



December, 2014

1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Grape Juice Spaghetti with Meatballs Parmesan Cheese Italian Blend Vegetables Italian Bread Applesauce	2 Cranberry Juice Apricot Glazed Chicken Herbed Couscous Carrots Happy Birthday Pumpnickel Bread Birthday Cake	3 Cream of Broccoli Soup Unsalted Crackers Unbreaded Fish Filet Lemon Dill Sauce Buttered Garlic Orzo Spinach 100% Whole Wheat Fresh Orange	4 Orange Juice Salisbury Steak Mushroom Gravy Mashed Potato Beets Dinner Roll Tropical Fruit Cup	5 Pork Stir Fry Au Jus Brown Rice Oriental Blend Veggies Multi Grain Bread Citrus Sections
8 Crab Cakes with White Sauce Buttered Parslied Potatoes Country Blend Veggies 12 Grain Bread Mixed Fruit Cup	9 Orange Juice Chicken Parmesan Ziti with Sauce Peas Italian Bread Pears	10 Pineapple Juice Meatloaf Brown Gravy Mashed Potato Garden Salad Italian Dressing Potato Bread Chocolate Chip Cookies	11 Knockwurst Pierogies Broccoli Hot Dog Roll Fresh Orange	12 Veal Cutlet with Cream Gravy Yams Cauliflower Rye Bread Fresh Apple
15 Seasoned Pork Loin Apple Au Jus Buttered Orzo Capri Blend Veggies  Rye Bread Fresh Orange	16 Swedish Meatballs Egg Noodles Green Beans Oatmeal Bread Tropical Fruit Cup	17 Christmas Special Egg Nog Chicken Kiev Cream Sauce Oven Roasted Potatoes Buttered Beets w/ Onion   Dinner Roll Cheesecake with Strawberries	18 Apple Juice Shepherd's Pie Romain Salad French Dressing Bisuit Banana	19 LS Italian Wedding Unsalted Crackers Unbreaded Fish Filet Spanish Rice Geneva Blend Veggies Multi Grain Bread Chocolate Pudding
22 Grape Juice Turkey Tetrizzini Rice Pilaf Beets Rye Bread Strawberry Roll-Up	23 Stuffed Shells Tomato Sauce Broccoli Garlic Bread Apricots	24 Eye of the Round Beef Gravy Roasted Winter Squash Mexi-Corn Garden Salad Italian Dressing Rye Bread Pineapple Chunks	25 Merry Christmas!!! All Centers Closed 	26 Chicken and Barley Unsalted Crackers Potato Crunch Fish Harvest Rice Spinach and Mushrooms Tartar Sauce Pumpnickel Bread Fresh Apple
29 Oven Roasted Turkey Turkey Gravy Mashed Potato Carrots Oatmeal Bread Apricots	30 New Year's Special Apple Cider Sliced Ham with Pineapple Au Jus Cranberry Couscous Winter Blend Veggies  Dinner Roll Banana Cream Pie	31 Cranberry Juice Swiss Steak with Vegetable Gravy, Peppers and Onions Boiled Potatoes Coleslaw Rye Bread Applesauce	  	