



East Hampton Youth Services Spring 2022

1 Community Drive, East Hampton, CT, 06424. 860.267.9982



Youth Drop-In Center To Start!

Youth Services is excited to announce the kickoff of its drop-in center starting on March 22 from 4-6 p.m. The drop-in center will be open each Tuesday until the end of the school year. Each Tuesday we will focus on an important topic that we will discuss in a relaxed, calming environment.

There will also be an activity to coincide. Youth Services will provide dinner and snacks for those in attendance. The center will also be an opportunity for kids who need extra help in school. Youth Services staff can help your child create a homework schedule that helps alleviate extra stress.

We can also provide a degree of tutoring help. The drop-in center is free to all youth who attend East Hampton schools. The center will also be available to those students who are homeschooled.

We begin our first drop-in center with the Grow Youth Garden theme. Visitors will be provided all the materials needed to start their own succulent garden. We will be discussing anxiety and exploring ways to reduce anxious feelings through calming activities.

The Drop-in center is located at Town Hall 1 Community Drive in East Hampton. Parents and caregivers can drop their children off at the Social Service suite located on the second floor. Drop off is at 4 and pick up is promptly at 6. Space is limited so families are encouraged to sign their child/ren up.

To register for the first session, call 860-267-9982



Family Dinner Night



Nothing is more important than family time, and what better way to reconnect as a unit than over a meal. As part of our Strengthening Families and Parenthood Initiative, Youth Services invites families to come in for a family dinner night.

Each month we will feature a different cuisine from a local restaurant around town. Staff from Youth Services will serve your family and take care of all the details. Families will dine privately and be provided with games to play and activities that spark conversation

Our first Family Dinner Night will be held on Tuesday April 26. Families can reserve a spot for the following times: 4:30, 5:45, or 7 p.m. We can accommodate 6 families. April 26 will be Italian night and will include baked ziti, meatballs, salad, bread, and dessert.

There is a \$5 charge per person made payable by check to Youth Services. No cash can be accepted.

To register, call 860-267-9982

Through Your Eyes Photography Contest

Youth Services, in collaboration with Epoch Arts, will be hosting a photography contest open to East Hampton youth ages 13-18. The challenge is to capture a unique view of your town in a black and white photograph. You do not have to be an experienced photographer to participate in the contest. Through your camera lens, we are interested in seeing your ideas, insights, and perspective of how you view East Hampton.

How It Works

All submissions must be original black and white photographs taken recently. Submissions should be sent to rachel@epocharts.org. Be sure your submission includes 1) **your first and last name**, 2) **your age** 3) **best contact info**, and 4) **a short caption about your photograph**.



Be sure to save your original photographs as JPEG files in case you are chosen as a finalist. Submissions will be accepted through April 30, 2022

First place winner will receive a \$150 Amazon Gift Card. Second place, \$75 and third place, \$50.

The top three finalists will be chosen to have their photographs displayed at town hall, and will be on display at the following locations for the community to see: Sweet Jeans, The Public Library, The Dublin, and Rossini's. All photographs will be shared on social media both through Social Services and Epoch Arts.

Photographs can be taken with any kind of camera, although if you are using a cellphone camera please do not use filter effects (aside from black and white settings).

Participants may submit up to 2 entries. Submissions should be in JPEG format, with a size of at least 1 MB (or 960x720 pixels) to ensure print quality.

Bonus Challenge!!

We are looking for photographs of objects found in nature or on the street, outside buildings, etc. that make the shape of the letters T-R-U-S-T, a photo installation to go up at the Social Services office. Your photo could be a branch of a tree in the shape of an 'S' or maybe a stair railing that forms the shape of a "T". Get creative and send us a photo of the letter you find! Letter photographs can be sent to rachel@epocharts.org.

A \$10 Amazon gift card will be given to those who take part in the bonus challenge.

