



August Menu

1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Chicken Cacciatore Long Grain Rice Capri Blend Veggies</p> <p>100% Whole Wheat Sliced Melon</p>	<p>2</p> <p>Grape Juice Hamburger French Fries Lettuce and Tomato Summer Squash Ketchup</p> <p>Hamburger Roll Happy Birthday Birthday Cake</p>	<p>3</p> <p>Apple Juice Chunky Turkey Salad with Cranberries Pasta Primavera with Vegetables</p> <p>Multi Grain Bread Ice Cream Social*</p>	<p>4</p> <p>Minestrone Soup Unsalted Crackers Broccoli Bake Stewed Tomatoes</p> <p>Pumpnickel Bread Fruit Cup</p>	<p>5</p> <p>Orange Juice Haddock with Lemon Sauce Rice Pilaf Yellow & Green Squash</p> <p>Oat Bread Banana</p>
<p>8</p> <p>Apple Juice Boneless Pork Chop Onion Gravy Mashed Potato Green Beans</p> <p>Oatmeal Bread Sherbet</p>	<p>9</p> <p>Philly Cheesesteak with Cheese, Onions & Peppers French Fries Coleslaw</p> <p>Grinder Roll Tropical Fruit Cup</p>	<p>10</p> <p>Cream of Broccoli Soup Unsalted Crackers Grilled Chicken over Caesar Salad with Olives, Cucumbers and Croutons Caesar Dressing 100% Whole Wheat</p> <p>Applesauce</p>	<p>11</p> <p>Eggplant Parmesan Roll-Up Ziti with Meat Sauce Italian Blend Veggies</p> <p>Italian Bread Pineapple Chunks</p>	<p>12</p> <p>Grape Juice Pier 17 Fish Baked Yam Versailles Veggies</p>  <p>Rye Bread Raisin Cream Pie</p>
<p>15</p> <p>Grape Juice American Chop Suey Diced Carrots</p>  <p>Whole Wheat Bread Fruit Cup</p>	<p>16</p> <p>Hearty Vegetable Soup Unsalted Crackers Chicken Salad with Celery Lettuce Bed Coleslaw W.W. Hamburger Roll</p> <p>Peaches</p>	<p>17</p> <p>Cranberry Juice Roast Beef Beef Au Jus Au Gratin Potato Pickled Beet Salad</p> <p>Pumpnickel Bread Italian Ice</p>	<p>18</p> <p>Baked Fish Tartar Sauce Baked Sweet Potato 3 Bean Salad with Chick Peas</p> <p>Rye Bread Banana</p>	<p>19</p> <p>Apple Juice Hawaiian Chicken Quarter with Pineapple Sauce Rice Pilaf Oriental Blend Veggies Oatmeal Bread</p> <p>Pecan Spinwheel</p>
<p>22</p> <p>Orange Juice Spaghetti with Sauce Meatballs Parmesan Cheese Italian Blend Vegetables</p> <p>Italian Bread Apricots</p>	<p>23</p> <p>Grape Juice Un-breaded Veal Cutlet with Sautéed Peppers and Onions Roasted Potato Wedges Garden Salad Russian Dressing Rye Bread</p> <p>Oatmeal Cream Pie</p>	<p>Labor Day Special 24</p> <p>Lemonade Long Dog Potato Salad Cucumber Salad Mustard</p>  <p>Long Dog Roll Watermelon</p>	<p>25</p> <p>Cranberry Juice Roast Turkey Turkey Gravy Herbed Stuffing Squash Medley</p> <p>Dinner Roll Fresh Pear</p>	<p>26</p> <p>Beef Barley Soup Unsalted Crackers Chunky Seafood Salad Lettuce Bed Spinach Pasta Salad</p> <p>Hot Dog Bun Fruit Cocktail</p>
<p>29</p> <p>Apple Juice Beef Stroganoff Egg Noodles Peas and Carrots</p> <p>Multigrain Bread Pears</p>	<p>30</p> <p>Wonton Soup Unsalted Crackers Pork Egg Rolls Fried Rice Oriental Blend Veggies</p> <p>Fortune Cookie Pineapple Chunks</p>	<p>31</p> <p>Stuffed Shells with Chunky Marinara Sauce Tossed Slaad Ranch Dressing</p> <p>Italian Bread Fresh Apple</p>	 	