <p>4th of July Special Apple Juice LS All Beef Long Dog Macaroni Salad Corn on the Cob</p> <p>Long Dog Roll</p> <p>Italian Ice</p>	<p>3</p> <p>Pineapple Juice Baked Lasagna Romaine Salad Italian Dressing</p> <p>Italian Bread</p> <p>Fresh Pear</p>	<p>4</p> 
<p>7</p> <p>Orange Juice White Fish with Dill Sauce Lima Beans and Corn Scandinavian Vegetables</p> <p>100% W.W. Bread</p> <p>Chocolate Chip Cookies</p>	<p>8</p> <p>Roast Turkey Turkey Gravy Cranberry Stuffing Peas Cranberry Sauce</p> <p>Dinner Roll</p> <p>Fruited Yogurt</p>	<p>9</p> <p>Chicken Scampi Linguini Broccoli w/ Red Pepper</p> <p>12 Grain Bread</p> <p>Citrus Selections</p>	<p>10</p> <p>Apple Juice Sloppy Joe Mashed Potatoes Green Beans</p> <p>Happy Birthday</p> <p>Hamburger Roll</p> <p>Birthday Cake</p>	<p>11</p> <p>Minestrone Soup Unsalted Crackers Cheese Egg Bake Buttered Beets</p> <p>Pumpnickel Bread</p> <p>Fresh Orange</p>
<p>14</p> <p>Unbreaded Veal Cutlet Picatta Sauce Sweet Potato California Blend Veggies</p> <p>Rye Bread</p> <p>Melon</p>	<p>15</p> <p>Eggplant Rolatini Meat Sauce Whipped Potatoes Italian Blend Veggies</p> <p>12 Grain Bread</p> <p>Fresh Peach</p>	<p>16</p> <p>Canadian Ham Slice with Pineapple Sauce Herbed Stuffing Carrots</p>  <p>Oat Bread</p> <p>Fruit Cocktail</p>	<p>17</p> <p>N.E. Clam Chowder Unsalted Crackers Steamed, Unbreaded Lemony Fish Rice Pilaf Geneva Blend Veggies Multigrain Bread</p> <p>Grapes</p>	<p>18</p> <p>Cranberry Juice Tuna Noodle Casserole Garden Salad Ranch Dressing</p> <p>100% Whole Wheat</p> <p>Rice Pudding</p>
<p>21</p> <p>Grilled Orange Chicken Orange Sauce Mashed Potatoes Winter Blend Veggies</p>  <p>Whole Wheat Bread</p> <p>Pears</p>	<p>22</p> <p>Cranberry Juice Turkey Pot Pie with Turkey, Rice, Mushrooms, Carrots, and Peas Tuscany Blend Veggies</p> <p>Biscuit</p> <p>Boston Cream Pie</p>	<p>23</p> <p>Asian Beef Strips with Ginger Sauce Lima Beans Oriental Blend Veggies</p> <p>Pumpnickel Bread</p> <p>Pineapple Chunks</p>	<p>24</p> <p>Hearty Vegetable Soup Unsalted Crackers Macaroni and Cheese Scandinavian Veggies</p> <p>12 Grain Bread</p> <p>Fudge Brownie</p>	<p>25</p> <p>Apple Juice Pulled Pork with BBQ Sauce Cornbread Stuffing Capri Blend Veggies</p> <p>Hamburger Bun</p> <p>Watermelon</p>
<p>28</p> <p>Eye of the Round Mushroom Gravy Whole Potatoes Carrots</p> <p>Rye Bread</p> <p>Pineapple Chunks</p>	<p>29</p> <p>Orange Juice Pier 17 Fish Sweet Potato Fries Versailles Veggies</p>  <p>12 Grain Bread</p> <p>Ice Cream Sandwich</p>	<p>30</p> <p>Cranberry Juice Philly Cheese Steak Onions and Peppers Tri-Color Pasta Salad Carrot Raisin Slaw</p> <p>Sub Roll</p> <p>Peaches</p>	<p>31</p> <p>BBQ Pork Ribs BBQ Sauce Red Beans and Rice Spinach</p> <p>Corn Muffin</p> <p>Applesauce</p>	